



What are the lockdown rules in Wales?

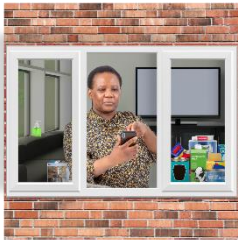
Update at end of May



It has got a bit confusing.
Boris Johnson has said some new rules.
But they are for England.



Our rules are from the Welsh Government.
They have changed a bit.



You must still stay near to home.



You can meet other people **outside**



But you must still stay at least 2 metres away
from them.

That's about a length of a car.



No hugging or touching.



You must wash your hands a lot.

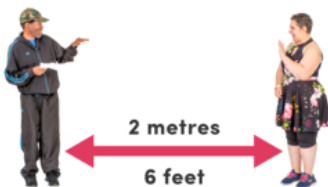


You can go out to exercise.



You can go to buy food and things you need.

But be very careful.



If you use buses or trains, stay a long way away from other people.



It is hard, but it will keep us all safe.



The Welsh Government will keep looking at the rules.

And change them when they can.

They will tell us when they do.

And PPF will tell you.



Well done for keeping to the rules.

We know it is hard, but everyone is brilliant.



You are keeping everyone safe



If you have questions, call PPF on 01437 769135