



## Easter Main Pool Timetable

15<sup>th</sup> - 28<sup>th</sup> April 2019



### Monday

0700 – 0825 Lane Swimming  
0830 – 0900 Swimming Lessons  
0905 – 1155 Public Swimming  
1200 – 1300 Lane Swimming (Adults Only)  
1300 – 1500 Public Swimming  
**1500 – 1655 Public Swimming**  
1815 – 1855 Public Swimming (Half Pool)

### Tuesday

0700 – 0825 Lane Swimming  
0830 – 0900 Swimming Lessons  
0900 – 1000 Aqua Aerobics  
1005 – 1155 **SPLASH TIME**  
1200 – 1300 Lane Swimming (Adults Only)  
1300 – 1500 Public Swimming  
**1500 – 1700 Public Swimming**  
1715 – 1815 Public and Lane Swimming  
1815 – 1915 Adult Improvers/Coaching  
1920 – 1950 Aqua HIIT

### Wednesday

0700 – 0825 Lane Swimming  
0830 – 0900 Swimming Lessons  
1000 – 1100 Dragon Swim  
1100 – 1155 Public Swimming  
1200 – 1300 Lane Swimming (Adults Only)  
1300 – 1530 Public Swimming  
1700 – 1855 Lane Swimming (2 Lanes)  
1900 – 2055 Public Swimming

### Thursday

0630 – 0730 Swimming Coaching  
0730 – 0825 Lane Swimming  
0830 – 0900 Swimming Lessons  
0900 – 1000 Aqua Aerobics  
1005 – 1155 Public Swimming  
1200 – 1300 Lane Swimming (Adults Only)  
1300 – 1500 Public Swimming  
**1500 – 1700 Public Swimming**  
1810 – 1930 Public Swimming (Half Pool)  
1930 – 2015 Public and Lane  
2015 – 2100 Ladies Only  
2100 – 2155 Lane Swimming

### Friday

0700 – 0825 Lane Swimming  
0830 – 0900 Swimming Lessons  
0900 – 1000 Aqua Aerobics  
1005 – 1155 Public Swimming  
1200 – 1300 Lane Swimming (Adults Only)  
1300 – 1500 **SPLASH TIME**  
**1500 – 1700 Public Swimming**  
1700 – 1800 Lane Swimming  
2100 – 2155 Lane Swimming (2 Lanes)

### Saturday

0830 – 1025 Lane Swimming  
1030 – 1400 Public Swimming  
1415 – 1615 Private Hire

### Sunday

0915 – 1045 Lane Swimming  
1100 – 1255 **SPLASH TIME**  
1300 – 1445 Public Swimming



**Public Swimming: £5 Family Swim Ticket (Up to 4 people, 2 adults maximum)**

**Public Swimming: Free Swimming for children aged 16 and under.**

**Dragon Swim: Free structured session for children aged 16 and under.**

**SPLASH TIME:** Party in the pool!! Fun filled session; floats, stepping stones, balls, beach inflatables, ball pool balls and music.

**Admission policy applies to all sessions.**

*For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembroke County Council on 01437 764551.*



**01437 776660**

[www.pembrokeshire.gov.uk/leisure](http://www.pembrokeshire.gov.uk/leisure)

## Easter Learner Pool Timetable

15<sup>th</sup> - 28<sup>th</sup> April 2019



### Monday (Closed 22.04.19)

0900 – 1045 Swimming Lessons  
1100 – 1200 Family Swimming  
1200 – 1500 Public Swimming  
1500 – 1700 Public Swimming  
1700 – 1900 Public Swimming

### Tuesday

0820 – 1000 Swimming Lessons  
1055 – 1155 SPLASH TIME  
1200 – 1300 Public Swimming  
1300 – 1500 Public Swimming  
1500 – 1700 Public Swimming  
1700 – 1900 Public Swimming

### Wednesday

0900 – 1045 Swimming Lessons  
1100 – 1200 Family Swimming  
1200 – 1500 Public Swimming  
1500 – 1700 Public Swimming  
1700 – 1900 Public Swimming

### Thursday

0900 – 1045 Swimming Lessons  
1100 – 1200 Family Swimming  
1200 – 1500 Public Swimming  
1500 – 1700 Public Swimming  
1700 – 1900 Public Swimming

### Friday

0900 – 1045 Swimming Lessons  
1100 – 1200 Family Swimming  
1200 – 1300 Public Swimming  
1300 – 1500 SPLASH TIME  
1500 – 1700 Public Swimming

### Saturday

0900 – 1100 Public Swimming  
1100 – 1200 Saturday Family Swimming  
1200 – 1400 Public Swimming  
1415 – 1615 Private Hire

### Sunday

0900 – 1100 Public Swimming  
1100 – 1300 SPLASH TIME  
1300 – 1445 Public Swimming

**Public Swimming:** £5 Family Swim Ticket (Up to 4 people, 2 adults maximum)

**Public Swimming:** Free Swimming for children aged 16 and under.

**Family Swimming:** During these sessions the child admission policy is relaxed so that you can bring more children per adult. See admission policy for full details.

**Saturday Family Swimming:** Free Swimming for all children aged 16 and under and £1 for accompanying adults.

**SPLASH TIME:** Party in the pool!! Fun filled session; floats, stepping stones, balls, beach inflatables, ball pool balls and music.

Admission policy applies to all sessions.



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