

## Swimming Pool Timetable 17<sup>th</sup> February – 23<sup>rd</sup> February

### Monday

0700-0800	Lane Swimming
0800-0900	Aqua Fit
1000-1100	Intensive lessons
1100-1200	Mermaids
1200-1300	Lane Swimming
1300-1500	Public Swimming
1500-1700	Family Swim
1700-1900	1.Inflatable Fun Time
1930-2100	Lane Swimming

### Tuesday

1000-1100	Intensive lessons
1100-1200	Mermaids
1200-1300	Lane Swimming
1300-1500	Public Swimming
1500-1700	Family Swim
1700-1815	Public Swimming
1830-1930	Lane Swimming
1930-2030	Masters/Adult Improvers

### Wednesday

0700-0800	Lane Swimming
0800-0900	Aqua Fit
1000-1100	Intensive lessons
1100-1200	Mermaids
1200-1300	Lane Swimming
1300-1500	Public Swimming
1500-1700	Family Swim
1700-1815	Public Swimming
1830-1930	Lane Swimming

### Thursday

1000-1100	Intensive Lessons
1100-1200	Mermaids
1200-1300	Lane Swimming
1300-1500	Public Swimming
1500-1700	Family Swim
1800-1900	Public Swimming
1900-2000	Aqua Fit
2000-2100	Masters/Adult Improvers

### Friday

0700-0800	Lane Swimming
0800-0900	Public Swimming
1000-1100	Intensive Lessons
1100-1200	Mermaids
1200-1300	Lane Swimming
1300-1500	Public Swimming
1500-1700	Family Swimming
1700-1800	Public Fun Time
1800-1900	Public Swimming
1900-2000	Lane Swimming

### Saturday

0830-0930	Aqua Fit
0945-1045	Lane Swimming
1100-1200	Mermaids
1200-1300	Family Swim
1300-1400	Public Swimming

### Sunday

0930-1030	Lane Swimming
1030-1130	Family Swim
1130-1230	Public Swimming

1.Inflatable Fun time 2 x 1 hour sessions

Free Swimming to children Saturday 1200-1400 and a reduced rate for adults accompanying a child between 1200-1400

Family Swim Sessions Shallow End only



