| RULES | New Wales rules Update 10 th July |
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| | We need to stick to Wales rules. |
| | Mark Drakeford gave some news today |
| 5 MILES | He wants us to still stay local But we can travel more than 5 miles now |
| | We can join with another home. Like your parents. But only one. |
| TOTAL DESCRIPTION OF THE PROPERTY OF THE PROPE | We have another sheet about this if you want to know more. |
| July 11 | From 11 th July, Holiday cottages can open |

| July 13 | From 13 th July, some indoor tourist places like castles can open. |
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| July 13 | From 13 th July, outdoor sports and classes (like fitness and dance) can start. |
| July 13 | From 13 th July, hairdressers can open. |
| July 13 | From 13 th July, bars, pubs and cafes can open outside areas. |
| July 20 | From 20 th July, outdoor gyms and playgrounds can open. |
| July 25 | From 25 th July, campsites can open. |
| July 27 | From 27 th July, beauty salons, nail bars and tattoo parlours can open. |

| July 27 | From 27 th July, cinemas can open. |
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| Ale Loger Stout 3 | From 3 rd August, we hope indoor pubs and restaurants will open. |
| Corona | But if the virus gets worse again, these things won't happen. |
| | Face coverings can be worn but they are not a shield! You must still keep safe. |
| 2 metres 6 feet | Keep a social distance |
| | This is the length of two Labs! |
| 20 Seconds | Wash your hands. |

| Rendellen | Tell someone if you feel ill, so you can isolate. |
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| | Mark Drakeford will tell more at the end of July. |
| | We hope things are getting better. |
| | And want to say "well done" to everyone for coping with this. |
| | But please stay safe. |
| Pembrokeshire Community Cymunedol Sir Benfro | The Pembrokeshire Community Hub is there to help. On 01437 776301 |
| Pembrokeshire People First | Ask PPF if you have any questions. 01437 769135. Monday – Friday 10-4 |