



2019/20



2019/20 TIMETABLE

May 2019 - May 2020



www.pembrokeshiregreenways.co.uk



For more information on Next Bus turn to page 13 of this timetable booklet

Disclaimer
The information in this leaflet was correct at the time of printing, but may be subject to alteration or change during the season. Congestion and other circumstances may cause delay. Please check with bus operators if in doubt about bus times or with the Greenways Officer for all other issues.

Bank Holidays-

In the summer the Poppit Rocket, Strumble Shuttle, Celtic Coaster, Puffin Shuttle and Coastal Cruiser run 7 days a week, including Bank Holidays.
The Coastal Buses will NOT run on Bank Holidays outside of the summer months.
The services listed all operate on Good Friday - 348, 349 and 351.

Quick Guide to Bus Services:

**Summer Buses**
**Buses run Monday - Saturday all year round**
**Super Low Floor**



CONTENTS:

Pembrokeshire Greenways	2
Pembrokeshire Coastal Bus Services	3-6
Further Information	7

Coastal Bus Network Timetables

Poppit Rocket	8-12
NextBuses	13
T5 Cardigan - Fishguard - Haverfordwest	14-19
408 Cardigan - St Dogmael's - Poppit	20-21
Strumble Shuttle	22-26
BikeMobility	27
T11 Fishguard - St David's - Haverfordwest	28-31
Celtic Coaster (summer only)	32-35
Puffin Shuttle	36-40
315 Marloes - Haverfordwest	41
311 Broad Haven - Haverfordwest	42-43
356 Milford Haven - Neyland - Pembroke	44-45
Coastal Cruiser	46-51
348/349 Haverfordwest - Pembroke - Tenby	52-57
351 Tenby - Saundersfoot - Amroth	58-60
430 Narberth - Crymych - Cardigan	61
381 Tenby - Narberth - Haverfordwest	62-63
360 Tenby - Carew - Pembroke Dock	64



Pembrokeshire Greenways
Lonydd Glas Sir Benfro

This publication has been brought to you by Pembrokeshire Greenways, a partnership project that encourages access and enjoyment for all by bus, train, walking and cycling.

Pembrokeshire Coastal Bus Services are provided by Pembrokeshire County Council with contributions from Pembrokeshire Coast National Park Authority as part of the Pembrokeshire Greenways project.

Pembrokeshire Greenways Partnership includes: National Trust, Pembrokeshire Access Group, Pembrokeshire Coast National Park Authority, Pembrokeshire County Council, National Public Health Service, Pembrokeshire Tourism, Pembrokeshire Association of Community Transport Organisations (PACTO), National Resources Wales, Sustrans and PLANED.

Funding for Pembrokeshire Greenways is provided by



Parc Cenedlaethol
Arfordir Penfro
Pembrokeshire Coast
National Park



GREENWAYS:

For further information on Pembrokeshire Greenways please contact the Greenways Officer on:

Tel: 01437 776313

E-mail: greenways@pembrokeshire.gov.uk

www.pembrokeshiregreenways.co.uk

For a copy in large print, Braille, audio tape or an alternative language, please call 01437 776313

PEMBROKESHIRE COASTAL BUS SERVICES

WHAT? These are local bus services that travel along the coast, 7-days a week during the summer, to access walks, beaches, boat trips, local villages and attractions.

WHY? They help locals and visitors get around the coast without having to use a car. Whatever your interest, the coastal bus services are perfect for you!

HOW? You can use the coastal buses for both 'out' and 'back' journeys or simply use the bus for your outward journey and walk back to your destination. This enables you to walk the coast path in one direction without having to re-trace your steps.

Catching a bus in Pembrokeshire is easy. All coastal buses operate on a 'Hail & Ride' basis in rural areas, so all you have to do is signal to the driver to stop. Passengers can be picked up or set down at any point along the bus route - providing it is safe to do so.

WHEN?

Coastal buses run weekly from 9th Sept 2019 - 24th May 2020. Please check timetables for days and times.

Summer - All coastal buses run 7-days a week from 25th May - 8th September 2019.

The following buses run all year round: 311, 315, 348/349, 351, 360, 408, T11, T5, 430.

WHERE? Pembrokeshire coastal bus services run up and down the National Park coastline, ensuring that the entire length of the 186 mile (299km) Pembrokeshire Coast Path National Trail, from St Dogmael's to Amroth, is accessible by public transport.

HOW MUCH? The coastal buses are registered local services, with fares structured accordingly. All Wales Bus Pass holders travel free on the coastal buses - simply show your pass to the driver.

WEST WALES ROVER TICKET - Tickets are valid for all day travel (one day only) at the cost of £8.50 for adults and £4.50 for children.



Coastal Bus Network:

Poppit Rocket	Red line	Cardigan - Fishguard	♿
Strumble Shuttle	Orange line	Fishguard - St David's	♿
Celtic Coaster	Green line	St David's Peninsula	♿
Puffin Shuttle	Blue line	St David's - Marloes	♿
315	Purple line	Marloes to Milford Haven	♿
Coastal Cruiser	Dark blue line	Pembroke Peninsula	♿
348/349	Light green line	Haverfordwest - Pembroke - Tenby	♿
351	Yellow line	Tenby - Saundersfoot - Amroth	♿

Feeder Routes: ●●●●

356	Milford Haven - Pembroke	♿
T5	Cardigan - Haverfordwest	♿
T11	Fishguard - St David's - Haverfordwest	♿
311	Haverfordwest - Broad Haven	♿
381	Haverfordwest - Narberth - Tenby	♿
430	Narberth - Cardigan	♿

WALKING

For ideas on where to walk in Pembrokeshire, along the coast or inland, there is a wealth of information available from local Tourist Information Centres, the National Park, Pembrokeshire County Council and Pembrokeshire Greenways.

WWW:

Explore the countryside on your doorstep with Pembrokeshire County Council's series of short town walks. You'll be surprised what you'll find! Download a map, walking description and photo description today.

If you have access to the internet you can download and print off bus and walking information from the following websites:

www.pembrokeshiregreenways.co.uk

www.pembrokeshirecoast.org.uk

www.pembrokeshire.gov.uk

www.nationaltrail.co.uk

Guided Walks

Unsure about accessing Pembrokeshire by public transport? Join a National Park guided walk. Contact local Tourist Information Centres for further information.

Easy Walks

The National Park guide to 'Easy Access Routes in Pembrokeshire Coast National Park' suggests gentle walks around the county.

www.pembrokeshirecoast.org.uk

Pembrokeshire Access Group's guide to 'Scooting Around Pembrokeshire' identifies routes suitable for mobility scooters.

www.pembrokeshire-access.org.uk

HOW TO USE THE COASTAL BUSES

Dog friendly

Dogs are welcome on the coastal bus services, at the driver's discretion, providing they are clean, on a lead and sit on the floor out of the way of other passengers. Please be a responsible dog owner and clean up after your little friend - leave only paw prints behind.

Service with a smile!

Our local drivers are very knowledgeable about the area and will help you locate walking drop-off and pick-up points, find your destination or recommend one!

Group bookings

If you are a group of 8+ people wishing to use the coastal buses then please contact the appropriate bus operator in advance of travel to discuss your travel plans (Mon-Fri, during office hours). The bus operator number is listed on the bus timetable pages.

Travelling with a wheelchair

If you are a wheelchair user, the Coastal Cruiser, Poppit Rocket, Strumble Shuttle and Puffin Shuttle are super low-floor buses and are fully accessible. The Celtic Coaster in St David's has a rear wheelchair lift, you may contact the bus operator Sarah Bell Minibuses in advance of travel to discuss your travel plans on this vehicle if you wish. Tel 07828 940955 (Mon-Fri, during office hours).

FURTHER INFORMATION

LOCAL BUS TIMETABLES:

Are available online or pick-up timetable booklets at local Tourist Information Centres or request a copy from the Pembrokeshire County Council Transport Unit on: 01437 764551 or E-mail: public.transport@pembrokeshire.gov.uk

NATIONAL PARK:

Please contact Pembrokeshire Coast National Park Authority on: 0845 345 7275 or

E-mail: info@pembrokeshirecoast.org.uk

www.pembrokeshirecoast.org.uk

TRAIN:

Call National Rail Enquiries on: 08457 48 49 50 and plan your next train journey. **www.nationalrail.co.uk**

BUS:

Call Traveline on: 0800 464 00 00 and friendly staff will help you plan your national or local journey, or plan your journey online at **www.traveline.info**

EXPLORE WALES PASS

If you are travelling by bus and train throughout Wales then look for the 'Explore Wales Pass'.

For details please telephone: 0800 464 00 00 or look at the Transport for Wales website: **www.tfwrail.wales**

Need help planning your journey? Visit Traveline Cymru:





Poppit Rocket

SERVICE 405: 25 May - 8 September 2019

CARDIGAN - FISHGUARD (Daily)

Cardigan (Finch Square)	09:00	12:30	16:30
St Dogmael's (Car Park)	09:06	12:36	16:36
St Dogmael's (The Moorings)	09:09	12:39	16:39
Poppit Sands (Car Park Entrance)	09:12	12:42	16:42
Moylgrove Village (Car Park Entrance)	09:24	12:54	16:54
Newport Sands (Car Park)	-	13:07	17:07
Newport (Castle Hotel)	09:32	13:18	17:18
Newport (Parrog Car Park)	09:35	13:21	17:21
Dinas Cross (Maesyyffnon)	09:42	13:28	17:28
Pwllgwaelod (Car Park)	-	13:33	17:33
Dinas Cross (Kiel House)	09:44	13:37	17:37
Lower Fishguard	09:54	13:47	17:47
Fishguard (Square)	09:56	13:49	17:49

FISHGUARD - CARDIGAN (Daily)

Fishguard (Square)	10:00	14:00	18:00
Lower Fishguard	10:02	14:02	18:02
Dinas Cross (Kiel House)	10:12	14:12	18:12
Pwllgwaelod (Car Park)	10:16	14:16	18:16
Dinas Cross (Maesyyffnon)	10:21	14:21	18:21
Newport (Parrog Car Park)	10:28	14:28	18:28
Newport (Castle Hotel)	10:31	14:31	18:31
Newport Sands (Car Park)	10:42	14:42	18:42
Moylgrove Village (Car Park Entrance)	10:55	14:55	18:55
Poppit Sands (Car Park Entrance)	11:07	15:07	19:07
St Dogmael's (The Moorings)	11:10	15:10	19:10
St Dogmael's (Car Park)	11:13	15:13	19:13
Cardigan (Finch Square)	11:19	15:19	19:19

Operated by Richards Bros. (01239 613756) SLF

Poppit Rocket

SERVICE 405: 9 Sept 2019 - 24 May 2020

CARDIGAN - NEWPORT (Thur ONLY)

Cardigan (Finch Square)	09:15	13:15	16:30
St Dogmael's (Car Park)	09:21	13:21	16:36
St Dogmael's (The Moorings)	09:24	13:24	16:39
Poppit Sands (Car Park)	09:27	13:27	16:42
Moylgrove (Car Park)	09:39	13:39	16:54
Newport Sands (Car Park)	09:54	13:54	17:07
Newport (Castle Hotel)	10:04	14:04	17:17
Newport (The Parrog)	10:07	14:07	17:20

NEWPORT - CARDIGAN (Thur ONLY)

Newport (The Parrog)	10:12	14:12	17:27
Newport (Castle Hotel)	10:15	14:15	17:30
Newport Sands (Car Park)	10:25	14:25	17:40
Moylgrove (Car Park)	10:40	14:40	17:55
Poppit Sands (Car Park)	10:52	14:52	18:07
St Dogmael's (The Moorings)	10:55	14:55	18:10
St Dogmael's (Car Park)	10:58	14:58	18:13
Cardigan (Finch Square)	11:05	15:05	18:20

Operated by Richards Bros. (01239 613756)

SLF

PLEASE NOTE: The Poppit Rocket does not run on
WINTER Bank Holidays

CONNECTING LOCAL BUS SERVICES:

T11	Fishguard - St David's - Haverfordwest <i>Richards Bros</i>
T5	Aberystwyth - Aberaeron - Cardigan - Fishguard - Haverfordwest <i>Richards Bros</i>
Strumble Shuttle	Fishguard - St David's (via coast) <i>Richards Bros</i>
408	Cardigan - St Dogmael's - Poppit <i>Richards Bros</i>
430	Narberth - Crymych - Cardigan <i>Richards Bros</i>
460	Cardigan - Carmarthen <i>First Cymru/Richards Bros</i>

Contact Traveline for timetable information: 0800 464 00 00

FARES:

The 'Poppit Rocket' is a registered local bus service with fares structured accordingly.

Please ring the operator directly for up to date fare and ticket information

Explorer Tickets -
Unlimited travel on Richards Bros buses
Adult Day Explorer £6.70
Child Day Explorer £4.60
Family Explorer £15.50
(2 adults and 2 children or 1 adult and 3 children)

Adult Weekly Explorer £18.90
Child Weekly Explorer £12.80

COAST PATH MILEAGE:

- Strumble Head - Goodwick:
6.4 miles / 10.3km
- Goodwick - Pwllgwaelod:
6.9 miles / 11.1km
- Pwllgwaelod - Newport Iron Bridge:
6.8 miles / 10.9km
- Newport Iron Bridge - Newport Sands:
1.0 miles / 1.6km
- Newport Sands - Ceibwr:
7 miles / 11.3km
- Ceibwr - Poppit Sands:
5.8 miles / 9.3km
- Poppit Sands - St Dogmael's:
1.3 miles / 2km

KEY:

- National Park
- Poppit Rocket Bus Route
- Youth Hostel
- Information Centres
- Train Station
- Refreshments



WALKING:

Hop on the 'Poppit Rocket' to enjoy one of the following walks:

- Catch the bus to Pwllgwaelod and walk to Newport (6.8 miles/10.9km, approximately 3hrs) or walk to Fishguard/Goodwick (6.9 miles/11.1km, approximately 3hrs). The walk from Fishguard to Newport is a lovely full-day's walk.
- Catch the bus to Moylgrove and walk to Poppit Sands (6.8 miles/10.9km, approximately 3hrs) or walk to Newport (8 miles/12.9km, approximately 3½ hrs). The walk between Newport and Poppit Sands is also a superb full-day's walk.
- Walk out of Newport up to Carningli and across to Bedd Morris. Drop down to the A487 where you will be able to hail the 'Poppit Rocket' or the T5 bus back to Newport/Fishguard.
(5.3 miles/8.5km, approximately 3hrs)

EASY WALKS:

Catch the bus to Pwllgwaelod and enjoy a pleasant walk along the Cwm Dewi valley to Cwm-yr-Eglwys and back. (1.2 miles/2km)

Catch the bus to Newport Parrog and take a lovely stroll along the Nevern Estuary to Newport Iron Bridge and back. (1.4 miles/2.2km).

when's the next bus?

NextBuses is an innovative, new service from Traveline that gives you the next bus times anywhere in the UK via mobile internet.

- 1 Log-on to www.nextbuses.mobi on your smart phone.
- 2 Enter one of the following:
 - A postcode
 - A street name and town
 - A bus stop code.
- 3 On the map, click on the bus stop you want to use.
- 4 View bus departure times for that stop on your mobile.
It's that easy!

Find out instantly at
NextBuses.mobi
Live bus times direct to your mobile phone

Scheduled bus times are shown if live times are not available. Normal data charges of your mobile operator apply. Speed and access to the service is subject to your network connection.





Monday to Saturday (except where shown)

Aberystwyth (Bus Station)	...	...	...	...	07:30	08:10
Aberaeron (Square)	...	...	...	...	08:06	08:50
Newquay (Park Street)	...	...	...	...	...	09:08
Aberporth (Hall)	...	...	...	...	...	09:40
Cardigan (Tesco)	...	...	...	...	08:48	09:56
Cardigan (Finch's Square)	...	06:55	...	...	09:05	10:05
Eglwysrw	...	07:07	...	...	09:17	10:17
Newport (Square)	07:05	07:19	07:40	08:10	09:29	10:29
Dinas (Kiel House)	07:11	07:25	07:46	08:16	09:35	10:35
Lower Fishguard	07:18	07:32	07:53	08:23	09:42	10:42
Fishguard (Square)	07:20	07:35	07:55	08:26	09:45	10:45
Goodwick (Square)	...	07:40	...	FS	...	...
Fishguard & Goodwick Rail Stn	...	07:42	...	...	...	...
Fishguard (Square)	07:20	07:47	07:56	08:40	09:50	10:50
Scleddau	07:25	07:52	08:01	08:45	09:55	10:55
Trecwn	...	07:57	...	...	...	...
Heol Mathry Road	...	08:01	...	08:49	09:59	10:59
Letterston (Square)	07:30	08:06	08:06	08:54	10:04	11:04
Wolfscastle	07:33	08:09	...	08:57	10:07	11:07
Withybush Hospital	07:34	08:19P	...	09:07	10:17	11:17
Haverfordwest (Bus Stn)	07:45	...	...	09:11	10:21	11:21
Haverfordwest (Rail Stn)	...	...	...	09:16	10:26	11:26
Pembrokeshire College	...	08:30A	...	...	...	...

Please Note: This is not the full T5 timetable

- A: College Days only
- P: Via Prendergast
- FS: Via Ysgol Bro Gwaun on Schooldays

S&H: Saturdays and School Holidays only

Sch: Schooldays only

Operated by Richards Brothers (01239 613756)

Free Wi-Fi onboard this service.

S&H Sch Sch S&H											
09:10	10:10	11:10	12:10	12:10	13:10	13:10	14:10	15:10	16:10	17:10	
09:50	10:50	11:50	12:50	12:50	13:50	13:50	14:50	15:50	16:55	17:50	
10:08	11:08	12:08	13:08	13:08	14:08	14:08	15:08	16:08	17:13	18:08	
...	11:40	...	13:40	13:40	...	...	15:40	16:40	...	18:40	
10:50	11:56	12:50	13:56	13:56	14:50	14:50	15:56	16:56	17:55	18:58	
11:05	12:05	13:05	14:05	14:05	15:15	15:05	16:05	17:05	18:05	19:10	
11:17	12:17	13:17	14:17	14:17	15:27	15:17	16:17	17:17	18:17	19:22	
11:29	12:29	13:29	14:29	14:29	15:39	15:29	16:29	17:29	18:29	19:34	
11:35	12:35	13:35	14:30	14:30	15:45	15:30	16:35	17:35	18:35	19:40	
11:42	12:42	13:42	14:42	14:42	15:52	15:42	16:42	17:42	18:42	19:47	
11:45	12:45	13:45	14:45	14:45	15:55	15:45	16:45	17:45	18:45	19:50	
...	...	...	...	...	...	...	...	...	...	...	
...	...	...	...	FS	...	...	...	...	...	...	
11:50	12:50	13:50	14:50	15:20	16:00	15:50	16:50	17:50	18:50	...	
11:55	12:55	13:55	14:55	15:25	16:05	15:55	16:55	17:55	18:55	...	
...	...	...	15:00	15:30	...	...	...	...	...	...	
11:59	12:59	13:59	15:04	15:34	16:09	15:59	16:59	17:59	18:59	...	
12:04	13:04	14:04	15:09	15:39	16:14	16:04	17:04	18:02	19:02	...	
12:07	13:07	14:07	15:12	15:42	16:17	16:07	17:07	18:07	19:07	...	
12:17	13:17	14:17	15:22	15:52	16:27	16:17	17:17	18:17	19:17	...	
12:21	13:21	14:21	15:26	15:56	16:31	16:21	17:21	18:21	19:21	...	
12:26	13:26	14:26	15:31	16:01	16:36	16:26	17:26	18:26	19:26	...	
...	...	...	...	...	...	...	...	...	...	...	

Please Note: This is not the full T5 timetable

SLF

HAVERFORDWEST - FISHGUARD - CARDIGAN -
ABERAERON - ABERYSTWYTH

Monday to Saturday (except where shown)

	Sch S&H						
Pembrokeshire College	...	...	...	08:30A	...	...	...
Haverfordwest (Rail Stn)	...	...	...	...	09:35	10:35	11:35
Haverfordwest (Bus Stn)	...	...	...	08:40	09:40	10:40	11:40
Withybush Hospital	...	...	...	08:45	09:45	10:45	11:45
Wolfscastle/Cas-blaidd	...	08:10	...	08:55	09:55	10:55	11:55
Letterston (Square)	...	08:14	08:14	08:59	09:59	10:59	11:59
Heol Mathry Road	...	08:18	08:18	09:03	10:03	11:03	12:03
Trecwn	...	...	08:24	...	...	...	...
Scleddau	...	08:23	08:29	09:08	10:08	11:08	12:08
Fishguard (Square)	...	08:28	08:34	09:13	10:13	11:13	12:13
Goodwick (Square)	07:44	FS	...	...	...	...	...
Fishguard & Goodwick Rail Stn	07:45	...	...	...	...	...	...
Fishguard (Square)	07:48	08:45	08:45	09:20	10:20	11:20	12:20
Lower Fishguard	07:50	08:47	08:47	09:22	10:22	11:22	12:22
Dinas (Kiel House)	07:57	08:54	08:54	09:29	10:29	11:29	12:29
Newport (Square)	08:03	09:00	09:00	09:35	10:35	11:35	12:35
Eglwysrwrw	08:15	09:12	09:12	09:47	10:47	11:47	12:47
Cardigan (Finch's Square)	08:25	09:22	09:22	09:57	10:57	11:57	12:57
Cardigan (Finch's Square)	09:12	...	...	10:02	11:12	12:02	13:12
Aberporth (Hall)	...	...	...	10:22	...	12:22	...
Newquay(Park Street)	09:54	...	...	10:54	11:54	12:54	13:54
Aberaeron (Square)	10:18	...	...	11:18	12:18	13:18	14:18
Aberystwyth (Bus Station)	10:57	...	...	11:57	12:57	13:57	14:57

Sch S&H									
...	...	...	...	...	...	...	...	...	...
12:35	13:35	14:28	14:35	16:10	17:00	17:40	18:30	...	19:45
12:40	13:40	14:33	14:40	16:15	17:04	17:45	18:34	...	19:49
12:45	13:45	14:38	14:45	16:20	17:09	17:50	18:39	...	19:54
12:55	13:55	14:48	14:55	16:30	17:19	18:00	18:49	...	20:04
12:59	13:59	14:52	14:59	16:34	17:23	18:04	18:53	...	20:08
13:03	14:03	...	15:03	16:38	17:27	18:08	...	...	20:12
...	...	...	...	...	17:33	...	...	...	20:18
13:08	14:08	14:57	15:08	16:43	17:38	18:13	18:58	...	20:23
13:13	14:13	15:02	15:13	16:48	17:43	18:18	19:03	...	20:28
...	...	FS	...	...	...	...	...	...	20:32
...	...	...	...	...	...	...	...	...	...
13:20	14:20	15:25	15:20	16:55	17:47	18:25	19:10	19:50	20:37
13:22	14:22	15:27	15:22	16:57	17:49	18:27	19:12	19:52	20:39
13:29	14:29	15:34	15:29	17:04	17:56	18:34	19:19	19:59	20:46
13:35	14:35	15:40	15:35	17:10	18:02	18:40	19:25	20:05	20:52
13:47	14:47	15:52	15:47	17:22	18:14	18:52	...	...	...
13:57	14:57	16:02	15:57	17:32	18:24	19:02	...	...	...
14:12	15:02	16:12	16:12	17:36	18:36	...	...	...	...
...	15:22	...	...	17:58	18:58	...	...	...	...
14:54	15:54	...	...	18:30	19:30	...	...	...	...
15:15	16:18	17:00	17:00	18:54	19:54	...	...	...	...
16:02	16:57	17:39	17:39	19:33	20:33	...	...	...	...

Please Note:This is not the full T5 timetable

Please Note:This is not the full T5 timetable

SLF

- A: College Days only
- FS: Via Ysgol Bro Gwaun on Schooldays

Sch: Schooldays only
S&H: Saturdays and School Holidays only
Operated by Richards Brothers (01239 613756)

Free Wi-Fi onboard this service (75Gbs download limit).



ABERYSTWYTH - CARDIGAN - FISHGUARD -
HAVERFORDWEST

Sundays & Bank Holiday Mondays only

Aberystwyth (Bus Station)	...	10:05	13:05	...	17:40
Aberaeron (Alban Square)	...	10:45	13:45	...	18:18
Newquay (Park Street)	...	11:03	14:03	...	18:37
Aberporth (Hall)	...	11:33	14:33	...	19:07
Cardigan (Finch's Square)	07:55	12:00	15:10	18:25	19:27
Eglwysrw	08:07	12:12	15:22	18:37	19:39
Newport (Square)	08:19	12:24	15:34	18:47	19:51
Dinas (Kiel House)	08:25	12:30	15:40	...	19:57
Lower Fishguard	08:32	12:37	15:47	...	20:05
Fishguard (Square)	08:34	12:39	15:49	...	20:07
Scleddau	08:38	12:43	15:53	...	...
Letterston (Square)	08:43	12:48	15:58	...	...
Wolfscastle	08:48	12:53	16:03	...	...
Withybush Hospital	08:57	13:02	16:12	...	...
Haverfordwest (Bus Station)	09:00	13:05	16:15	...	...
Haverfordwest (Rail Station)	09:05	13:10	16:20	...	...

Effective from the first Sunday in May until the last Sunday in September

Operated by Richards Brothers (01239 613756)

Free Wi-Fi onboard this service (75GBs download limit).



HAVERFORDWEST - FISHGUARD - CARDIGAN -
ABERYSTWYTH

Sundays & Bank Holiday Mondays only

Haverfordwest (Rail Station)	...	09:10	13:55	17:10	...
Haverfordwest (Bus Station)	...	09:15	14:00	17:15	...
Withybush Hospital	...	09:20	14:05	17:20	...
Wolfscastle	...	09:30	14:15	17:30	...
Letterston (Square)	...	09:34	14:19	17:34	...
Scleddau	...	09:39	14:25	17:40	...
Fishguard (Square)	...	09:45	14:30	17:45	20:09
Lower Fishguard	...	09:47	14:32	17:47	20:11
Dinas (Kiel House)	...	09:54	14:39	17:54	20:18
Newport (Square)	07:30	10:12	14:45	18:00	20:24
Eglwysrw	07:42	10:22	14:55	18:10	20:34
Cardigan (Finch's Square)arr.	07:52	10:25	15:05	18:20	20:44
Cardigan (Finch's Square)dep.	08:02	10:25	15:10	...	...
Aberporth (Hall)	08:22	10:45	15:30	...	...
Newquay (Park Street)	08:54	11:15	16:01	...	...
Aberaeron (Alban Square)	09:14	11:33	16:18	...	...
Aberystwyth (Bus Station)	09:57	12:20	16:55	...	...

Effective from the first Sunday in May until the last Sunday in September



CARDIGAN - POPPIT SANDS via St Dogmael's
Monday to Saturday (except where shown)

Cardigan CP School	-	-	-	-	-
Finch Square	-	08:25	S 08:55	09:55	10:55
Grosvenor Hill	-	-	08:57	09:57	10:57
Bell Hotel	-	08:26	S 09:00	10:00	11:00
Maesdderwen	-	08:29	S 09:03	10:03	11:03
Maesglas	-	08:32	S 09:06	10:06	11:06
North Park	-	08:38	S 09:12	10:12	11:12
Tesco Store	-	-	09:15	10:15	11:15
Cardigan CS School	-	-	-	-	-
Bro Teifi	-	-	09:20	10:20	11:20
Cardigan CP School	-	08:45	S 09:22	10:22	11:22
Bell Hotel	-	-	09:24	10:24	11:24
Finch Square	-	08:52	S 09:25	10:25	11:25
St Dogmael's (Square)	-	-	09:34	10:34	11:34
Glanteifion (The Moorings)	-	-	09:37	10:37	11:37
Poppit Sands (Car Park)	08:05	-	-	-	-
Glanteifion (The Moorings)	08:10	-	09:40	10:40	11:40
St Dogmael's (Square)	08:13	-	09:43	10:43	11:43
Grosvenor Hill	08:19	-	09:49	10:49	11:49
Bell Hotel	08:20	-	09:50	10:50	11:50
Cardigan CS School	08:22	-	-	-	-
Finch Square	08:24	-	09:52	10:52	11:52

11:55	12:55	13:55	15:00	-	15:55
11:57	12:57	13:57	15:02	-	15:57
12:00	13:00	14:00	15:05	-	16:00
-	-	-	-	15:35	S -
12:06	13:06	14:06	-	15:43	S 16:06
12:12	13:12	14:12	-	15:49	S 16:12
12:15	13:15	14:15	15:07	-	16:15
-	-	-	15:10	-	-
12:20	13:20	14:20	-	-	16:20
12:22	13:22	14:22	-	-	16:22
12:24	13:24	14:24	-	-	16:24
12:25	13:25	14:25	15:15	-	16:25
12:34	13:34	14:34	15:24	-	16:34
12:37	13:37	14:37	15:27	-	16:37
-	-	-	15:32	-	-
12:40	13:40	14:40	15:37	-	16:40
12:43	13:43	14:43	15:40	-	16:43
12:49	13:49	14:49	15:46	-	16:49
12:50	13:50	14:50	15:47	-	16:50
-	-	-	-	-	-
12:52	13:52	14:52	15:49	-	16:52

S Operates via Cardigan Secondary School on School days only

Operated by Richards Brothers (01239 613756)

No Service on Sunday, Good Friday or Public Bank Holidays.



Strumble Shuttle

SERVICE 404: 25 May - 8 September 2019

Strumble Shuttle

SERVICE 404: 9 September 2019 – 24 May 2020

FISHGUARD - ST DAVID'S (Daily)

Newport (Square)	07:20	-	-
Dinas (Kiel House)	07:27	-	-
Fishguard (Square)	07:35	11:10	16:00
Goodwick (Square)	07:39	11:16	16:06
Pontiamo	-	11:22	16:12
Strumble Head	-	11:32	16:22
Trefasser Cross	07:49	11:44	16:34
St Nicholas (Phone Box)	07:54	11:49	16:39
Tregwynt (Woollen Mill)	07:59	11:54	16:44
Mathry (Bus Stop)	08:06	12:03	16:53
Abercastle	08:13	12:10	17:00
Trefin	08:17	12:14	17:04
Llanrhian	08:21	12:18	17:08
Porthgain (Sloop Inn)	08:24	12:21	17:11
Llanrhian	08:27	12:24	17:14
Abereiddi (Car Park)	-	12:32	17:22
Berea	08:35	12:38	17:28
St David's (New Street)	08:43	12:48	17:38
St David's (Oriol y Parc Car Park)	08:45	12:50	17:40

ST DAVID'S - FISHGUARD (Daily)

St David's (Oriol y Parc Car Park)	09:05	13:45	17:45
St David's (New Street)	09:10	13:50	17:50
Berea	09:20	14:00	18:00
Abereiddi (Car Park)	09:26	14:06	18:06
Llanrhian	09:36	14:16	18:16
Porthgain (Sloop Inn)	09:39	14:19	18:19
Llanrhian	09:42	14:22	18:22
Trefin	09:46	14:26	18:26
Abercastle	09:50	14:30	18:30
Mathry (Bus Stop)	09:57	14:37	18:37
Tregwynt (Woollen Mill)	10:06	14:46	18:46
St Nicholas (Phone Box)	10:11	14:51	18:51
Trefasser Cross	10:16	14:56	18:56
Strumble Head	10:28	15:08	19:08
Pontiamo	10:38	15:18	19:18
Goodwick (Square)	10:44	15:24	19:24
Fishguard (Square)	10:50	15:30	19:30
Dinas (Kiel House)	-	-	19:38
Newport (Square)	-	-	19:45

SLF

FISHGUARD - ST DAVID'S (Thur ONLY)

Fishguard (Square)	11:10	16:20
Goodwick (Square)	11:14	16:24
Pontiamo	11:19	16:29
Strumble Head Junction	11:24	16:34
Trefasser Cross	11:31	16:41
St Nicholas (Phone Box)	11:36	16:46
Tregwynt (Woollen Mill)	11:39	16:49
Mathry (Bus Stop)	11:48	16:58
Abercastle	11:54	17:04
Trefin	11:57	17:07
Llanrhian	12:02	17:12
Porthgain	12:05	17:15
Llanrhian	12:09	17:19
Abereiddi (Car Park)	12:17	17:27
Berea	12:23	17:33
St David's (New Street)	12:33	17:43
St David's (Oriol y Parc Car Park)	12:35	17:45

ST DAVID'S - FISHGUARD (Thur ONLY)

St David's (Oriol y Parc Car Park)	09:05	13:45
St David's (New Street)	09:10	13:50
Berea	09:20	14:00
Abereiddi (Car Park)	09:26	14:04
Llanrhian	09:36	14:14
Porthgain	09:39	14:17
Llanrhian	09:42	14:20
Trefin	09:46	14:24
Abercastle	09:50	14:28
Mathry (Bus Stop)	09:57	14:35
Tregwynt (Woollen Mill)	10:06	14:44
St Nicholas (Phone Box)	10:11	14:49
Trefasser Cross	10:16	14:54
Strumble Head Junction	10:22	15:00
Pontiamo	10:27	15:05
Goodwick (Square)	10:32	15:10
Fishguard (Square)	10:36	15:15

PLEASE NOTE: The Strumble Shuttle does not run on WINTER Bank Holidays

Operated by Richards Brothers (01239 613756)

SLF

CONNECTING LOCAL BUS SERVICES:

T11	Fishguard - St David's - Haverfordwest <i>Richards Bros</i>
T5	Cardigan - Fishguard - Haverfordwest <i>Richards Bros</i>
Puffin Shuttle	Haverfordwest - St David's - Marloes (via coast) <i>Richards Bros</i>
Poppit Rocket	Fishguard - Cardigan (via coast) <i>Richards Bros</i>
Celtic Coaster	St David's Peninsula (via coast) <i>Sarah Bell</i>

Contact Traveline for timetable information: 0800 464 00 00

FARES:

The 'Strumble Shuttle' is a registered local bus service with fares structured accordingly.

Please ring the operator directly for up to date fare and ticket information.

Explorer Tickets - Unlimited travel on Richards Bros buses

Adult Day Explorer	£6.70
Child Day Explorer	£4.60
Family Explorer	£15.50
(2 adults and 2 children or 1 adult and 3 children)	

Adult Weekly Explorer	£18.90
Child Weekly Explorer	£12.80

This 'Strumble Shuttle' service bus is operated by Richards Bros. Tel (01239) 613756

COAST PATH MILEAGE:

Goodwick - Strumble Head:	6.4 miles / 10.3km
Strumble Head - Pwll Deri YHA:	2.8 miles / 4.5km
Pwll Deri YHA - Abermawr:	3.6 miles / 5.8km
Abermawr - Trefin:	6.1 miles / 9.8km
Trefin - Porthgain:	1.7 miles / 2.7km
Porthgain - Aberreiddi:	2 miles / 3.2km
Aberreiddi - Penberi:	3.2 miles / 5.1km
Penberi - Whitesands:	4.4 miles / 7km
Whitesands - St Justinian:	2.2 miles / 3.5km
St Justinian - Caerfai:	6.4 miles / 10.3km

KEY:

	National Park
	Strumble Shuttle Bus Route
	Youth Hostel
	Information Centres
	Train Station
	Refreshments



WALKING:

Jump on the 'Strumble Shuttle' and enjoy one of the following walks:

- Catch the bus to Trefasser Cross. Head to Pwll Deri Youth Hostel to get on to the coast path and walk to Goodwick via Strumble Head (9.2 miles/14.8km, approximately 5½ hrs).
- Catch the bus to Trefasser Cross. Head towards Pwll Deri Youth Hostel to get on to the coast path and walk to Porthgain (11.4 miles/18.3km approximately 6½ hrs). Here you can catch the bus back.
- Catch the bus to Porthgain and walk to St David's Head and Whitesands Car Park (9.6 miles/15.3km approximately 5½ hrs). Here you can catch the 'Celtic Coaster' bus back to St David's.

EASY WALKS:

Catch the bus to Abereiddi and enjoy the short walk to view the Blue Lagoon. The path is wheelchair accessible, with a steep section. (600 metres/660yds)

The bus is the perfect walking partner. To get the most out of your walk we suggest you catch the bus out and walk back to your chosen destination.

Don't forget that you can also catch the T11 bus service that travels inland between Fishguard and St David's to get to your destination.



Aiming to make cycling accessible for all

- Improve your cycling
- Get fit / rehabilitation
- Build confidence
- Fun for all the family



All in a safe and traffic-free environment



For more information
please call



**01646
695785**



www.valueindependence.co.uk



FISHGUARD - HAVERFORDWEST via St David's
Monday to Saturday (except where shown)

Fishguard Sq.	07:00	07:45	09:00	10:00
Harbour Garage Goodwick	07:04	07:49	09:04	10:04
Goodwick Square	07:06	07:51	09:06	10:06
Dyffryn	07:09	07:54	09:09	10:09
Panteg	07:12	07:57	09:12	10:12
St. Nicholas Turn	07:14	07:59	09:14	10:14
Mathry	07:17	08:02	09:17	10:17
Penparc	07:20	08:05	09:20	10:20
Trefin	07:24	08:09	09:24	10:24
Llanrhian	07:29	08:14	09:29	10:29
Croesgoch	07:32	08:17	09:32	10:32
St.Davids New St. arr	07:42	08:27	09:42	10:42
St.Davids C.S. Sch	-	08:30	-	-
St. Davids New St. dep	07:45	08:35	09:45	10:45
Solva Hall	07:55	08:45	09:55	10:55
Brawdy Turn	08:01	08:51	10:01	11:01
Penycwm	08:03	08:53	10:03	11:03
Newgale opp. Shop	08:06	08:56	10:06	11:06
Roch Gate	08:10	09:00	10:10	11:10
Simpson Cross	08:13	09:03	10:13	11:13
Keeston Village	08:16	09:06	10:16	11:16
Pelcombe Cross	08:19	09:09	10:19	11:19
Haverfordwest Bus Station	08:28	09:18	10:28	11:28
Withybush Shopping Park	08:33	09:23	10:33	11:33
Haverfordwest Rail Station	08:38	09:28	10:38	11:38

Schooldays Only
Saturdays and School Holidays Only
Operates from the First Tuesday after May Day Bank Holiday
Monday until the last Saturday in September

11:00	12:00	13:00	14:00	-	15:00	16:10	17:00	18:00	19:00
11:04	12:04	13:04	14:04	-	15:04	16:14	17:04	18:04	19:04
11:06	12:06	13:06	14:06	-	15:06	16:16	17:06	18:06	19:06
11:09	12:09	13:09	14:09	-	15:09	16:19	17:09	18:09	19:09
11:12	12:12	13:12	14:12	-	15:12	16:22	17:12	18:12	19:12
11:14	12:14	13:14	14:14	-	15:14	16:24	17:14	18:14	19:14
11:17	12:17	13:17	14:17	-	15:17	16:27	17:17	18:17	19:17
11:20	12:20	13:20	14:20	-	15:20	16:30	17:20	18:20	19:20
11:24	12:24	13:24	14:24	-	15:24	16:34	17:24	18:24	19:24
11:29	12:29	13:29	14:29	-	15:29	16:39	17:29	18:29	19:29
11:32	12:32	13:32	14:32	-	15:32	16:42	17:32	18:32	19:32
11:42	12:42	13:42	14:42	15:07	15:42	16:52	17:42	18:42	19:42
-	-	-	-	15:10	-	-	-	-	-
11:45	12:45	13:45	14:45	-	15:45	16:55	17:45	18:45	19:45
11:55	12:55	13:55	14:55	15:25	15:55	17:05	17:55	18:55	19:55
12:01	13:01	14:01	15:01	15:31	16:01	17:11	18:01	19:01	20:01
12:03	13:03	14:03	15:03	15:33	16:03	17:13	18:03	19:03	20:03
12:06	13:06	14:06	15:06	15:36	16:06	17:16	18:06	19:06	20:06
12:10	13:10	14:10	15:10	15:40	16:10	17:20	18:10	19:10	20:10
12:13	13:13	14:13	15:13	15:43	16:13	17:23	18:13	19:13	20:13
12:16	13:16	14:16	15:16	15:46	16:16	17:26	18:16	19:16	20:16
12:19	13:19	14:19	15:19	15:49	16:19	17:29	18:19	19:19	20:19
12:28	13:28	14:28	15:28	15:58	16:28	17:38	18:28	19:28	20:28
12:33	13:33	14:33	15:33	16:03	16:33	17:43	18:33	19:33	20:33
12:38	13:38	14:38	15:38	16:08	16:38	17:48	18:38	19:38	20:38

Provided by Pembrokeshire County Council
Operated by Richards Brothers (01239 613756)



HAVERFORDWEST - FISHGUARD via St David's

Monday to Saturday (except where shown)

Haverfordwest Rail Station	-	09:00	10:00	11:00
Haverfordwest Bus Station	07:50	09:03	10:03	11:03
Withybush Shopping Park	-	09:08	10:08	11:08
Haverfordwest Picton Place	-	09:12	10:12	11:12
Pelcombe Cross	07:57	09:18	10:18	11:18
Keeston Village	08:00	09:21	10:21	11:21
Simpson Cross	08:02	09:23	10:23	11:23
Roch Gate	08:05	09:26	10:26	11:26
Newgale opp. Shop	08:09	09:30	10:30	11:30
Penycwm	08:12	09:33	10:33	11:33
Brawdy Turn	08:14	09:35	10:35	11:35
Solva Hall	08:20	09:41	10:41	11:41
St. Davids New St.	08:30	09:51	10:51	11:51
St.Davids C.S. School	08:27	-	-	-
St.Davids New St.	08:32	10:00	11:00	12:00
Croesgoch	08:42	10:10	11:10	12:10
Llanrhian	08:45	10:13	11:13	12:13
Trefin	08:52	10:20	11:20	12:20
Penparc	08:56	10:24	11:24	12:24
Mathry	09:00	10:28	11:28	12:28
St. Nicholas Turn	09:03	10:31	11:31	12:31
Panteg	09:05	10:33	11:33	12:33
Dyffryn	09:08	10:36	11:36	12:36
Goodwick Square	09:11	10:39	11:39	12:39
Harbour Garage Goodwick	09:13	10:41	11:41	12:41
Fishguard Sq.	09:17	10:45	11:45	12:45

Schooldays Only

Saturdays and School Holidays Only

Operates from the First Tuesday after May Day Bank Holiday

Monday until the last Saturday in September

12:00	13:00	14:00	-	15:00	16:15	17:15	18:15	19:00
12:03	13:03	14:03	-	15:03	16:18	17:18	18:18	19:03
12:08	13:08	14:08	-	15:08	16:23	17:23	18:23	19:08
12:12	13:12	14:12	-	15:12	16:27	17:27	18:27	19:12
12:18	13:18	14:18	-	15:18	16:33	17:33	18:33	19:18
12:21	13:21	14:21	-	15:21	16:36	17:36	18:36	19:21
12:23	13:23	14:23	-	15:23	16:38	17:38	18:38	19:23
12:26	13:26	14:26	-	15:26	16:41	17:41	18:41	19:26
12:30	13:30	14:30	-	15:30	16:45	17:45	18:45	19:30
12:33	13:33	14:33	-	15:33	16:48	17:48	18:48	19:33
12:35	13:35	14:35	-	15:35	16:50	17:50	18:50	19:35
12:41	13:41	14:41	-	15:41	16:56	17:56	18:56	19:41
12:51	13:51	14:51	-	15:51	17:06	18:06	19:06	19:51
-	-	-	15:20	-	-	-	-	-
13:00	14:00	15:00	15:23	16:00	17:10	18:10	19:10	20:00
13:10	14:10	15:10	15:33	16:10	17:20	18:20	19:20	20:10
13:13	14:13	15:13	15:36	16:13	17:23	18:23	19:23	20:13
13:20	14:20	15:20	15:43	16:20	17:30	18:30	19:30	20:20
13:24	14:24	15:24	15:47	16:24	17:34	18:34	19:34	20:24
13:28	14:28	15:28	15:51	16:28	17:38	18:38	19:38	20:28
13:31	14:31	15:31	15:54	16:31	17:41	18:41	19:41	20:31
13:33	14:33	15:33	15:56	16:33	17:43	18:43	19:43	20:33
13:36	14:36	15:36	15:59	16:36	17:46	18:46	19:46	20:36
13:39	14:39	15:39	16:02	16:39	17:49	18:49	19:49	20:39
13:41	14:41	15:41	16:04	16:41	17:51	18:51	19:51	20:41
13:45	14:45	15:45	16:08	16:45	17:55	18:55	19:55	20:45

Provided by Pembrokeshire County Council

Operated by Richards Brothers (01239 613756)



Celtic Coaster 1

SERVICE 403A: 13 April - 29 Sept 2019

This service is operated by Sarah Bell (07828 940955)

ST DAVIDS

Oriel y Parc Car Park	-	09:00	10:00	11:00	12:00
City Hall	-	09:01	10:01	11:01	12:01
St Non's	R	R	R	R	R
Porthclais Harbour	-	09:10	10:10	11:10	12:10
St Justinian (Car Park)	-	09:15	10:15	11:15	12:15
Cathedral	-	09:23	10:23	11:23	12:23
Nun Street	08:25	09:25	10:25	11:25	12:25
Lleithyr	08:30	09:30	10:30	11:30	12:30
Whitesands Beach	08:35	09:35	10:35	11:35	12:35
Lleithyr	08:40	09:40	10:40	11:40	12:40
New Street	08:47	09:47	10:47	11:47	12:47
Oriel y Parc Car Park	08:50	09:50	10:50	11:50	12:50

Contact Traveline for timetable information: 0300 200 22 33

13:00	14:00	15:00	16:00	17:00	18:00
13:01	14:01	15:01	16:01	17:01	18:01
R	R	R	R	R	R
13:10	14:10	15:10	16:10	17:10	18:10
13:15	14:15	15:15	16:15	17:15	18:15
13:23	14:23	15:23	16:23	17:23	18:23
13:25	14:25	15:25	16:25	17:25	18:25
13:30	14:30	15:30	16:30	17:30	18:30
13:35	14:35	15:35	16:35	17:35	18:35
13:40	14:40	15:40	16:40	17:40	18:40
13:47	14:47	15:47	16:47	17:47	18:47
13:50	14:50	15:50	16:50	17:50	18:50



Celtic Coaster 2

SERVICE 403B: 26 May - 2 September 2019

ST DAVIDS

Oriel y Parc Car Park	09:30	10:30	11:30	12:30
City Hall	09:31	10:31	11:31	12:31
Cathedral	R	R	R	R
Porthclais Harbour	09:40	10:40	11:40	12:40
St Justinian (Car Park)	09:45	10:45	11:45	12:45
Cathedral	09:53	10:53	11:53	12:53
Nun Street	09:55	10:55	11:55	12:55
Lleithyr	10:00	11:00	12:00	13:00
Whitesands Beach	10:05	11:05	12:05	13:05
Lleithyr	10:10	11:10	12:10	13:10
New Street	10:17	11:17	12:17	13:17
Oriel y Parc Car Park	10:20	11:20	12:20	13:20

FARES:

Adult	£1.50 per Journey
Children (under 16 years) with fare paying Adult	Free (max 2 per adult)
Unaccompanied	£0.50
Welsh OAPs (Bus Pass holders)	Travel free of charge
Day Ticket	£3.00 per day

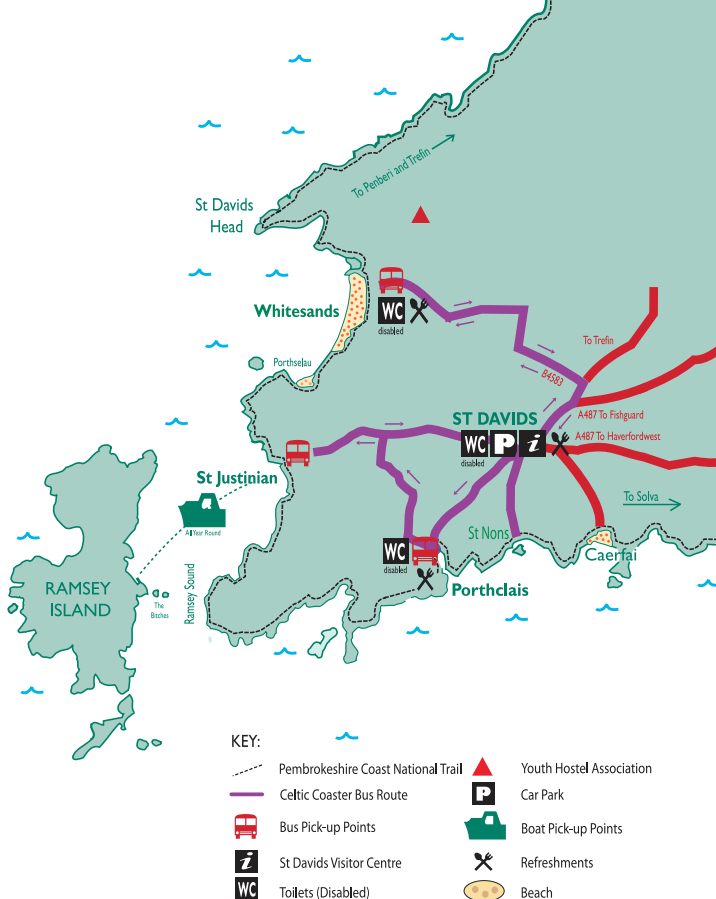
13:30	14:30	15:30	16:30	17:30	-
13:31	14:31	15:31	16:31	17:31	-
R	R	R	R	R	R
13:40	14:40	15:40	16:40	17:40	-
13:45	14:45	15:45	16:45	17:45	-
13:53	14:53	15:53	16:53	17:53	-
13:55	14:55	15:55	16:55	17:55	-
14:00	15:00	16:00	17:00	18:00	-
14:05	15:05	16:05	17:05	18:05	-
14:10	15:10	16:10	17:10	18:10	-
14:17	15:17	16:17	17:17	18:17	-
14:20	15:20	16:20	17:20	18:20	-

R = on request only

CONNECTING LOCAL BUS SERVICES:

T11	Fishguard - St David's - Haverfordwest
400 (Puffin Shuttle)	St David's - Marloes
404 (Strumble Shuttle)	St David's - Strumble Head - Fishguard





COAST PATH MILEAGE:

Caerfai to Solva:

4.3 miles / 6.9km

Caerfai to St Justinian:

6.4 miles / 10.2km

St Justinian to Whitesands:

2.2 miles / 3.5km

Whitesands to Penberri:

4.4 miles / 7km

Penberri to Trefin:

6.9 miles / 11.1km

If you are planning a Ramsey Island boat trip, use the Celtic Coaster to travel from St David's to St Justinian.

Simply park at the Oriol y Parc car park, next to Oriol y Parc Visitor Centre and continue your journey by bus.

WALKING:

WALK IT - Walk the Pembrokeshire Coast National Trail or enjoy a guided walk with the National Park Ranger.

BOAT IT * - Catch the bus to St Justinian and take a boat trip around Ramsey Island.

* Pre-booking essential at boat-trip booking offices in St David's

BEACH IT - Spend a day on the golden beaches of Whitesands or Porthsclau.

BUS IT - Simply enjoy the views on a bus journey around the beautiful St David's Peninsula!

FULL DAY WALKS:

Catch the 'Celtic Coaster' to Whitesands and walk along the coast to Solva. Catch the 'Puffin Shuttle' or T11 bus back to St David's (12.9 miles / 20.76 km, 6-7 hours)

Catch the 'Celtic Coaster' to St Justinian and walk along the coast to Porthgain. Catch the 'Strumble Shuttle' bus back to St David's (11.8 miles / 18.98 km, 5-6 hours)

HALF DAY WALKS:

Catch the 'Celtic Coaster' to St Justinian and walk back along the coast to Caerfai Bay, where you turn inland to St David's (7 miles / 11.26km, 3-4 hours)



Puffin Shuttle

SERVICE 400: 25 May - 8 September 2019

Puffin Shuttle

SERVICE 400: 9 September 2019 - 24 May 2020

ST DAVID'S - MARLOES (Daily)

St David's (New Street)	08:40	12:40	16:40
St David's (Oriel y Parc Car Park)	08:45	12:45	16:45
Solva (Pottery)	08:55	12:55	16:55
Newgale (Duke of Edinburgh)	09:05	13:05	17:05
Newgale Beach (Pebbles Café)	09:10	13:10	17:10
Nolton Haven (Car Park)	09:15	13:15	17:15
Druidston Haven	09:20	13:20	17:20
Haroldston West	09:25	13:25	17:25
Broad Haven (Enfield Road)	09:30	13:30	17:30
Little Haven (Castle Hotel)	09:35	13:35	17:35
St Bride's (Castle)	09:50	13:50	17:50
Marloes Village (Toilets)	10:05	14:05	18:05
Martin's Haven (Car Park)	10:10	14:10	18:10
Marloes Village (Toilets)	10:15	14:15	18:15

MARLOES - ST DAVID'S (Daily)

Marloes Village (Toilets)	10:15	14:15	18:15
St Bride's (Castle)	10:30	14:30	18:30
Little Haven (Castle Hotel)	10:45	14:45	18:45
Broad Haven (Enfield Road)	10:50	14:50	18:50
Haroldston West	10:55	14:55	18:55
Druidston Haven	11:00	15:00	19:00
Nolton Haven (Car Park)	11:05	15:05	19:05
Newgale Beach (Pebbles Café)	11:10	15:10	19:10
Newgale (Duke of Edinburgh)	11:15	15:15	19:15
Solva (Pottery)	11:25	15:25	19:25
St David's (Oriel y Parc Car Park)	11:35	15:35	19:35
St David's (New Street)	11:40	15:40	19:40
Croesgoch	-	-	19:52
Penparc	-	-	19:55
Mathry	-	-	19:58
Panteg	-	-	20:05
Dyffryn	-	-	20:08
Goodwick	-	-	20:10
Fishguard Square	-	-	20:12

Operated by Richards Bros (01239 613756)

SLF

ST DAVID'S - MARLOES (Wed Only)

St David's (New Street)	08:40	12:40	15:50
St David's (Oriel y Parc Car Park)	08:45	12:45	16:00
Solva (Pottery)	08:55	12:55	16:10
Newgale (Duke of Edinburgh)	09:05	13:05	16:20
Newgale Beach (Pebbles Café)	09:10	13:10	16:25
Nolton Haven (Car Park)	09:15	13:15	16:30
Druidston Haven	09:20	13:20	16:35
Broad Haven (Enfield Road)	09:30	13:30	16:45
Little Haven (Castle Hotel)	09:35	13:35	16:50
St Bride's (Castle)	09:50	13:50	17:05
Marloes Village (Toilets)	10:05	14:05	17:20
Milford Haven (Hamilton Terrace)	-	-	17:45
Haverfordwest Bus Station	-	-	18:15
Fishguard Square	-	-	18:46

MARLOES - ST DAVID'S (Wed Only)

Marloes Village (Toilets)	10:15	14:15
St Bride's (Castle)	10:30	14:30
Little Haven (Castle Hotel)	10:45	14:45
Broad Haven (Enfield Road)	10:50	14:50
Druidston Haven	11:00	15:00
Nolton Haven (Car Park)	11:05	15:05
Newgale Beach (Pebbles Café)	11:10	15:10
Newgale (Duke of Edinburgh)	11:15	15:15
Solva (Pottery)	11:25	15:25
St David's (Oriel y Parc Car Park)	11:35	15:35
St David's (New Street)	11:40	15:40

Operated by Richards Bros (01239 613756)

SLF

CONNECTING LOCAL BUS SERVICES:

T11	Fishguard - St David's - Haverfordwest <i>Richards Bros</i>
Celtic Coaster	St David's Peninsula <i>Sarah Bell</i>
Strumble Shuttle	Fishguard - St David's (via coast) <i>Richards Bros</i>
315 (Mon-Fri only)	Marloes - Milford Haven - Haverfordwest <i>Edwards Bros</i>
311	Haverfordwest - Broad Haven <i>Edwards Bros</i>

Contact Traveline for timetable information: 0800 464 00 00

FARES:

The Puffin Shuttle is a registered local bus service with fares structured accordingly.

Please ring the operator directly for up to date fare and ticket information

COAST PATH MILEAGE:

- Caerfai - Solva: 4.3 miles / 6.9km
- Solva - Newgale: 5.4 miles / 8.6km
- Newgale - Nolton: 2.2 miles / 3.5km
- Nolton - Broad Haven: 3.5 miles / 5.6km
- Broad Haven - St Bride's Beach: 6.2 miles / 9.9km
- St Bride's Beach - Martin's Haven: 4.2 miles / 6.7km
- Martin's Haven - Marloes Sands: 2.2 miles / 3.5km
- Marloes Sands - West Dale Beach: 2.1 miles / 3.3km
- West Dale Beach - St Ann's Head: 2.5 miles / 4km
- St Ann's Head - Dale Village: 3.6 miles / 5.7km
- Dale Village - Sandy Haven: 5.7 miles / 9.1km
- Sandy Haven - Gelliswick: 2.5 miles / 4km
- Gelliswick - Milford Haven Town: 1.9 miles / 3.1km
- Gelliswick - Cleddau Bridge: 8.4 miles / 13.5km

DAYS OUT:

Get on the 'Puffin Shuttle' and enjoy one of the following walks:

- Catch the bus to Newgale and walk back to St David's via Solva (9.7 miles/15.6km, approximately 5hrs). You can also do this walk with the local T11 bus.
- Catch the bus to Martin's Haven and take a boat trip to Skomer Island!
- Catch the bus to Martin's Haven and walk to Broad Haven (10.4 miles/16.73km approximately 6hrs) or walk to Dale via St Ann's Head (10.4 miles/16.73km approximately 6hrs). You can then catch the bus back to your destination.

EASY WALKS:

Catch the Puffin Shuttle to Newgale car park and enjoy a walk along the length of the beach and back. Access ramps are placed across the pebbles to help you get onto the beach.

The bus is the perfect walking partner. To get the most out of your walk we suggest you catch the bus out and walk back to your chosen destination. Don't forget that you can also catch other local bus services that travel inland between St David's and Marloes in order to get to your destination.



KEY:

-  National Park
-  Puffin Shuttle Bus Route
-  Youth Hostel
-  Information Centres
-  Train Station
-  Refreshments

SERVICE 315

Edwards



MARLOES - HAVERFORDWEST

Monday to Friday Only

Marloes	07:40	10:15	14:15	18:15
Dale	07:50	10:25	14:25	18:25
St Ishmael's	08:00	10:35	14:35	18:35
Herbrandston	08:13	10:48	14:48	18:48
Hubberston	08:18	10:53	14:53	18:53 R
Milford Haven (Tesco)	08:20	10:55	14:55	18:55 R
Milford Haven (Robert Street)	08:23	10:58	14:58	18:58 R
Thornton	08:28	11:03	15:03 S	-
Tiers Cross	08:32	11:09	15:07 S	-
Dreenhill	08:37	11:12	15:12 S	-
Haverfordwest (Bus Station)	08:45	11:20	15:25 S	-

HAVERFORDWEST - MARLOES

Monday to Friday Only

Haverfordwest (Bus Station)	09:00	13:00	17:00
Dreenhill	09:08	13:08	17:08
Tiers Cross	09:13	13:13	17:13
Thornton	09:17	13:17	17:17
Milford Haven (Robert Street)	09:22	13:22	17:22
Milford Haven (Tesco)	09:25	13:25	17:25
Hubberston	09:27	13:27	17:27
Herbrandston	09:32	13:32	17:32
St Ishmael's	09:45	13:45	17:45
Dale	09:55	13:55	17:55
Marloes	10:05	14:05	18:05

R= By request **S**= School Holiday only
Operated by Edwards Bros (01437 890230)

SLF

- Catch the bus to Dale and walk back to Milford Haven*

* Please check the tide times before you leave to avoid a long walk! In order to cross the stepping stones at Sandy Haven Pill you should walk this section within 3 hours either side of low-tide. (8.2 miles/13.19km approximately 4½ hrs).

HAVERFORDWEST - BROAD HAVEN

Monday to Saturday (except where shown)

Haverfordwest (Bus Station)	08:20	10:30	12:15	14:30	16:25	18:05
Haverfordwest (Rail Stn)	08:24	-	-	14:34	16:29	-
Picton Place	08:26	10:34	12:19	14:36	16:31	18:09
Dew Street	08:27	10:35	12:20	14:37	16:32	18:10
Belle Vue	08:31	10:39	12:24	14:41	16:36	18:14
Portfield Gate	08:33	10:41	12:26	14:43	16:38	18:16
Broadway	08:38	10:46	12:31	14:48	16:43	18:21
Broad Haven	08:42	10:50	12:35	14:52	16:47	18:25

BROAD HAVEN - HAVERFORDWEST

Monday to Saturday (except where shown)

Broad Haven	08:43	10:53	12:36	14:53	16:48	18:26
Broadway	08:47	10:57	12:40	14:57	16:52	18:30
Portfield Gate	08:52	11:02	12:45	15:02	16:57	18:35
Belle Vue	08:54	11:04	12:47	15:04	16:59	18:37
Barn Street	08:56	11:06	12:49	15:06	17:01	18:39
Haverfordwest (Bus Station)	09:01	11:11	12:54	15:11	17:06	18:44
Haverfordwest (Rail Stn) *	09:03	11:13	-	15:13	17:08	-

*: By request only

This service is provided by Pembrokeshire County Council
Operated by Edwards Brothers (01437 890230)



MONKTON - MILFORD HAVEN

Monday to Saturday excluding public holidays except where shown. (Operates Good Fridays)

Monkton (Post Office)	...	09:15	10:15	11:15
Pembroke (Castle)	...	09:20	10:20	11:20
Golden Grove School	...	...	...	...
Greenhill Meadow	...	...	...	...
Devon Drive	...	...	...	...
Pembroke Road (School)	...	...	...	...
Bethany	...	09:25	10:25	11:25
Pennar (Military Road)	...	...	...	...
Albion Square	...	09:28	10:28	11:28
Pembroke Dock (Laws Street)	07:56	09:30	10:30	11:30
Pembroke Dock (Rail Station)	07:58	09:31	10:31	11:31
Pembroke Dock (Bush Estate)	...	09:34	10:34	11:34
Cosheston	...	...	...	...
Waterloo	08:02	09:37	10:37	11:37
Honeyborough Green	08:07	09:42	10:42	11:42
Neyland (Brunel Quay)	08:10	09:45	10:45	11:45
Mastlebridge	08:12	09:48	10:48	11:48
Hazelbeach	08:18	09:53	10:53	11:53
Waterston	08:22	09:57	10:57	11:57
Steynton (Horse & Jockey)	08:26	10:02	11:02	12:02
Milford Haven CS	08:27	10:05	11:05	12:05
Milford Haven (Charles Street)	08:30	10:08	11:08	12:08
Milford Haven(Tesco)	...	10:11	11:11	12:11

MILFORD HAVEN - MONKTON

Monday to Saturday excluding public holidays except where shown. (Operates Good Fridays)

	Sch			
Milford Haven (Tesco)	...	09:15	10:15	11:15
Milford Haven (Hamilton Terrace)	...	09:18	10:18	11:18
Milford Haven (School)	...	...	...	...
Steynton (Horse & Jockey)	...	09:22	10:22	11:22
Waterston	...	09:26	10:26	11:26
Hazelbeach	...	09:30	10:30	11:30
Mastlebridge	...	09:36	10:36	11:36
Neyland (Brunel Quay)	...	09:38	10:38	11:38
Honeyborough Green	...	09:42	10:42	11:42
Waterloo	...	09:47	10:47	11:47
Cosheston	08:05	...	...	...
Pembroke Dock (Bush Estate)	...	09:51	10:51	11:51
Pembroke Dock (Rail Station)	...	09:54	10:54	11:54
Pembroke Dock (Laws Street)	...	09:55	10:55	11:55
Albion Square	08:16	09:57	10:57	11:57
Pennar (Military Road)	08:23	...	...	...
Bethany	08:26	10:00	11:00	12:00
Pembroke Road (School)	08:29	...	...	...
Devon Drive	08:35	...	...	...
Greenhill Meadow	08:37	...	...	...
Pembroke (Co-op)	08:39	10:06	11:06	12:06
Pembroke (East End)	08:41	10:08	11:08	12:08
Golden Grove School	08:44	10:08	11:08	...
Monkton (Post Office)	08:50	10:13	11:13	...

Operated by First Cymru (01437 763284)

	S&H	Sch	S&H	Sch		
13:15	14:15	14:15	15:15	...	16:30	17:30
13:20	14:20	14:20	15:20	...	16:35	17:35
...	...	...	...	15:20	...	...
...	...	...	...	15:24	...	...
...	...	...	...	15:25	...	...
...	...	...	...	15:28	...	...
13:25	14:25	14:25	15:25	15:31	16:40	17:40
...	...	...	...	15:35	...	...
13:28	14:28	14:28	15:28	15:40	16:43	17:43
13:30	14:30	14:30	15:30	...	16:45	17:45
13:31	14:31	14:31	15:31	...	16:46	17:46
13:34	14:34	14:34	15:34	...	16:49	17:49
...	...	...	...	15:56	...	...
13:37	14:37	14:37	15:37	16:05	16:54	...
13:42	14:42	14:42	15:42	16:10	16:57	...
13:45	14:45	14:45	15:45	...	17:01	...
13:48	14:48	14:48	15:48	...	17:03	...
13:53	14:53	14:53	15:53	...	17:08	...
13:57	14:57	14:57	15:57	...	17:12	...
14:02	15:02	15:02	16:02	16:16	17:17	...
14:05	15:05	15:05	16:05	...	17:19	...
14:08	15:08	15:08	16:08	16:20	17:23	...
14:11	15:11	...	16:11	16:23	17:25	...

	S&H	Sch			
13:15	14:15	15:15	...	16:30	17:30
13:18	14:18	15:18	...	16:33	17:33
...	...	...	15:20	...	...
13:22	14:22	15:22	15:25	16:37	17:37
13:26	14:26	15:26	15:30	16:41	17:41
13:30	14:30	15:30	15:34	16:45	17:45
13:36	14:36	15:36	15:40	16:51	17:51
13:38	14:38	15:38	15:42	16:53	17:53
13:42	14:42	15:42	15:46	16:57	17:57
13:47	14:47	15:47	15:51	17:02	18:02
...	...	...	...	...	...
13:51	14:51	15:51	15:55	17:06	18:06
13:54	14:54	15:54	15:58	17:09	18:09
13:55	14:55	15:55	15:59	17:10	18:10
13:57	14:57	15:57	16:01	17:12	...
...	...	...	...	...	...
14:00	15:00	16:00	16:04	17:15	...
...	...	...	...	...	...
...	...	...	...	...	...
...	...	...	...	...	...
14:06	15:06	16:06	16:10	17:21	...
14:08	15:08	16:08	16:12	17:23	...
14:08	15:08	16:08	16:13	17:23	...
14:13	15:13	16:13	16:18	17:28	...



Sch: Schooldays only S&H: Saturdays and School Holidays only



Coastal Cruiser

SERVICE 387: 25 May - 8 September 2019

PEMBROKE DOCK - STACKPOLE - ANGLE

Daily - 7 days a week

	S&S	M-F	Daily
Pembroke Dock (Rail Station)	10:25	10:25	12:50
Pembroke Dock (St John's Road)	10:27	10:27	12:52
Pembroke Dock (Bethany)	10:31	10:31	12:56
Pembroke (Town Hall)	10:37	10:37	13:02
Maidenwells	...	...	13:09
Hundleton	...	...	13:13
West Angle Bay	...	...	13:30
Angle (Bus Stop)	...	...	13:33
Freshwater West (Car Park)	...	...	13:41
Castlemartin	...	...	13:46
Merrion	...	10:52	13:51
Stack Rocks (Car Park)	...	10:57	...
St Twynell's (Bus Stop)	...	...	13:54
Bosherston (Bus Stop)	10:52	11:08	14:02
St Govan's Head	...	11:12	...
Broad Haven South	10:57	11:20	...
Bosherston (Bus Stop)	11:02	11:25	...
Stackpole (Bus Stop)	11:10	11:33	...
Stackpole Quay	11:15	11:38	...
Trewent Beach	11:23	11:46	...
Freshwater East	11:26	11:49	...
Lamphey (Church)	11:30	11:53	...
Bishop's Park	11:33	11:56	...
Pembroke (Castle)	11:37	12:00	14:15
Pembroke Dock (Bethany)	11:42	12:05	14:20
Pembroke Dock (St John's Road) *	11:47	12:10	14:25
Pembroke Dock (Rail Station)	11:49	12:12	14:27

M-F - Monday to Friday Only

S&S - Saturday and Sunday Only

* By request only.

Please note: Service 387 operates a weekend timetable throughout August.

Operated by Pembrokeshire County Council (01437 764551)



Coastal Cruiser

SERVICE 388: 25 May - 8 Sept 2019

PEMBROKE - STACKPOLE - BOSHERSTON - ANGLE

Daily - 7 days a week

	Daily	M-F	S&S
Pembroke Dock (Rail Station)	08:30	14:45	14:45
Pembroke Dock (St John's Road)	08:32	14:47	14:47
Pembroke Dock (Bethany)	08:36	14:51	14:51
Pembroke (Town Hall)	08:42	14:57	14:57
Bishop's Park	...	15:00	15:00
Lamphey (Church)	...	15:03	15:03
Freshwater East	...	15:08	15:08
Traeth Trewent Beach	...	15:10	15:10
Stackpole Quay	...	15:20	15:20
Stackpole (Bus Stop)	...	15:25	15:25
Bosherston (Bus Stop)	...	15:32	15:32
Broad Haven (Car Park)	...	15:37	15:37
St Govan's Head	...	...	15:46
Bosherston (Bus Stop)	08:57	15:42	15:50
St Twynell's (Bus Stop)	09:04	15:49	15:57
Merrion	09:07	15:52	16:00
Stack Rocks (Car Park)	...	...	16:06
Castlemartin	09:12	15:57	16:14
Freshwater West (Car Park)	09:17	16:02	16:19
West Angle Bay	09:29	16:14	16:30
Angle (Bus Stop)	09:31	16:16	16:33
Hundleton	09:46	16:31	16:48
Maidenwells (Bus Stop)	09:50	16:35	16:52
Pembroke (Castle)	09:54	16:39	16:56
Pembroke Dock (Bethany)	09:59	16:44	17:01
Pembroke Dock (St John's Road) *	10:04	16:49	17:06
Pembroke Dock (Rail Station)	10:06	16:51	17:08

* By request only.

Please note: Service 388 operates a weekend timetable throughout August.

Operated by Pembrokeshire County Council (01437 764551)

Coastal Cruiser

SERVICE 387: 9 September 2019 to 24 May 2020

PEMBROKE DOCK - STACKPOLE - PEMBROKE DOCK

SATURDAYS ONLY

Pembroke Dock (Rail Station)	10:25	12:50
Pembroke Dock (St John's Road)	10:27	12:52
Pembroke Dock (Bethany)	10:31	12:56
Pembroke (Town Hall)	10:37	13:02
Maidenwells	...	13:09
Hundleton	...	13:13
West Angle Bay	...	13:30
Angle (Bus Stop)	...	13:33
Freshwater West (Car Park)	...	13:41
Castlemartin	...	13:46
Merrion	10:52	13:51
Stack Rocks (Car Park)	10:57	...
St Twynell's (Bus Stop)	...	13:54
Bosherston (Bus Stop)	11:08	14:02
St Govan's Head	11:12	...
Broad Haven South	11:20	...
Bosherston (Bus Stop)	11:25	...
Stackpole (Bus Stop)	11:33	...
Stackpole Quay	11:38	...
Trewent Beach	11:46	...
Freshwater East	11:49	...
Lamphey (Church)	11:53	...
Bishop's Park	11:56	...
Pembroke (Castle)	12:00	14:15
Pembroke Dock (Bethany)	12:05	14:20
Pembroke Dock (St John's Road) *	12:10	14:25
Pembroke Dock (Rail Station)	12:12	14:27

* By request only.

Operated by Pembrokeshire County Council (01437 764551)

Coastal Cruiser

SERVICE 388: 9 September 2019 to 24 May 2020

PEMBROKE DOCK - STACKPOLE - PEMBROKE DOCK

SATURDAYS ONLY

Pembroke Dock (Rail Station)	08:30	14:45
Pembroke Dock (St John's Road)	08:32	14:47
Pembroke Dock (Bethany)	08:36	14:51
Pembroke (Town Hall)	08:42	14:57
Bishop's Park	...	15:00
Lamphey (Church)	...	15:03
Freshwater East	...	15:08
Traeth Trewent Beach	...	15:10
Stackpole Quay	...	15:20
Stackpole (Bus Stop)	...	15:25
Bosherston (Bus Stop)	...	15:32
Broad Haven (Car Park)	...	15:37
St Govan's Head	...	15:46
Bosherston (Bus Stop)	08:57	15:50
St Twynell's (Bus Stop)	09:04	15:57
Merrion	09:07	16:00
Stack Rocks (Car Park)	...	16:06
Castlemartin	09:12	16:14
Freshwater West (Car Park)	09:17	16:19
West Angle Bay	09:29	16:30
Angle (Bus Stop)	09:31	16:33
Hundleton	09:46	16:48
Maidenwells (Bus Stop)	09:50	16:52
Pembroke (Castle)	09:54	16:56
Pembroke Dock (Bethany)	09:59	17:01
Pembroke Dock (St John's Road) *	10:04	17:06
Pembroke Dock (Rail Station)	10:06	17:08

* By request only.

Operated by Pembrokeshire County Council (01437 764551)



COAST PATH MILEAGE:

Cleddau Bridge - Quoit's Mill:

6 miles / 9.6km

Quoit's Mill - Power Station:

4.4 miles / 7km

Power Station - Angle Bay:

4 miles / 6.4km

Angle Bay - Angle Church:

2.2 miles / 3.5km

Angle Church - West Angle Beach:

3 miles / 4.8km

West Angle Beach - Freshwater West:

5.4 miles / 8.6km

Freshwater West - Stack Rocks:

5.4 miles / 8.6km

Stack Rocks - St Govan's:

3.1 miles / 4.9km

St Govan's - Broad Haven (South):

1.1 miles / 1.7km

Broad Haven (South) - Stackpole Quay:

3.1 miles / 4.9km

Stackpole Quay - Freshwater East:

2.9 miles / 4.6km

KEY:

-  National Park
-  Coastal Cruiser Bus Route
-  Information Centres
-  Train Station
-  Refreshments
-  MOD Range
-  349 Service

THINGS TO DO:

Hop on the 'Coastal Cruiser' and enjoy one of the following activities:

- Walkers can use the bus for both 'out' and 'back' journeys or simply use the bus for your outward journey and walk back to your destination.
- Catch the bus to Angle, Broad Haven, Stackpole Quay or Freshwater East and enjoy a day on the beach.
- Grab your climbing gear and hop on the bus to Stack Rocks or St Govan's Head (Saturday only) and go climbing for the day.*

*MOD - Closed when firing. Ring 01646 662367 for details of closures.

EASY WALKS:

Catch the bus to the one-arch bridge (between Stackpole & Boshersston). Cross the bridge and follow the wheelchair accessible path along the Lily Ponds to Broadhaven beach.

Catch the bus to Angle Bay and walk up to Popton Fort.
(2 miles/3.2km return)

Connecting Local Bus Services

- 356 Pembroke - Milford Haven
First Cymru
- 349 Haverfordwest - Pembroke - Tenby
First Cymru
- 348 Haverfordwest - Pembroke - Monkton
First Cymru

Train in Lamphey, Pembroke and Pembroke Dock
(*Transport for Wales*)



HAVERFORDWEST - TENBY OR MONKTON

Monday to Saturday (except Public Holidays)

	348 Sch	348 S&H	349	348 M-F
Withybush Hospital	06:30	06:40	07:15	07:40
Haverfordwest (Picton Place)	06:34	06:44	07:20	07:45
Merlin's Bridge (Roundabout)	06:40	06:50	07:27	07:52
Johnston (Railway Inn)	06:45	06:55	07:33	07:58
Neyland (Brunel Quay)	...	...	07:45	...
Pembroke Dock (Rail Station)	...	...	07:59	08:14
Pembroke Dock (Laws Street)	...	...	08:00	08:15
Pembroke (Coach House)	07:03	07:13	08:15	08:31
Monkton	07:09	07:19	...	08:37
Lamphey (Church)	...	...	08:21	...
Jameston (Swan Lake Inn)	...	...	08:30	...
Manorbier (Village)	...	...	08:39	...
Lydstep (Tavern)	...	...	08:44	...
Penally (Church)	...	...	08:51	...
Tenby (South Parade)	...	...	09:00	...

	348	349	348	349
Withybush Hospital	11:45	12:15	12:45	13:15
Haverfordwest (Picton Place)	11:50	12:20	12:50	13:20
Merlin's Bridge (Roundabout)	11:57	12:27	12:57	13:27
Johnston (Railway Inn)	12:03	12:33	13:03	13:33
Neyland (Brunel Quay)	...	12:45	...	13:45
Pembroke Dock (Rail Station)	12:19	12:59	13:19	13:59
Pembroke Dock (Laws Street)	12:20	13:00	13:20	14:00
Pembroke (Coach House)	12:36	13:15	13:36	14:15
Monkton	12:42	...	13:42	...
Lamphey (Church)	...	13:21	...	14:21
Jameston (Swan Lake Inn)	...	13:30	...	14:30
Manorbier (Village)	...	13:39	...	14:39
Lydstep (Tavern)	...	13:44	...	14:44
Penally (Church)	...	13:51	...	14:51
Tenby (South Parade)	...	14:00	...	15:00

Sch: Schooldays only S&H: Saturdays & School Holidays only
M-F: Monday to Friday only SO: Saturday only

348 SO	349	348	349	348	349	348	349
07:45	08:15	08:45	09:15	09:45	10:15	10:45	11:15
07:50	08:20	08:50	09:20	09:50	10:20	10:50	11:20
07:57	08:27	08:57	09:27	09:57	10:27	10:57	11:27
08:03	08:33	09:03	09:33	10:03	10:33	11:03	11:33
...	08:45	...	09:45	...	10:45	...	11:45
08:19	08:59	09:19	09:59	10:19	10:59	11:19	11:59
08:20	09:00	09:20	10:00	10:20	11:00	11:20	12:00
08:36	09:15	09:36	10:15	10:36	11:15	11:36	12:15
08:42	...	09:42	...	10:42	...	11:42	...
...	09:21	...	10:21	...	11:21	...	12:21
...	09:30	...	10:30	...	11:30	...	12:30
...	09:39	...	10:39	...	11:39	...	12:39
...	09:44	...	10:44	...	11:44	...	12:44
...	09:51	...	10:51	...	11:51	...	12:51
...	10:00	...	11:00	...	12:00	...	13:00

348	349	348	349	348	349	348	349
13:45	14:15	14:45	15:15	15:45	16:15	17:15	18:15
13:50	14:20	14:50	15:20	15:50	16:20	17:20	18:20
13:57	14:27	14:57	15:27	15:57	16:27	17:27	18:27
14:03	14:33	15:03	15:33	16:03	16:33	17:33	18:33
...	14:45	...	15:45	...	16:45	...	18:45
14:19	14:59	15:19	15:59	16:19	16:59	17:49	18:59
14:20	15:00	15:20	16:00	16:20	17:00	17:50	19:00
14:36	15:15	15:36	16:15	16:36	17:15	18:06	19:15
14:42	...	15:42	...	16:42	...	18:12	19:21
...	15:21	...	16:21	...	17:21	...	...
...	15:30	...	16:30	...	17:30	...	...
...	15:39	...	16:39	...	17:39	...	...
...	15:44	...	16:44	...	17:44	...	...
...	15:51	...	16:51	...	17:51	...	...
...	16:00	...	17:00	...	18:00	...	...

Connects with Coastal Cruiser 387/388
Monday to Saturday (Summer only)

No Service on Bank Holiday Mondays
Operated by First Cymru (01437 763284)



HAVERFORDWEST - TENBY OR MONKTON

Monday to Saturday (except Public Holidays)

	348 Sch	348 S&H	349	348 M-F
Tenby (Upper Park Road)	...	...	07:20	...
Penally (Church)	...	...	07:27	...
Lydstep (Tavern)	...	...	07:34	...
Manorbier (Village)	...	...	07:40	...
Jameston (Swan Lake Inn)	...	...	07:49	...
Lamphey (Church)	...	...	07:58	...
Monkton	07:09	07:19	...	08:40
Pembroke (Castle)	07:15	07:25	08:07	08:47
Pembroke Dock (Laws Street)	07:28	07:38	08:22	09:02
Pembroke Dock (Rail Station)	07:29	07:39	08:23	09:03
Neyland (Brunel Quay)	07:42	07:52	08:38	...
Johnston (Railway Inn)	07:54	08:04	08:53	09:20
Merlin's Bridge (Roundabout)	08:04	08:11	08:59	09:26
Haverfordwest (Bus Station) arr.	08:14	08:20	09:08	09:33
Haverfordwest (Bus Station) dep.	08:17	08:22	09:10	09:35
Withybush Hospital	08:25	08:25	09:13	09:38
	348	349	348	349
Tenby (Upper Park Road)	...	13:20	...	14:20
Penally (Church)	...	13:27	...	14:27
Lydstep (Tavern)	...	13:34	...	14:34
Manorbier (Village)	...	13:40	...	14:40
Jameston (Swan Lake Inn)	...	13:49	...	14:49
Lamphey (Church)	...	13:58	...	14:58
Monkton	13:45	...	14:45	...
Pembroke (Castle)	13:52	14:07	14:52	15:07
Pembroke Dock (Laws Street)	14:07	14:22	15:07	15:22
Pembroke Dock (Rail Station)	14:08	14:23	15:08	15:23
Neyland (Brunel Quay)	...	14:38	...	15:38
Johnston (Railway Inn)	14:25	14:53	15:25	15:53
Merlin's Bridge (Roundabout)	14:31	14:59	15:31	15:59
Haverfordwest (Bus Station) arr.	14:38	15:08	15:38	16:08
Haverfordwest (Bus Station) dep.	14:40	15:10	15:40	16:10
Withybush Hospital	14:43	15:13	15:43	16:13

348 S0	349	348	349	348	349	348	349	348	349
...	08:20	...	09:20	...	10:20	...	11:20	...	12:20
...	08:27	...	09:27	...	10:27	...	11:27	...	12:27
...	08:34	...	09:34	...	10:34	...	11:34	...	12:34
...	08:40	...	09:40	...	10:40	...	11:40	...	12:40
...	08:49	...	09:49	...	10:49	...	11:49	...	12:49
...	08:58	...	09:58	...	10:58	...	11:58	...	12:58
08:45	...	09:45	...	10:45	...	11:45	...	12:45	...
08:52	09:07	09:52	10:07	10:52	11:07	11:52	12:07	12:52	13:07
09:07	09:22	10:07	10:22	11:07	11:22	12:07	12:22	13:07	13:22
09:08	09:23	10:08	10:23	11:08	11:23	12:08	12:23	13:08	13:23
...	09:38	...	10:38	...	11:38	...	12:38	...	13:38
09:25	09:53	10:25	10:53	11:25	11:53	12:25	12:53	13:25	13:53
09:31	09:59	10:31	10:59	11:31	11:59	12:31	12:59	13:31	13:59
09:38	10:08	10:38	11:08	11:38	12:08	12:38	13:08	13:38	14:08
09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10
09:43	10:13	10:43	11:13	11:43	12:13	12:43	13:13	13:43	14:13
348	349	348	349	349	348	349			
...	15:20	...	16:20	17:20	...	18:20			
...	15:27	...	16:27	17:27	...	18:27			
...	15:34	...	16:34	17:34	...	18:34			
...	15:40	...	16:40	17:40	...	18:40			
...	15:49	...	16:49	17:49	...	18:49			
...	15:58	...	16:58	17:58	...	18:58			
15:45	...	16:45	...	...	18:15	...			
15:52	16:07	16:52	17:07	18:07	18:22	19:07			
16:07	16:22	17:07	17:22	18:22	18:37	19:22			
16:08	16:23	17:08	17:23	18:23	18:38	19:23			
...	16:38	...	17:38	18:38	...	19:38			
16:25	16:53	17:25	17:53	18:53	18:55	19:53			
16:31	16:59	17:31	17:59	18:59	19:01	19:59			
16:38	17:08	17:38	18:08	19:08	19:08	20:08			
16:40	17:10	17:40	18:10	19:10	19:10	20:10			
16:43	17:13	17:43	18:13	19:13	19:13	20:13			

Sch: Schooldays only S&H: Saturdays & School Holidays only
M-F: Monday to Friday only S0: Saturday only

Connects with Coastal Cruiser 387/388 Mon to Sat (Summer only)
No Service on Bank Holiday Mondays Operated by First Cymru (01437 763284)



COAST PATH MILEAGE:

Freshwater East - Manorbier beach

3.4 miles / 5.4km

Manorbier beach - Lydstep Haven beach

3.9 miles / 6.2km

Lydstep Haven beach - Penally Range

1.2 miles / 1.9km

Penally Range - Tenby Tourist Information Centre

3.1 miles / 4.9km

FARES: The '348/349' is a registered local bus service with fares structured accordingly.

Please ring the operator directly for up to date fare and ticket information

FIRST TRAVEL TICKETS: (First Buses only)

First Day Pembrokeshire Ticket

Adult £6

Child £4

(All Day Travel - after 10.00am)

Family (2+2 or 1+4) £14

First Week Pembrokeshire Ticket

£22 Adult

(All Week Travel)

£14.70 Child

WALKING:

The bus and train are the perfect walking partners in South Pembrokeshire. Jump on the 349 bus or the local train and enjoy one of the following walks:

- Catch the bus/train to Lamphey and walk to Freshwater East to join the coast path. You can then walk to Manorbier and catch the bus/train back. Train 1 mile from village. (4.5 miles/7.2km approximately 3hrs)
- Catch the bus/train to Manorbier and walk to Tenby, where you can then catch the bus/train back to your destination (8 miles/12.8km approximately 4½ hrs).*

* Cliff path at Penally closed during firing times but alternative route available.
Telephone 01834 845776 for details of path closure.

- Catch the bus/train to Manorbier and walk inland to St Florence. Here you can follow the Ritec Valley walk to Tenby and catch a bus/train back to your destination.

EASY WALK:

Catch the bus/train to Penally train station and follow the wheelchair accessible path to Tenby south beach.
(1.5 miles/2km return)

CONNECTING LOCAL BUS SERVICES:

387/388

Pembroke - Bosherton - Stackpole - Angle
Pembrokeshire County Council

356

Pembroke - Milford Haven
First

TRAIN in Pembroke, Lamphey, Manorbier, Tenby, Penally
Transport for Wales



TENBY - PENDINE

Monday to Saturday (except Public Holidays)

					S&H	Sch	Win	Sum
Tenby (Upper Park Road)	...	08:35	11:00	12:50	15:30	15:15	17:30	17:45
Greenhill School	...	...	...	...	...	15:30	...	...
New Hedges	...	08:40	11:05	12:55	15:35	15:35	17:34	17:50
Bevelin Hall	...	08:47	11:12	13:02	15:42	...	...	17:57
Sandy Hill Road	...	08:49	11:14	13:04	15:44	15:39	...	17:59
Stammers Road	...	08:50	11:15	13:05	15:45	15:40	...	18:00
Saundersfoot (Arcade)	...	08:52	11:17	13:07	15:47	15:42	...	18:02
Whitlow	...	08:55	11:20	13:10	15:50	15:45	...	18:05
Pentlepoir	...	08:58	...	13:13	15:53	15:48	17:40	18:08
Kilgetty (opp. Co-op)	...	09:02	...	13:17	15:57	15:52	17:42	18:12
Sardis	...	09:06	...	13:21	16:01	15:56	...	18:16
Wiseman's Bridge	...	09:10	11:24	13:25	16:05	16:00	...	18:20
Pleasant Valley	...	09:14	...	13:29	16:09	16:04	...	18:24
Stepaside	...	09:16	...	13:31	16:11	16:06	...	18:26
Summerhill	...	09:20	11:27	13:35	16:15	16:10	...	18:29
Amroth (Castle)	...	09:23	11:30	13:38	16:18	16:13	...	18:31
Pendine (Church)	...	09:33	...	13:48	16:27	16:22	...	18:38
Whitland (Rail Station)	07:06	...	...	...	...	...	...	...
Tavernspite	07:11	...	...	...	...	...	...	...
Red Roses	07:15	...	...	...	...	...	17:58	...
Pendine (Beach)	07:30	09:35	...	13:50	16:30	16:25	...	18:40

Sch: Schooldays only

S&H: Saturdays & School Holidays only

Operated by Taf Valley Coaches (01994 240908)

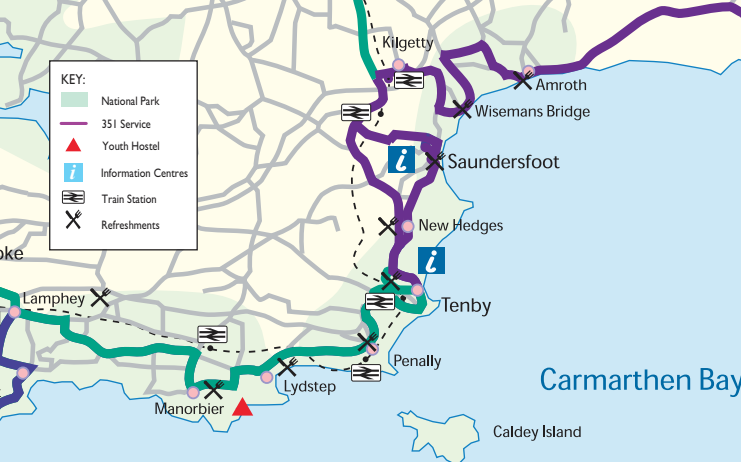
PENDINE - TENBY

Monday to Saturday (except Public Holidays)

					Win	Sum	Win	Sum
Pendine (Beach)	07:32	09:45	...	14:00	16:40	16:40	...	18:41
Red Roses	...	...	...	...	...	...	17:58	18:51
Tavernspite	...	...	...	...	...	...	18:02	18:55
Whitland (Rail Station)	...	...	...	...	...	...	18:06	19:00
Pendine (Church)	07:35	09:48	...	14:03	16:43	16:43	...	...
Amroth (Castle)	07:45	09:58	11:35	14:13	16:53	16:53	...	...
Summerhill	07:48	10:02	11:39	14:17	16:57	16:57	...	...
Stepaside	07:50	10:05	11:42	14:20	17:00	17:00	...	...
Pleasant Valley	07:53	10:08	11:45	14:23	...	17:03	...	...
Wiseman's Bridge	07:57	10:11	11:48	14:26	...	17:06	...	...
Sardis	08:01	10:15	...	14:30	...	17:10	...	...
Kilgetty (Co-op)	08:05	10:18	...	14:33	17:05	17:13	...	...
Pentlepoir	08:09	10:22	...	14:37	17:09	17:17	...	...
Whitlow	08:11	10:26	11:52	14:41	17:13	17:21	...	...
Saundersfoot (Arcade)	08:13	10:28	11:54	14:43	17:15	17:23	...	...
Stammers Road	08:15	10:30	11:56	14:45	17:17	17:25	...	...
Sandy Hill Road	08:16	10:31	11:57	14:46	17:18	17:26	...	...
Bevelin Hall	...	10:33	11:59	14:48	...	...	...	...
New Hedges	08:20	10:40	12:06	14:55	17:20	17:28	...	...
Heywood Lane	08:25	...	...	...	...	...	...	...
Tenby (South Parade)	08:30	10:45	12:10	15:00	17:25	17:33	...	...

Sum: Summer only (Good Friday to last Saturday in September)

Win: Winter only (last Sunday in September to Thursday before Good Friday)



COAST PATH MILEAGE:

Tenby Tourist Information Centre - Saundersfoot Harbour

3.8 miles / 6.1km

Saundersfoot Harbour - Wiseman's Bridge 1.2 miles / 1.9km

Wiseman's Bridge - Amroth 2.1 miles / 3.3km

FARES: The 351 is a registered local bus service with fares structured accordingly.

Please ring the operator directly for up to date fare and ticket information

CONNECTING LOCAL BUS SERVICES:

- 352 Kilgetty - Tenby *TafValley Coaches*
- 361 Tenby - Cresselly - Pembroke Dock
Pembrokeshire County Council
- 349 Tenby - Pembroke - Haverfordwest
First
- 381 Tenby - Narberth - Haverfordwest
TafValley Coaches

Connects with TRAIN in Tenby – *Transport for Wales*

WALKING:

Get on the 351 bus and enjoy one of the following walks:

- Catch the bus to Saundersfoot and walk back to Tenby. (3.8 miles/6.1km, approximately 2hrs). You can also do this walk with the local 352 & 381 buses that travel between Tenby - Saundersfoot.
- Catch the bus to Tenby, Saundersfoot or Amroth and enjoy a day on the beach!
- Catch the bus to Amroth and walk to Tenby (7.1 miles/11.4km approximately 3 1/2 hrs)

430 SERVICE

Richards Brothers



CARDIGAN - NARBERTH

Monday to Saturdays (except Bank Holidays)

Cardigan (Tesco Store)	...	09:12	12:12	15:12	16:15	17:42
Cardigan (Finch's Square)	07:45	09:15	12:15	15:15	16:18	17:45
Penybryn	07:48	09:18	12:18	15:18	16:21	17:48
Cilgerran (Cardiff Arms)	...	09:21	12:21	15:21	16:24	17:51
Cilgerran (Llwynceilyn junction)	...	09:24	12:24	15:24	16:27	17:54
Cilgerran (Pendre)	...	09:26	12:26	15:26	...	17:56
Ty Rhos	...	09:29	12:29	15:29	...	17:59
Rhos Hill	07:51	09:30	12:30	15:30	...	18:00
Boncath	...	09:35	12:35	15:35	...	18:05
Blaenffos	07:54	09:38	12:38	15:38	...	18:08
Crymch	07:59	09:43	12:43	15:43	...	18:13
Hermon	08:04	09:48	12:48	15:48	...	18:18
Pentre Galar	...	09:53	12:53	15:53	...	...
Glandy Cross	...	09:58	12:58	15:58	...	...
Efailwen	...	10:00	13:00	16:00	...	...
Llandissilio	...	10:03	13:03	16:03	...	...
Clunderwen	...	10:06	13:06	16:06	...	...
Narberth	...	10:16	13:16	16:16	...	...

NARBERTH - CARDIGAN Monday to Saturdays

Narberth	...	10:35	13:35	...	16:30	...
Clunderwen	...	10:45	13:45	...	16:40	...
Llandissilio	...	10:48	13:48	...	16:43	...
Efailwen	...	10:51	13:51	...	16:46	...
Glandy Cross	...	10:53	13:53	...	16:48	...
Pentre Galar	...	10:58	13:58	...	16:53	...
Hermon	08:05	11:03	14:03	...	16:58	18:20
Crymch	08:10	11:08	14:08	...	17:03	18:25
Blaenffos	08:15	11:13	14:13	...	17:15	18:30
Boncath	08:18	11:16	14:16	...	17:11	18:33
Rhos Hill	08:23	11:21	14:21	...	17:16	18:38
Ty Rhos	08:24	11:22	14:22	...	17:17	18:39
Cilgerran (Pendre)	08:27	11:25	14:25	...	17:20	18:42
Cilgerran (Llwynceilyn junction)	08:30	11:28	14:28	16:28	17:23	18:45
Cilgerran (Cardiff Arms)	08:32	11:30	14:30	16:30	17:25	18:47
Penybryn	08:37	11:35	14:35	16:35	17:28	18:50
Cardigan (Finch's Square)	08:44	11:42	14:42	16:42	17:33	18:55
Cardigan (Tesco Store)	R	R	R	R	17:35	...

R: Request Stop

This service is provided by Pembrokeshire County Council in conjunction with Ceredigion County Council
Operated by Richards Brothers (01239 613756)

SERVICE 381

Taf Valley Coaches



HAVERFORDWEST - NARBERTH - TENBY

Monday to Saturday (except where shown)

Sch: Schooldays only

S&H: Saturdays & School Holidays only

A: Service extends to Withybush Hospital on request

This service is provided by Pembrokeshire County Council

SLF

Operated by TafValley Coaches (01994 240908)

	S&H	Sch			
Haverfordwest (Bus Station)	...	...	08:55	09:55	10:55
Withybush Hospital	...	...	08:57	09:57	10:57
Slebech	...	...	09:07	10:07	11:07
Canaston Bridge	...	...	09:12	10:12	11:12
Robeston Wathen	...	...	09:14	10:14	11:14
Cox Hill	...	...	09:17	10:17	11:17
Narberth (Moorfield Road)	...	...	09:20	10:20	11:20
Kiln Park Road	...	...	09:22	10:22	11:22
Whitland	06:45	07:35	...	...	...
Tavernspite	06:50	07:40	...	...	...
Princes Gate	06:57	07:46	09:27	10:27	11:27
Templeton (Boar's Head)	07:00	07:49	09:30	10:30	11:30
Folly Farm	07:03	07:52	09:33	10:33	11:33
Begelly	07:05	07:54	09:35	10:35	11:35
Kilgetty (Co-op)	...	...	09:41	10:41	11:41
Pentlepoir	07:10	08:00	09:43	10:43	11:43
Valley Road	...	08:02	09:45	10:45	11:45
Ridgeway	...	08:04	09:47	10:47	11:47
Saundersfoot (Arcade)	...	08:09	09:52	10:52	11:52
New Hedges	...	08:15	10:00	11:00	12:00
Heywood Lane	...	08:19	...	...	...
Tenby (South Parade)	07:20	08:25	10:05	11:05	12:05

11:55	12:55	13:55	14:55	15:55	16:55	17:55	18:45
11:57	12:57	13:57	14:57	15:57	16:57	17:57	18:47
12:07	13:07	14:07	15:07	16:07	17:07	18:07	18:57
12:12	13:12	14:12	15:12	16:12	17:12	18:12	19:02
12:14	13:14	14:14	15:14	16:14	17:14	18:14	19:04
12:17	13:17	14:17	15:17	16:17	17:17	18:17	19:07
12:20	13:20	14:20	15:20	16:20	17:20	18:20	19:10
12:22	13:22	14:22	15:22	16:22	17:22	18:22	...
...	...	...	...	...	...	...	19:22
...	...	...	...	...	...	...	...
12:27	13:27	14:27	15:27	16:27	17:27	18:27	...
12:30	13:30	14:30	15:30	16:30	17:30	18:30	...
12:33	13:33	14:33	15:33	16:33	17:33	18:33	...
12:35	13:35	14:35	15:35	16:35	17:35	18:35	...
12:41	13:41	14:41	15:41	16:41	17:41	18:41	...
12:43	13:43	14:43	15:43	16:43	17:43	18:43	...
12:45	13:45	14:45	15:45	16:45	17:45	18:45	...
12:47	13:47	14:47	15:47	16:47	17:47	18:47	...
12:52	13:52	14:52	15:52	16:52	17:52	18:52	...
13:00	14:00	15:00	16:00	17:00	18:00	19:00	...
...	...	...	...	...	...	...	...
13:05	14:05	15:05	16:05	17:05	18:05	19:05	...

TENBY - NARBERTH - HAVERFORDWEST

Monday to Saturday (except where shown)

	S&H	Sch			
Tenby (Upper Park Road)	07:25	08:40	09:40	10:40	11:40
Greenhill School	...	...	...	...	...
New Hedges	07:29	08:44	09:44	10:44	11:44
Saundersfoot (Arcade)	07:38	08:53	09:53	10:53	11:53
Ridgeway	07:41	08:56	09:56	10:56	11:56
Valley Road	07:43	08:58	09:58	10:58	11:58
Pentlepoir	07:46	09:01	10:01	11:01	12:01
Kilgetty (Co-op)	07:49	09:04	10:04	11:04	12:04
Begelly	07:51	09:06	10:06	11:06	12:06
Folly Farm	07:53	09:08	10:08	11:08	12:08
Templeton (Boar's Head)	07:57	09:12	10:12	11:12	12:12
Princes Gate	08:00	09:15	10:15	11:15	12:15
Kiln Park Road	08:07	09:22	10:22	11:22	12:22
Tavernspite	...	...	...	...	...
Whitland	...	...	...	...	...
Narberth (Moorfield Road)	08:11	09:26	10:26	11:26	12:26
Cox Hill	08:13	09:28	10:28	11:28	12:28
Robeston Wathen	08:15	09:30	10:30	11:30	12:30
Canaston Bridge	08:17	09:32	10:32	11:32	12:32
Slebech	08:22	09:37	10:37	11:37	12:37
Haverfordwest (Bus Station)	08:32	09:47	10:47	11:47	12:47
Haverfordwest (Bus Station)	08:55	09:55	10:55	11:55	12:55
Withybush Hospital	A	09:57	10:57	11:57	12:57

12:40	13:40	14:40	15:40	15:15	16:40	17:35	18:10	19:10
...	...	...	...	15:30	...	...	...	...
12:44	13:44	14:44	15:44	15:34	16:44	17:39	18:14	19:14
12:53	13:53	14:53	15:53	15:43	16:53	17:47	18:23	19:23
12:56	13:56	14:56	15:56	15:46	16:56	17:50	18:26	19:26
12:58	13:58	14:58	15:58	15:48	16:58	17:52	18:28	19:28
13:01	14:01	15:01	16:01	15:51	17:01	17:55	18:31	19:31
13:04	14:04	15:04	16:04	15:54	17:04	17:58	...	19:32
13:06	14:06	15:06	16:06	15:56	17:06	18:00	18:36	...
13:08	14:08	15:08	16:08	15:58	17:08	18:02	18:38	...
13:12	14:12	15:12	16:12	16:02	17:12	18:06	18:42	...
13:15	14:15	15:15	16:15	16:05	17:15	18:08	18:44	...
13:22	14:22	15:22	16:22	16:12	17:22	18:15	...	...
...	...	...	...	...	...	...	18:50	19:41
...	...	...	...	...	...	...	18:54	19:46
13:26	14:26	15:26	16:26	16:16	17:26	18:19	...	...
13:28	14:28	15:28	16:28	16:18	17:28	18:21	...	...
13:30	14:30	15:30	16:30	16:20	17:30	18:23	...	...
13:32	14:32	15:32	16:32	16:22	17:32	18:25	...	...
13:37	14:37	15:37	16:37	16:27	17:37	18:30	...	...
13:47	14:47	15:47	16:47	16:37	17:47	18:40	...	...
13:55	14:55	15:55	16:55	16:55	17:55	18:45	...	...
13:57	14:57	15:57	16:57	16:57	17:57	18:47	...	...



PEMBROKE DOCK - TENBY
VIA CAREW & ST FLORENCE

Monday to Friday (except Public Holidays)

Pembroke Dock (Albion Square)	07:45	10:30	14:30
Pembroke Dock (Laws Street)	07:47	10:32	14:32
Pembroke Dock (Rail Station)	07:48	10:33	14:33
Pembroke Dock (Tesco)	07:50	10:35	14:35
Milton	07:57	10:42	14:42
Carew (Castle)	07:59	10:44	14:44
Carew (Bird's Lane)	08:01	10:46	14:46
Sageston	08:03	10:48	14:48
St Florence (Longstone)	08:10	10:55	14:55
Manor House Park	08:13	10:58	14:58
Gumfreston	08:14	10:59	14:59
Tenby (Oakridge Acres)	08:20	11:05	15:05
Tenby (Lady Park)	08:22	11:07	15:07
Tenby (Upper Hill Park)	08:23	11:08	15:08
Tenby (The Glebe)	08:25	11:10	15:10
Tenby (Hospital)	08:26	11:11	15:11
Tenby (South Parade)	08:30	11:15	15:15

TENBY - PEMBROKE DOCK

Monday to Friday (except Public Holidays)

Tenby (Upper Park Road)	08:45	11:30	15:30	17:30
Tenby (Hospital)	...	11:34	15:34	17:34
Tenby (The Glebe)	...	11:36	15:36	17:36
Tenby (Upper Hill Park)	...	11:38	15:38	17:38
Tenby (Lady Park)	...	11:39	15:39	17:39
Tenby (Serpentine Road)	...	11:41	15:41	17:41
Tenby (Oakridge Acres)	08:49	11:42	15:42	17:42
Gumfreston	08:54	11:47	15:47	17:47
Manor House Park	08:55	11:48	15:48	17:48
St Florence (Longstone)	08:58	11:51	15:51	17:51
Sageston	09:05	11:58	15:58	17:58
Carew(Bird's Lane)	09:07	12:00	16:00	18:00
Carew (Castle)	09:09	12:02	16:02	18:02
Milton	...	12:04	16:04	18:04
Pembroke Dock (Tesco)	...	12:10	16:10	18:10
Pembroke Dock (Rail Station)	...	12:12	16:12	18:12
Pembroke Dock (Laws Street)	...	12:13	16:13	18:13
Pembroke Dock (Albion Square)	...	12:15	16:15	18:15

This service is provided by Pembrokeshire County Council

INFORMATION CENTRES

Haverfordwest Information Centre

Glan-yr-Afon/Riverside, off Swan Square,
Haverfordwest, Pembrokeshire SA61 2AN **Tel: 01437 775244**
E-Mail: haverfordwestlibrary@pembrokeshire.gov.uk

Milford Haven Library and Information Centre

Cedar Court, Haven's Head Business Park
Milford Haven, Pembrokeshire SA73 3LS **Tel: 01437 771888**
E-Mail: milfordlib@pembrokeshire.gov.uk

Pembroke Tourist Information Centre

Commons Road, Pembroke SA71 4EA **Tel: 01437 776499**
Email: pembrokelibrary@pembrokeshire.gov.uk

Saundersfoot Library and Information Centre

Regency Hall, Saundersfoot, Pembrokeshire SA69 9NG
Tel: 01437 776050
E-Mail: saundersfootlibrary@pembrokeshire.gov.uk

Fishguard Customer Service & Information Centre

Town Hall, The Square, Fishguard SA65 9HA
Tel: 01437 776636
E-Mail: fishguard.tic@pembrokeshire.gov.uk

Tenby Customer Service & Information Centre

Upper Park Road, Tenby SA70 7LT **Tel: 01437 775603**
E-Mail: tenby.tic@pembrokeshire.gov.uk

Newport Information Centre

Bank Cottage, Long Street, Newport, Pembrokeshire SA42 0TN
E-Mail: newportinformation@icloud.com

Oriel y Parc Gallery & Visitor Centre

High Street, St David's, Pembrokeshire SA62 6NW
Tel: 01437 720392
E-Mail: info@orielyparc.co.uk

If you would like to receive future updates on the coastal buses or if you have any comments/complaints, please email Greenways@Pembrokeshire.gov.uk or phone 01437 776313.