



New Wales rules

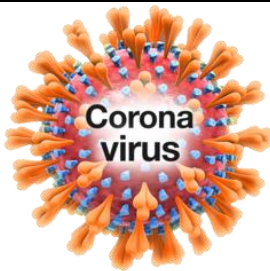
Update 31st July



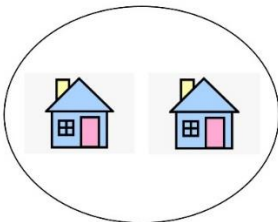
We need to stick to **Wales** rules.



Mark Drakeford gave some news today



The virus is getting less in Wales.
But it is still there.



We can join with another home. Like your parents. **But only one.**



From 3rd August, **cafes and pubs** can open



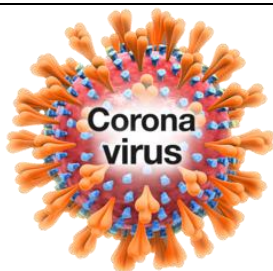
From 3rd August, **bowling alleys and bingo** can open



From 10th August, **gyms and swimming pools** can open



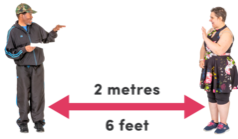
From 3rd August, you can meet up to 30 people **outside**



But if the virus gets worse again, things will lock down again.



Face coverings **must** be worn on transport but they are not a shield! You must still keep safe.



Keep a social distance



That's the height of a door – or Peter Crouch!



Wash your hands.



Tell someone if you feel ill, so you can isolate.



Mark Drakeford will tell us more in the middle of August.



We hope things are getting better.



And want to say “well done” to everyone for coping with this.



But please stay safe.



The Pembroke Community Hub is there to help. On 01437 776301



Ask PPF if you have any questions.
01437 769135. Monday – Friday
10-4