

# What's the CONNECT project?

The CONNECT project provides an enhanced lifeline and telecare service across Carmarthenshire, Pembrokeshire and Ceredigion. The pilot project has been funded by the Welsh Government's Transformation Fund, enabling the West Wales Care Partnership - which brings together Carmarthenshire, Ceredigion and Pembrokeshire County Councils, Hywel Dda University Health Board and representatives of the third and independent sectors - to work together to help shape the future of health and social care services across west Wales.

# What's the aim?

The aim of the project, which is the first of its kind in Wales, is to support a **prevention** and **early-intervention care system** through **pro-active wellbeing calls**. These can help identify any potential health and wellbeing issues at the earliest opportunity to ensure needs are supported accordingly, providing a **specialist response service** and via **communitybased support** whenever individuals need it.



CONNECT also offers **flexible Technology Enabled Care (TEC) support packages** tailored towards an individual's **specific needs** to help them **live independently** for as long as possible. In addition, we are in

the process of creating a new digital app called CONNECT 2U

to help reduce loneliness and isolation through the use of a 'virtual' online community



network, keeping individuals in touch with family, friends and community groups across the West Wales region.

# **5 STEPS TO CONNECT**

# **Contact Us**



Firstly, a client would **get in touch** with one of our friendly Advisors on 0300 333 2222. This could be a self-referral, via a family member or through a social care or health professional.

#### Wellbeing Assessment



We would then undertake a Wellbeing Assessment to identify what **level of support** the client requires to live well and establish what their priorities are - i.e food shopping, loneliness, social interaction, managing a health condition.

## **Pro-active Wellbeing Calls**



The assessment also determines the **frequency of follow up wellbeing calls** to support the client's welfare. This could be weekly, monthly or even a few times a week depending on their specific needs.

## **Wellbeing Activities**



We would also work with the Community Connectors to access wider wellbeing activities, such as re-engaging with the local community (virtually currently, but physically in the long term). This could be by identifying and providing

support to attend community groups of interest such as gardening or dancing groups, or by connecting like-minded individuals through the **CONNECT 2U** app.

## **Community Responder Service**



ever need it.

We also have access to **Volunteer Responders** so that those who don't have local family or friends to act as responders can also access support for welfare needs. This provides clients with peace of mind knowing help is always available should they

www.deltawellbeing.org.uk

For details about the CONNECT service and applicable charges contact our friendly team on:

@DeltaWellbeing



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