

Skin Care and Pressure Damage Prevention Basic Awareness.

Designed For:

This course is for Registered Nurses and Health Care Support Workers. The session is designed to be an overview of basic skin care and preventative measures linked to the reduction of pressure ulcer

Course Aim:

The course provides the learner with the knowledge and practical clinical skills associated with the prevention of pressure ulcers.

What's included?

On completion of this session each individual will have an understanding of:

- Basic anatomy and physiology of the skin
- The causes of pressure and moisture damage
- Risk factors associated with its development
- Repositioning and '30 degree tilt'
- Equipment
- Documentation