



Pembrokeshire Leisure
Hamdden Sir Benfro

The Hangout Timetable

January 7th - February 24th 2019

OPEN SESSIONS

Monday
12:00-17:00
19:15-22:00

Tuesday
08:00-17:30
19:30-21:00

Wednesday
08:00-10:30
11:30-16:00
18:00-22:00

Thursday
08:00-13:30
14:30-16:30
19:15-22:00

Friday
11:00-21:00

Saturday
10:00-16:00

Sunday
09:00-18:00

INSTRUCTED SESSIONS

Monday
19:30-20:30 Competency Test *1
19:30-22:00 Pems Climbing Club

Tuesday
16:00-17:30 The Hangout Squad

Wednesday
18:00-19:30 Cheeky Chimps (8-12)
20:00-21:30 Intro To Climbing (16+)*2

Thursday
16:00-17:00 Monkey Madness 3-5yrs

Friday
16:30-18:00 Cheeky Chimps (8-12)
16:30-18:00 NICAS L1 + L2 (8-16)*2
18:30-20:00 Hangout Club (13-16)
18:30-20:00 The Hangout Squad

Saturday
10:00-11:30 Cheeky Chimps (8-12)
12:00-13:30 Hangout Club (13-16)
14:00-15:00 Taster Session*1

Sunday
09:45-11:00 Monkey Madness (5-7yrs)
11:30-13:00 NICAS Drop in (13-16)
14:00-15:00 Taster Session*1

*1 prebooking essential
*2 course - prebooking essential

Competency test to be completed before first use of the wall
Please call to book

This timetable is correct at time of press.

Please contact the centre or check online as our programme is always evolving.

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*****Available upon request*****

- Birthday Parties
- Group Bookings
- Learn to Lead Climb Courses

For a copy in large print, easy-read, braille, audio or an alternative language, please contact Pembrokeshire County Council on 01437 764551