



Easter Activities

15th - 28th April



FREE

Dragon Swim

Are you wave 5 or above? Come along and learn new aquatic skills in a FREE, fun and structured session. **1000-1100** **Wave 5+**

Wednesday 17th - Snorkelling

Wednesday 24th - Water Polo

Balanceability

A fun, instructor lead session for your little ones to master the key aspects of static and dynamic balance. We provide balance bikes which are lightweight bikes without pedals. The right start to learn a valued life skill and much more in a safe, fun and friendly environment.



Wednesday 17th

2½ - 5 years

1000 - 1100



Family Fun

Enjoy a cuppa whilst the children burn off some energy on our large inflatable, play badminton, football, take part in the guided craft session and much more.

16th, 18th, 23rd, 25th April 1000-1200

0-7 years

Cheerleading

A combination of stunts, gymnastics, jumps and dance. Using pom poms to create exciting and fun routines. A great way to do exercise and have fun and make friends.

Tuesday 16th

3-6yrs: 1530-1615

7-10yrs: 1615-1715

Soccer School

A fun way to improve your football skills and take on your opposition with this action packed session.

Wednesday 24th

5-7yrs: 1000-1100

8-11yrs: 1100-1230



01437 776660



Booking Essential. Parents are required to stay in the building for children under the age of 8 and to remain with their child if under 4 years. For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551.

Pembroke

LEISURE CENTRE



Alison Coast
07792 490 723



**be
gorgeous!**
with
Slimming World

Tuesday's 09:30 Pater Hall, Lewis Street Pembroke Dock

Wednesdays: 17:30 & 19:30 Haverfordwest Community Learning Centre, off Dew street - behind the old library

Thursdays: 09:00 & 11:00 Haverfordwest Leisure Centre, St Thomas Green

Thursdays: 17:30 Christchurch Methodist Church, Priory Road Milford Haven

slimmingworld.co.uk



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