Fishguard LEISURE CENTRE



Swimming Pool Timetable April 15th – April 28th 2019

Monday April 15 th		
0700 - 0900	Lane Swimming	
0700 - 1000	Adult & Child Swimming	
0900 - 1000	Adult Swimming	
1000 - 1100	Children's Intensive Swimming	
	Lessons	
1100 - 1300	Public Swimming	
1500- 1700	Family Swim	
1700 - 1900	Adult & Child Swimming	
1915 - 2000	Public Swimming	
2000 - 2100	Lane Swimming	

Tuesday April 16th & 23rd

0700 - 0900	Lane Swimming
0700 - 0900	Adult & Child Swimming
0900 - 1000	Public Swimming
1000 - 1100	Children's Intensive Swimming
	Lessons
1150 - 1250	Aqua Fit
1150 - 1250	Adult & Child Swimming
1300 - 1500	2.Splashtime
1500 -1700	Family Swim
1900 - 2000	Adult Swimming Lessons for
	Improvers
2000 - 2100	Adult Swim Fit for advanced

Wednesday April 17th & 24th

0700 - 0900	Lane Swimming
0700 - 1000	Adult & Child Swimming
0900 - 1000	Adult Swimming
1000 - 1100	Children's Intensive Swimming
	Lessons
1100 - 1200	Dragon Swim – FREE
1100- 1200	Adult & Child Swimming
1500 - 1700	Family Swim
1730 - 1830	Fun Inflatable Session
1900 - 2000	Lane Swimming

Thursday April 18th & 25th

0700 - 0900	Lane Swimming
0700 - 1000	Adult & Child Swimming
0900 -1000	Aqua Fit
1000 - 1100	Children's Intensive Swimming
	Lessons
1130 - 1230	Fun Inflatable Session
1300 - 1500	Splashtime
1500 - 1700	Family Swim
1930 - 2100	Lane Swimming

Friday April 26th

0700 - 0900	Lane Swimming
0700 - 1000	Adult & Child Swimming
0900 - 1000	Adult Swimming
1000 - 1100	Children's Intensive Swimming
	Lessons
1100 - 1300	Public Swimming
1500 - 1700	Family Swim
1700 –1845	Splashtime
2000 –2100	Lane Swimming

Saturday April 27th

0815 - 0930	Lane Swimming
0815 - 0930	Adult & Child Swimming
0930 - 1130	Public Swimming
1145 - 1245	1.Family Swim (Learner pool &
	shallow end of main pool only)
1300 – 1400	Private Hire
1415 - 1600	Public Swimming

Sunday April 28th

Sunday April 20		
0830 - 0930	Lane Swimming	
0830 - 1015	Adult & Child Swimming	
0930- 1015	Adult Swimming	
1015 - 1330	Public Swimming	
1345 - 1445	Private Hire	

Please Note:

- Good Friday April 19th
- Saturday April 20th
- Sunday April 21st
- Easter Monday April 22nd

The centre is open 0800-1500 Please see opposite pool timetable.



- 0800-0900 Lane Swimming
- 0900-1000 Adult Swimming
- > 1000-1400 Public Swimming

Free swimming for children Saturday 1145-1245 & £1.00 per Adult accompanying a child

FREE swimming for children 3-16 years

£5 Family Swim ticket, maximum of 2 adults and 2 children

Learner pool only

Version :