

Swimming Pool Timetable

28.10.19 – 03.11.19

Monday

0645-0855	Public Swimming
0900-1100	Intensive Swimming Lessons
1100-1200	Aqua Therapy
1200-1300	AquaFit
1300-1400	Adult Swimming
1400-1800	Public Swimming
1500-1700	£5 Family Swim*1
2000-2055	Lane Swimming
2100-2155	Adult Swimming

Tuesday

0645-0855	Public Swimming
0900-1100	Intensive Swimming Lessons
1100-1855	Public Swimming
1500-1700	£5 Family Swim*1
1900-2000	AquaFit

Wednesday

0645-0855	Public Swimming
0900-1100	Intensive Swimming Lessons
1115-1215	Inflatable Fun
1230-1800	Public Swimming
1500-1700	£5 Family Swim*1
2000-2100	Lane Swimming
2100-2155	Adult Swimming

Thursday

0645-0855	Public Swimming
0900-1100	Intensive Swimming Lessons
1100-1855	Public Swimming
1500-1700	£5 Family Swim*1
2000-2100	Lane Swimming
2100-2155	Adult Swimming

Friday

0645-0855	Public Swimming
0900-1100	Intensive Swimming Lessons
1115-1215	Inflatable Fun
1230-1330	Adult Swimming
1330-1700	Public Swimming
1500-1700	£5 Family Swim*1
1700-1830	Lane Swimming
2030-2200	Adult Swimming

Saturday

0800-0855	Adult Swimming
0900-1345	Public Swimming
1100-1200	Family Swimming*2
1100-1300	Public Swimming*3
1400-1555	Private Hire/Pool Parties

Sunday

0800-0855	Adult Swimming
0900-1245	Public Swimming
1300-1355	Inflatable Fun
1400-1555	Private Hire/Pool Parties

*1 – Max 2 adults and 2 children.
Usual admission policy applies.

*2 – During these sessions
the child admission policy is relaxed
so that you can bring more children
per adult. Please refer to the
admission policy for adult to child
ratios.

*3 – Reduced rate for adults
accompanying a child aged 16 and
under.
Children aged 16 and under free.



Telephone: 01437 775959

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www.pembrokeshire.gov.uk/leisure

Milford Haven

LEISURE CENTRE



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Tuesday's 09:30 Pater Hall, Lewis Street Pembroke Dock

Wednesdays: 17:30 & 19:30 Haverfordwest Community Learning Centre, off Dew street - behind the old library

Thursdays: 09:00 & 11:00 Haverfordwest Leisure Centre, St Thomas Green

Thursdays: 17:30 Christchurch Methodist Church, Priory Road Milford Haven

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