# **Pembrokeshire**

# Leisure



### Swimming

Make a splash in our pools and make the most of our holiday swimming provision!

Whether you want some family fun or to improve your swimming skills we have something for everyone at Pembrokeshire Leisure.

Our 6 pools offer the following:

#### Passport To Leisure

You may be eligible to use our facilities at a reduced rate – all year round! Passport to leisure is available to all residents who live within the county of Pembrokeshire and who fall into one of the eligibility categories.

Ask at your local leisure centre for more information.

#### Intensive Swimming Lessons!

Across Pembrokeshire Leisure we are running a variety of intensive swimming lesson courses.





### Free Swimming

During the school
holidays, children aged
16 and under can swim
for free!
Available at all
Pembrokeshire Leisure
Pools. Tuesday

& Thursday 1300-1500

## Weekend Family Swimming

During this session,
children aged 16 and under
swim for free and
accompanying adults pay a
discounted fee to swim!
1 hour on a weekend
provided at all sites check centre
timetables for
times.

### What are the benefits?

• Intensive lessons are a great way to give your child that extra boost with their swimming, working on strokes and water skills in a fun and structured swimming lesson.



During the school holidays families can swim at a discounted rate of just £5! (max. 2 adults and 2 children)

Monday to Friday (excluding bank holidays)

1500-1700

#### Dragon Swim

At all 6 of our pools we offer Dragon Swim, the perfect chance for children aged 16 and under to top up their swimming skills or learn a new skill.

1 hour per site per week

provided – check centre timetables for days and times.



Ideal for
 children who have
 been in the same Wave
for a couple of terms to help
them complete that Wave

- Earn Wave and distance badges
- Keep up swimming skills during the long break from term time lessons
  - TO HAVE FUN!

