

## Water Safety Quiz

### Answers!

#### 1. Name 3 types of open water:

- 1.
- 2.
- 3.

#### 2. Why is open water so dangerous to swim in?

#### 3. Why is it safer to go to a swimming pool than to swim in open water?

#### 4. Name 3 hazards you might find at the beach

- 1.
- 2.
- 3.

#### 5. Name 3 hazards you might find by a river

- 1.
- 2.
- 3.

**6. Name 3 hazards you might find by a lake**

- 1.
- 2.
- 3.

**7. How can cold water affect your swimming ability?**

**8. Why is diving into shallow water dangerous?**

**9. Think of 3 things you could throw to someone in the water to help them float?**

**10. Why must you not jump in to try to save someone?**

**11. How can you get help in an emergency?**

**12. What number should you call in an emergency and which emergency service should you ask for?**

**13. Why is it important we learn to swim in clothes as well as in bathers?**

**14. Why is it important that we can swim without wearing goggles?**

**15. What should you do if you fall into cold water?**

**16. What are the 4 key water safety messages?**

- 1.
- 2.
- 3.
- 4.

**17. Why should you keep your head out of the water as much as possible?**

**18. What types of flags would you see at the beach? What do they mean?**

**19. What is the H.E.L.P position?**

**20. What is the huddle position?**