

Easter Swimming Pool Timetable 15th April – 28th April

Monday (Closed 22.04.19)

0700-0800	Lane Swimming
0800-0900	Aqua Fit
1145-1245	Lane Swimming
1300-1500	Public Fun Time
1500-1700	Family Swim
1700-1900	Public Swimming
1900-2000	Lane Swimming

Tuesday

1145-1245	Lane Swimming
1300-1500	1.Public Swimming
1500-1700	Family Swim
1700-1815	Public Swimming
1830-1930	Lane Swimming
1930-2030	Masters/Adult Improvers

Wednesday

0700-0800	Lane Swimming
0800-0900	Aqua Fit
0915-1000	Aqua therapy
1015-1115	Dragon Swim
1145-1245	Lane Swimming
1300-1500	Public Swimming
1500-1700	Family Swim
1700-1815	Public Swimming
1830-1930	Lane Swimming

Thursday

1145-1245	Lane Swimming
1300-1500	1.Public Swimming
1500-1700	Family Swim
1800-1900	Public Swimming
1900-2000	Aqua Fit
2000-2100	Masters/Adult Improvers

Friday (Closed 19.04.19)

0700-0800	Lane Swimming
0800-0900	Public Swimming
1145-1245	Lane Swimming
1300-1500	Public Swimming
1500-1700	Family Swimming
1700-1800	Public Fun Time
1800-1900	Public Swimming
1900-2000	Lane Swimming

Saturday

0830-0930	Aqua Fit
0945-1045	Lane Swimming
1100-1200	Family Swim
1215-1345	Public Swimming

Sunday

0930-1030	Lane Swimming
1030-1130	Family Swim
1130-1230	Public Swimming

1.FREE Public Swimming sessions for Under 16's on Tuesdays and Thursdays 1300-1500
Free Swimming to children every Saturday 1100-1200 and a reduced rate for adults accompanying a child between 1100-1200
Family Swim Sessions Shallow End only