

Easter Holidays

15.04.19-28.04.19



Dragon Swim

Wednesday 17th 1100-1200

Wave 5 Frontcrawl Workshop

Wednesday April 24th 1100-1200

Wave 5 Mystery Workshop



Children's Intensive Swimming Lessons

Monday April 15th - Thursday April 18th

Tuesday April 23rd - Friday April 26th
1000-1100

Intensive lessons are the perfect way to top up your swimming skills and give an extra push to help develop your swimming strokes.



Balanceability!

Thursday April 18th & Wednesday April 24th

Tiddlers 0930-1000, Tots 1000-1045, Mini's 1045-1130



A fun session for your little ones to learn all there is to know about riding a bike. Our lightweight, pedal less bikes will give your little ones the right start to learn a valued life skill and much more in a safe, fun and friendly environment led by our qualified instructors.

PlayZone

Tuesday April 16th & 23rd 1030-1230

Thursday April 18th & April 25th 1430-1630
0-9 years

A great way to spend a few hours on rainy days or for some indoor fun ☺

Junior Spring Fit

Monday April 15th 1800-1830

Friday April 26th 1200-1230

Bounce into spring with our great trampets. A fun way for children aged 8-12 years to try something new and exciting this Easter.

Egg-citing Easter Cook It!

Tuesday April 16th

Tots 0930-1000 & Mini's 1015-1100

Come and join us in making some tasty treats for your little ones to create and bring home for family and friends to enjoy.

*Junior Spin

Monday April 15th 1715-1745

Group cycling session with a fun instructor! Bring the fun of cycling with friends outdoors in with our great coach by colour spin bikes children will just love.

*minimum height 145cm

Booking Essential. Parents are required to stay in the building for children under the age of 8 and to remain with their child if under 4 years. For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551.

01437 775504

www.pembrokeshire.gov.uk/leisure

Easter Activities

15.04.19-28.04.19

Fitness Club

11 & 12 year olds can come and use the fitness suite. Come on your own or with friends to keep yourself active and motivated this Easter.

***kickstart required**

Tuesday April 16th & 23rd 1000-1100

Wednesday April 17th & 24th 1900-2000

Thursday April 18th & 25th 1600-1730

Friday April 26th 0900-1100

Saturday April 20th & 27th 1030-1130

Rhyme Time

Come and have a morning singing lovely lullabies, reading nursery rhymes, chat and sing all together. Enjoy a nice cuppa whilst your little ones play in a safe environment with you by their side.

Monday April 15th 0930-1030

0+ years

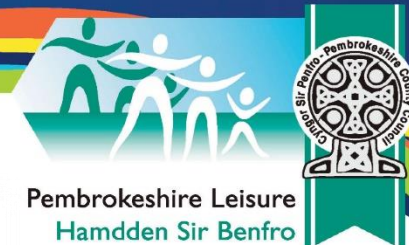
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Fishguard

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Tuesday's 09:30 Pater Hall, Lewis Street Pembroke Dock

Wednesdays: 17:30 & 19:30 Haverfordwest Community Learning Centre, off Dew street - behind the old library

Thursdays: 09:00 & 11:00 Haverfordwest Leisure Centre, St Thomas Green

Thursdays: 17:30 Christchurch Methodist Church, Priory Road Milford Haven

slimmingworld.co.uk



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