HAVERFORDWEST

VARIABLE DEPTH POOL TIMETABLE

MONDAY		TUESDAY	
06:00 - 10:10	Public Swimming ⁴	06:00 - 09:00	Public swimming
11:00 – 15:00	Public Swimming	09:00 - 10:00	Dragon Swim
15:00 – 17:00	Family Swimming ¹	11:00 – 13:00	Public Swimming
21:10 – 22:00	Public Swimming	13:00 – 15:00	FREE Public Swimming for Under 16's
		15:00 – 17:00	Family Swimming ¹
		17:00 – 19:00	Public Swimming
		21:00 – 22:00	Public Swimming
FRIDAY		SATURDAY	
FRIDAY 06:00 - 10:10	Public Swimming ⁴	SATURDAY 09:00 – 11:00	Public Swimming
	Public Swimming ⁴ Public Swimming		Public Swimming Family Swimming
06:00 – 10:10	3	09:00 – 11:00	· ·
06:00 – 10:10 11:00 – 11:55	Public Swimming	09:00 - 11:00 11:00 - 13:00	Family Swimming
06:00 - 10:10 11:00 - 11:55 12:00 - 13:00	Public Swimming Aquafit	09:00 - 11:00 11:00 - 13:00	Family Swimming
06:00 - 10:10 11:00 - 11:55 12:00 - 13:00 13:00 - 15:00	Public Swimming Aquafit Public Swimming	09:00 - 11:00 11:00 - 13:00	Family Swimming
06:00 - 10:10 11:00 - 11:55 12:00 - 13:00 13:00 - 15:00 15:00 - 17:00	Public Swimming Aquafit Public Swimming Family Swimming ¹	09:00 - 11:00 11:00 - 13:00	Family Swimming

2M DEPTH POOL TIMETABLE

MONDAY		TUESDAY	
07:30 – 17:20	Public Lane Swimming ⁶	06:00 – 14:00	Public Lane Swimming 35
20:30 – 22:00	Public Lane Swimming	14:00 – 17:10	Public Swimming
		20:15 – 22:00	Public Lane Swimming
FRIDAY		SATURDAY	
07:30 – 17:00	Public Lane Swimming ⁶	09:00 – 12:00	Public Lane Swimming
19:00 – 22:00	Public Lane Swimming	12:00 – 16:00	Public Swimming

TELEPHONE

EMAIL

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WEDNESDAY		THURSDAY	
06:00 - 10:10	Public Swimming ⁴	06:00 - 10:10	Public Swimming
11:00 – 11:55	Public Swimming	11:00 – 13:00	Public Swimming
12:00 – 13:00	Aquafit	13:00 – 15:00	FREE Public swimming for under 16's
13:00 – 15:00	Public Swimming	15:00 – 17:50	Family Swimming ¹
15:00 – 17:00	Family Swimming ¹	21:00 – 22:00	Public Swimming
17:00 – 17:50	Public Swimming		
20:15 – 21:15	Adult Swimming Lessons		
21:15 – 22:00	Adult Swimming Lessons	KEY	
21:00 – 22:00	Public Swimming		ming £5 Family Swim Ticket:
		Available to pu	rchase 15:00 - 17:00 (Up to 4
		people, 2 adult	s maximum)
SUNDAY		² FREE swimm	ing for all children aged 16 and
09:00 – 10:00	Family Swimming ²	under and £1 f	or each accompanying adult
10:05 – 13:00	Family Swimming	³ During these	sessions there will be 2 or more lane
13:00 – 13:45	Public Splashtime	available for th	e public
14:00 – 15:00	Birthday Parties	⁴ There will be	2 lanes set aside during this
		session for LAN	NE swimming, the pool will be at a
		permanent dep	oth of 2m
		⁵ 3 lanes CLOS	ED during 07:30 - 08:30 for RNLI
		⁶ 07:30 - 08:30	lanes set aside for county squad

WEDNESDAY	· · · · · · · · · · · · · · · · · · ·	IHURSDAY	THURSDAY	
07:30 – 17:20	Public Lane Swimming ²	06:00 - 14:00	Public Lane Swimming 35	
19:30 – 22:00	Public Lane Swimming	14:00 – 17:10	Public Swimming	
21:00 – 22:00	Adult Swimfit (3 Lanes)	19:15 – 20:00	Public Swimming	
		21:05 – 22:00	Public Swimming	
SUNDAY				
09:00 - 18:00	Public Lane Swimming			

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