

Haverfordwest

LEISURE CENTRE

Junior Activities



Pembrokeshire Leisure
Hamdden Sir Benfro

January 7th - February 24th 2019

Activity	Day	Time	Age range	Location
SportStart	Monday	1545-1630	4-6 years	HLC
New Junior Spin	Monday	1600-1630	Min Height of 130 cm	HLC
Junior Dance	Tuesday	1700-1800	6+	HLC
Rookies	Tuesday	1915-2015	8+	HLC
Athletics	Wednesday	1700-1800	4-8 years	STP
New Junior Spin	Wednesday	1600-1630	Min Height of 130 cm	HLC
NEW Junior POUND	Wednesday	1600-1645	9-12 years	HLC
NEW Junior Yoga	Thursday	1715-1800	7-11 years	HLC
Junior Swimfit	Thursday	1915-2000	Wave 5+	HLC
pyjama ^{***} drama	Friday	0920-1000	2-4yrs	HLC
	Friday	1000-1030	6 mths - 2 years	HLC
Rookies	Saturday	0900-1000	8 yrs +	HLC
Pemps Tri Stars	Saturday	0930-1030	8 - 16 yrs (Competency test on first session)	STP
pyjama ^{***} drama	Saturday	0930-1000	6 mths - 2 yrs	HLC
	Saturday	1000-1040	2-4yrs	HLC
	Saturday	1040-1130	5-7yrs	HLC
	Saturday	1000-1100	6 yrs +	HLC
Rookies	Saturday	1000-1100	6 yrs +	HLC
Tots Soccer School	Saturday	1000-1030	3 - 4 yrs	STP
Junior Soccer School	Saturday	1030-1115	5 - 11yrs	STP
Junior Soccer School	Saturday	1115-1200	5 - 11yrs	STP
Beginners Ballet	Saturday	1000-1030	3 yrs +	HLC
Pre Primary Ballet	Saturday	1045-1115	5 yrs +	HLC
Fun Tap and Jazz for Beginners	Saturday	1115-1145	4 yrs +	HLC
Primary Ballet*	Saturday	1145-1230	6 yrs +	HLC
Primary Tap*	Saturday	1230-1300	6 yrs +	HLC
Grade 1 Ballet*	Saturday	1300-1345	7 yrs +	HLC
Grade 3 Ballet	Saturday	1345-1445	7 yrs +	HLC
Junior Jazz	Saturday	1445-1530	8 yrs +	HLC
Grade 2 Tap	Saturday	1530-1600	8 yrs +	HLC
Junior Fitness	Monday-Friday	1600-1700	11 - 13 yrs	HLC

*pre assessment required

**Please be aware this class is not included in Pembrokeshire Leisure membership.

If you wish to book please call: 01646 600104 or email: jay@pyjamadrama.com

Junior Activities — Why not take out a Junior Multi Activity Membership, all of these activities are Included.

Parents/guardians of children under 8 taking part in activities must stay in the building at all times.

01437 776676

For a copy in large print,
easy-read, braille, audio or an alternative
language, please contact Pembrokeshire
County Council on 01437 764551

www.pembrokeshire.gov.uk/leisure