Fishguard







October Half Term Swimming Pool Timetable October 28th - November 3rd 2019

Monday	
0700 - 0900	Lane Swimming
0700 - 1000	Adult & Child Swimming
0900 - 1000	Adult Swimming
1000 - 1100	Children's Intensive Swimming

Lessons 1100 - 1300 **Public Swimming** 1500 - 1700 Family Swim (Learner pool &

shallow end of main pool only) 2000 - 2100 **Lane Swimming**

Tuesday	
0700 - 0900	Lane Swimming
0700 - 0900	Adult & Child Swimming
0900 - 1000	Public Swimming
1000 - 1100	Children's Intensive Swimming
	Lessons
1150 - 1250	Aqua Fit
1150 - 1250	Adult & Child Swimming
1300 - 1500	Public Swimming
1500 - 1700	Splashtime
1900 - 2000	Adult Swimming Lessons for
	Improvers

2000 - 2100 Adult Swim Fit for advanced

Wednesday	
0700 - 0900	Lane Swimming
0700 - 1000	Adult & Child Swimming
0900 - 1000	Adult Swimming
1000 - 1100	Children's Intensive Swimming
	Lessons
1200 - 1300	Public Swimming
1330 - 1430	*Fun Inflatable Session
1500 - 1700	Family Swim (Learner pool &
	shallow end of main pool only)
1700 - 1900	Public Swimming
1900 - 2000	Lane Swimming

£5 Family Ticket – registered families: 4 members & maximum of 2 adults

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0700 - 0900	Lane Swimming
0700 - 1000	Adult & Child Swimming
0900 - 1000	Aqua Fit
1000 - 1100	Children's Intensive Swimming
	Lessons
1100 - 1400	Public Swimming
1500 - 1700	Splashtime
1915 - 2015	Adult Swimming Lessons for
	Beginners

Friday

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0700 - 0900	Lane Swimming
0700 - 1000	Adult & Child Swimming
0900 - 1000	Adult Swimming
1000 - 1100	Children's Intensive Swimming
	Lessons
1100 - 1300	Public Swimming
1500 - 1700	Family Swim (Learner pool &
	shallow end of main pool only)
1730 - 1830	*Fun Inflatable Session
2000 - 2100	Lane Swimming

Saturday

0815 - 0930	Lane Swimming
0815 - 0930	Adult & Child Swimming
0930 - 1300	Public Swimming
1315 - 1415	Family Swim (Learner pool &
	shallow end of main pool only)
1415 - 1515	Splashtime
1530 - 1630	Private Hire
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1345 - 1445

Sı	unday	
0	830 - 0915	Lane Swimming
0	830 - 1000	Adult & Child Swimming
0	915 - 1000	Adult Swimming
1	000 - 1100	Family Swim (Learner pool &
_		shallow end of main pool only)
1	100 - 1330	Public Swimming

Free swimming for registered children 16 years and under & reduced rate for Adult accompanying a child

Learner pool only

Private Hire

Version 1

*competency test required

