



Easter Activities

15th - 28th April



Dragon Swim

Are you wave 4 or above? Why not improve your swimming skills and come to our **FREE** breaststroke top up session.

FREE Wednesday 17th & 24th 0900-1000 Wave 4+

Balanceability

A fun, instructor lead session for your little ones to master the key aspects of static and dynamic balance. We provide balance bikes which are lightweight bikes without pedals. The right start to learn a valued life skill and much more in a safe, fun and friendly environment.

Tuesday 16th & 24th

2½ - 3 years: 1400 - 1430 4 - 6 years: 1435 - 1520



Family Fun

Unsupervised sessions with the bouncy castle, arts and crafts materials and badminton! Parents must stay with children at all times.

Monday 15th 1000-1400 Friday 26th 1400-1600 0-7 years

Junior Gym

Keep active during the holidays by using the fitness suite!*

Come on you own or with friends to keep yourself active and motivated.

*Kick-start required

*Excluding bank holidays

*Monday & Tuesday 1200-1400

Wednesday - Friday* 15.00-17.00



01437 775678



Booking Essential. Parents are required to stay in the building for children under the age of 8 and to remain with their child if under 4 years. For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551.

Tenby

LEISURE CENTRE



Alison Coast
07792 490 723



**be
gorgeous!**
with
Slimming World

Tuesday's 09:30 Pater Hall, Lewis Street Pembroke Dock

Wednesdays: 17:30 & 19:30 Haverfordwest Community Learning Centre, off Dew street - behind the old library

Thursdays: 09:00 & 11:00 Haverfordwest Leisure Centre, St Thomas Green

Thursdays: 17:30 Christchurch Methodist Church, Priory Road Milford Haven

slimmingworld.co.uk



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*Terms and conditions apply