

Haverfordwest

LEISURE CENTRE

Main Pool Timetable

Pembrokeshire Leisure
Hamdden Sir BenfroExcluding May 27th – June 2nd
for Whitsun Half Term

April 29th - July 21st 2019

MAIN POOL

(2m depth)

Monday

07:30-17:20 Lane Swimming*1*5
20:30-22:00 Lane Swimming

Tuesday

06:00-14:00 Lane Swimming*2*4
07:30-08:30 Adult Swimfit (2 lanes)
14:00-17:10 Public Swimming*1*3
20:15-22:00 Lane Swimming

Wednesday

07:30-17:20 Lane Swimming*1*5
19:30-22:00 Lane Swimming*4
21.00-22.00 Adult Swimfit (3 lanes)

Thursday

06:00-14:00 Lane Swimming*2*4
14:00-17:10 Public Swimming*1*3
19:15-20:00 Junior Swimfit (2 lanes)
19.15-20.00 Public Swimming (2 lanes)
21.05-22.00 Public Swimming

Friday

07:30-17:00 Lane Swimming*1*5
19:00-20:00 Lane Swimming

Saturday

09:00-12:00 Lane Swimming
12:00-16:00 Public Swimming*3

Sunday

09:00-18:00 Public Swimming*3

**For a copy in large print,
easy-read,braille, audio or an
alternative language, please
contact Pembrokeshire County
Council on 01437 764551**

MAIN POOL

(Variable Depth)

Monday

06:00-09:10 Public Swimming*3
12:00-12:55 Easy Aqua Circuits
15:00-15:50 Public Swimming
21:10-22:00 Public Swimming

Tuesday

06:00-09:50 Public Swimming
12:00-13:00 Public Swimming
15:00-15:50 Public Swimming
18:15-19:00 Public Swimming
21:00-22:00 Public Swimming

Wednesday

06:00-09:10 Public Swimming*3
12:00-12:55 Aquafit
15:00-15:50 Public Swimming
20:15-21:00 Adult Improver Lessons
21:00-22:00 Public Swimming
21:00-22:00 Advanced Adult Lessons

Thursday

06:00-09:50 Public Swimming*3
12:00-13:30 Public Swimming
15:00-15:50 Public Swimming
21:10-22:00 Public Swimming

Friday

06:00-09:50 Public Swimming*3
12:00-13:30 Aquafit
15:00-15:50 Public Swimming
17:15-17:55 Public Swimming*1
21:10-22:00 Public Swimming

Saturday

11:00-13:00 Family Swimming
13:00-16:00 Public Swimming

Sunday

09:00-10:00 Family Swimming*
10:05-13:00 Family Swimming
13:00-13:45 Public Splashtime
14:00-15:00 Birthday Parties

**(* FREE swimming
for under 16's between
0900-1000, parents/
guardians wishing to
attend this session
to pay £1 per person)**

Customer Information

Family Swimming - please refer to the admission policy in reception**Pool Closures** - please ensure you check in house or on the website for pool closures
All sessions are 55 minutes long.

- *1 There will be 1 lane set aside for swimming lessons in this session
- *2 During these sessions there will be 2 or more lanes available for the Public
- *3 There will be 2 lanes set aside during this session for LANE swimming, the pool will be at a permanent depth of 2m
- *4 3 lanes CLOSED during 0730-0830 for the RNLI
- *5 2 lanes set aside 0730-0800 for county squad

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