

## Swimming Pool Timetable

### 1<sup>st</sup> October – 22<sup>nd</sup> December 2019\*

#### Monday

0645-0855	Public Swimming
0900-0955	Aquafit
1000-1055	Aqua Therapy
1100-1155	Ladies Only
1200-1500	Public Swimming
2000-2100	Lane Swimming
2100-2155	Adult Swimming

#### Tuesday

0645-0855	Public Swimming
1200-1315	Public Swimming
1730-1855	Public Swimming*1
1900-2000	Aquafit

#### Wednesday

0645-0855	Public Swimming
1215-1315	Public Swimming
2000-2100	Lane Swimming
2100-2155	Adult Swimming

#### Thursday

0645-0855	Public Swimming
1215-1315	Public Swimming
1730-1855	Public Swimming
2000-2100	Lane Swimming
2100-2155	Adult Swimming

#### Friday

0645-0855	Public Swimming
1200-1315	Public Swimming
1545-1615	Rookie Lifesaving – Bronze
1615-1655	Rookie Lifesaving – Silver
1700-1830	Lane Swimming (2 Lanes)
2030-2200	Adult Swimming

#### Saturday

0800-0855	Adult Swimming
1100-1200	Family Swimming*2
1100-1300	Public Swimming*3
1300-1345	Public Swimming
1400-1555	Private Hire/Pool Parties

#### Sunday

0800-0855	Public Swimming
1130-1345	Public Swimming
1400-1555	Private Hire/Pool Parties



**Telephone: 01437 775959**

**\*1 – One lane will be set aside for swimming lessons**

**\*2 – During these sessions the child admission policy is relaxed so that you can bring more children per adult. Please refer to the admission policy for adult to child ratios.**

**\*3 – Reduced Rate for adults accompanying a child aged 16 and under. Children aged 16 and under free.**

*For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact 01437 764551.*

**\*Excluding 28.10.19-03.11.19**

**Timetable correct at the time of print. Version 2.**