Milford Haven



Swimming Pool Timetable 22.07.19-01.09.19

22.07.19-01.09.19						
Monday		Friday				
0645-0855	Public Swimming	0645-0	855	Public Swimming		
0900-1100	Intensive Swimming Lessons	0900-1	100	Intensive Swimming Lessons		
1100-1200	Aqua Therapy	1115-1	215	Inflatable Fun		
1200-1300	Aquafit	1230-1330		Adult Swimming		
1300-1400	Adult Swimming	1330-1	700	Public Swimming		
1400-1800	Public Swimming	1500-1	700	*£5 Family Swim*		
1500-1700	*£5 Family Swim* Lane Swimming	1700-1830 2030-2200		Lane Swimming Adult Swimming		
2000-2055 2100-2155						
2100-2155	Adult Swimming					
Tuesday		Saturda	ay			
0645-0855	Public Swimming	0800-0	855	Adult Swimming		
0900-1100	Intensive Swimming Lessons	0900-1345 1100-1200		Public Swimming ***Family Swimming***		
1100-1855	Public Swimming					
1300-1500	**Free Swimming**	1400-1		Private Hire/Pool Parties		
1500-1700	*£5 Family Swim*	1400 1	333	Titude Tilley Foot Futtes		
1900-2000	Aquafit	Cundo				
Wodnesday		Sunday		Adult Coringnain		
Wednesday 0645-0855	Public Swimming	0800-0		Adult Swimming		
0900-1100	Intensive Swimming Lessons	0900-1		Public Swimming		
1100-1200	Dragon Swim	1300-1	355	Inflatable Fun		
1215-1315	Inflatable Fun	1400-1	555	Private Hire/Pool Parties		
1330-1800	Public Swimming					
1500-1700	*£5 Family Swim*	Free Swimming Provision				
2000-2100	Lane Swimming					
2100-2155	Adult Swimming	III	£5 Family S			
		N	Max 2 adults	s and 2 children		
Th		181		III		

Thursday

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0645-0855	Public Swimming
0900-1100	Intensive Swimming Lessons
1100-1855	Public Swimming
1300-1500	**Free Swimming**
1500-1700	*£5 Family Swim*
2000-2100	Lane Swimming
2100-2155	Adult Swimming

Please note the centre will be closed 26.08.19
Please check in house or on our website for pool closures.

Free Swimming

Free swimming for children aged 16 and under.

Family Swimming

£1.00 per adult accompanying a child.

Free swimming for children aged 16 and under.

Refer to admission policy

Telephone: 01437 775959