



Main Pool Timetable

29.04.19 – 21.07.19 (Excluding 27.05-02.06) Version 1

Monday

0700 – 0855 Lane Swimming
1200 – 1300 Public & Lane Swimming
1805 – 1855 Public Swimming (Half pool)

Tuesday

0700 – 0840 Lane Swimming
0845 – 0945 Aqua Aerobics
1200 – 1300 Public & Lane Swimming
1300 – 1500 Public Swimming
1715 – 1815 Public & Lane Swimming
1815 – 1915 Adult Improvers/Coaching
1920 – 1950 Aqua HIIT
2000 – 2100 Public & Lane Swimming *

Wednesday

0700 – 0855 Lane Swimming
1215 – 1315 Public & Lane Swimming
1700 – 1755 Lane Swimming (2 Lanes)
1800 – 1855 Public Swimming (Half Pool)

Thursday

0630 – 0730 Swimming Coaching
0730 – 0825 Lane Swimming
0830 – 0920 Aqua Aerobics
0930 – 1020 Aqua Aerobics
1200 – 1300 Lane Swimming
1300 – 1500 Public Swimming *
1810 – 1930 Public Swimming (Half pool)
1915 – 2015 Public & Lane Swimming
2015 – 2100 Ladies Only
2100 – 2155 Lane Swimming

Friday

0700 – 0825 Lane Swimming
0830 – 0930 Aqua Aerobics
1200 – 1300 Lane Swimming
1300 – 1400 Public Swimming
1500 – 1645 SPLASH TIME
1700 – 1800 Lane Swimming
2100 – 2155 Lane Swimming (2 Lanes)

Saturday

1100 – 1200 Lane Swimming
1200 – 1400 Public Swimming*
1415 – 1615 Private Hire

Sunday

0915 – 1010 Lane Swimming (2 Lanes)
1015 – 1115 Junior Swim Fit
1115 – 1255 SPLASH TIME
1300 – 1445 Public Swimming

POOL CLOSURES

* This session will not be available on Tuesday 30.04.19, 21.05.19 or 04.06.19.

* The pool is unavailable between 1400 & 1500 on Thursday 02.05.19 and 13.06.19.

Admission policy applies to all sessions.

SPLASH TIME: Party in the pool!! Fun filled session; floats, stepping stones, balls, beach inflatables, music and more.

Public Swimming* - This session is free for all children aged 16 and under.

Tel:- 01437 776 660

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