



Main Pool Timetable

24.02.20 – 05.04.20 Version 1

Monday

0600 – 0700 Lane Swimming
0700 – 0755 Public & Lane Swimming
0800 – 0900 Aqua Aerobics
1200 – 1300 Public & Lane Swimming
1805 – 1900 Lane Swimming (Half pool)
1900 – 2000 Public Swimming **1**

Tuesday

0600 – 0730 Lane Swimming
0730 – 0845 Public & Lane Swimming
0845 – 0945 Aqua Aerobics
1200 – 1300 Public & Lane Swimming
1715 – 1810 Public & Lane Swimming
1815 – 1900 Adult Improvers/Coaching
1905 – 1955 Aqua Aerobics

Wednesday

0600 – 0755 Lane Swimming
0800 – 0855 Public Swimming
1215 – 1315 Public & Lane Swimming
1700 – 1755 Lane Swimming (2 Lanes)
1800 – 1855 Public Swimming (Half Pool)

Thursday

0615 – 0730 Swimming Coaching
0730 – 0800 Public & Lane Swimming
0805 – 0905 Aqua Aerobics
1200 – 1300 Lane Swimming
1810 – 1930 Public Swimming (Half pool)
1915 – 2015 Public & Lane Swimming
2015 – 2100 Ladies Only

Friday

0600 – 0700 Lane Swimming
0700 – 0825 Public & Lane Swimming
0830 – 0930 Aqua Aerobics
1200 – 1300 Lane Swimming
1300 – 1400 Public Swimming
1500 – 1645 SPLASH TIME
1700 – 1800 Lane Swimming

Saturday

0700 – 0815 Lane Swimming
1010 – 1230 **Public Swimming***
1245 – 1445 Private Hire

Sunday

0915 – 1010 Lane Swimming (2 Lanes)
1015 – 1115 Junior Swim Fit
1115 – 1200 **INFLATABLE SESSION***
1200 – 1245 **INFLATABLE SESSION***
1300 – 1430 Public Swimming

1 This session will not be available on Monday 03/03/20.



Admission policy applies to all sessions.

INFLATABLE SESSION: Party in the pool! Fun filled session with a large inflatable. ***There is an additional charge for these sessions.**

Public Swimming* - This session is free for all registered children aged 16 and under.

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