



Junior Activity Timetable

6th January – 23rd February 2020

Day	Time	Activity	Age
Monday	1515 – 1630	Fitness Club *	11 - 12
	1540 - 1815	Swimming Lessons	3+
	1530 - 1630	Squash	8 - 11
	1630 - 1730	Squash	11+
	1545 - 1615	Dance	3 - 5
	1615 - 1700	Dance	6 - 10
	1630 - 1700	Soccer School	3 - 4
	1700 - 1800	Soccer School	5 - 7
	1800 - 1900	Soccer School	8 - 11
Tuesday	1540 - 1815	Swimming Lessons	3+
	1530-1630	Squash Coaching	8+
	1600 - 1630	Cheerleading	3 - 6
	1630 - 1715	Cheerleading	7 - 10
Wednesday	1515 – 1630	Fitness Club *	11 - 12
	1540 - 1815	Swimming Lessons	3+
	1700 - 1800	Soccer School – Girls Only	4 – 11
Thursday	1540 - 1815	Swimming Lessons	3+
Friday	1540 - 1720	Swimming Lessons	3+
	1330-1500	Fitness Club *	11-12
Saturday	0830 - 1100	Swimming Lessons	3+
	1100-1200	Fitness Club	11 - 12
Sunday	1015 - 1115	Junior Swim Fit	8+

* Kick-start required to attend Fitness Club.

Parents are required to stay in the building children under the age of 8 and remain with their child if under 4 years.

Booking and Cancellation policy applies.

For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551. Timetable correct at the time of print.

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www.pembrokeshire.gov.uk/leisure