Main Pool

Haverfordwest
LEISURE CENTRE
Main Pool Timetable

Pembrokeshire Leisure
Hamdden Sir Benfro

November 5th - December 21st 2018

MAIN POOL (2m depth)

Monday
07:30-17:20 Lane Swimming*1
20:30-22:00 Lane Swimming

Tuesday
06:00-14:00 Lane Swimming*2*4
14:00-17:10 Public Swimming*1*3*7
07:30-08:30 Adult Swimfit (2 lanes)
20:15-22:00 Lane Swimming

Wednesday
07:30-17:20 Lane Swimming*1
19:30-22:00 Lane Swimming*4
21.10-22.00 Adult Swimfit

Thursday
06:00-14:00 Lane Swimming*2*4
14:00-17:10 Public Swimming*1*3
19:15-20:00 Junior Swimfit (2 lanes)
19.15-20.00 Public Swimming (2 lanes)
21.10-22.00 Public Swimming

Friday
07:30-17:20 Lane Swimming*1
19:30-20:00 Lane Swimming
20:00-20:30 Lane Swimming (2 lanes)

Saturday
09:00-12:00 Lane Swimming
12:00-16:00 Public Swimming*3

Sunday
09:00-18:00 Public Swimming*3

For a copy in large print, easy-read,braille, audio or an alternative language, please contact Pembrokeshire County Council on 01437 764551

MAIN POOL (Variable Depth)

Monday
06:00-09:10 Public Swimming*3
12:00-12:55 Easy Aqua Circuits
15:00-15:50 Public Swimming
21:10-22:00 Public Swimming

Tuesday
06:00-09:50 Public Swimming*5
12:00-13:30 Public Swimming
15:00-15:50 Public Swimming
18:15-19:00 Public Swimming
21:00-22:00 Public Swimming

Wednesday
06:00-09:10 Public Swimming*3
12:00-12:55 Aquafit
15:00-15:50 Public Swimming
20:15-21:00 Adult Improver Lessons
21:00-22:00 Public Swimming*5
21:00-22:00 Advanced Adult Lessons

Thursday
06:00-09:10 Public Swimming
12:00-13:00 Public Swimming
15:00-15:50 Public Swimming
21:10-22:00 Public Swimming

Friday
06:00-09:10 Public Swimming*3
12:00-12:55 Aquafit
15:00-15:50 Public Swimming
17:15-17:55 Public Swimming*1
21:10-22:00 Public Swimming

Saturday
11:00-13:00 Family Swimming
13:00-16:00 Public Swimming

Sunday
09:00-11:00 Family Swimming*8
11:05-13:00 Family Swimming
13:00-13:45 Public Splashtime
14:00-15:00 Birthday Parties

(*8 FREE swimming for under 16's between 0900-1100, parents/ guardians wishing to attend this session to pay £1 per person)

Customer Information

Family Swimming - please refer to the admission policy in reception
Pool Closures - please ensure you check in house or on the website for pool closures
All sessions are 55 minutes long.
***1** There will be 1 lane set aside for swimming lessons in this session
***2** There will be 2 lanes set aside for Swimming Club 0600-0730+RNLI 0730-0830
***3** There will be 2 lanes set aside during this session for LANE swimming. The Pool will be at a permanent depth of 2m
***4** 2 lanes for adult lessons/Swimfit
***5** There will be 1 lane set aside during this session
***6** 1 lane to be set aside until 08.30
***7** 2 lanes set aside between 1500-1600

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www.pembrokeshire.gov.uk/leisure