Milford Haven



Swimming Pool Timetable

January 7th – April 14th 2019*

Monday		Friday	
0645-0855	Public Swimming	0645-0855	Public Swimming
0900-0955	Aquafit	1200-1315	Public Swimming
1000-1055	Aqua Therapy	1545-1615	Rookie Lifesaving – Bronze
1100-1155	Ladies Only	1615-1655	Rookie Lifesaving – Silver
1200-1500	Public Swimming	1700-1830	Lane Swimming (2 Lanes)
2000-2100	Lane Swimming	2030-2200	Adult & 1 Lane Swimming
2100-2155	Adult & 1 Lane Swimming	2030 2200	Addit & 1 Lane 3willining
Tuesday		Saturday	
0645-0855	Public Swimming	0800-0855	Adult Swimming
1200-1315	Public & 1 Lane Swimming	1045-1345	Public Swimming
1730-1855	Public Swimming*	1100-1300	Family Swimming
1900-2000	Aquafit	1400-1555	Private Hire/Pool Parties
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Wednesday		6	
0645-0855	Public Swimming	Sunday	
1215-1315	Public Swimming	0800-0855	Public Swimming
2000-2100	Lane Swimming	1130-1345	Public Swimming
2100-2155	Adult & 1 Lane Swimming	1400-1555	Private Hire/Pool Parties
Thursday			
0645-0855	Public Swimming		
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0645-0855	Public Swimming
1215-1315	Public & 1 Lane Swimming
1730-1855	Public Swimming
2000-2100	Lane Swimming
2100-2155	Adult Swimming

^{*1} lane will be set aside for swimming lessons.

Family Swimming

£1.00 per Adult Children aged 16 and under free.

Please refer to the admission policy for adult to child ratios.

For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact 01437 764551.

*Excluding 25.02.19-03.03.19

Timetable correct at the time of print. Version 1.

Telephone: 01437 775959

