

## **Promotion of Continence and Management of Incontinence**

### **Designed For:**

All Nurses, care staff in day, domiciliary and residential services for adults; care workers and informal carers; care workers employed under Direct Payments. Any care staff requiring updated information and knowledge on incontinence management.

### **Course Aim:**

The course is aimed at updating existing knowledge and skills in maintaining continence / managing incontinence and to provide good catheter care. Teaching practical measures to help staff manage continence issues better and to improve outcomes for clients.

### **What's included?**

- Hints and tips for a healthy bladder and bowel
- Identifying when to signpost to an appropriate health professional for assessment
- Catheter Care
- Correct use of Sheaths and appliances
- Pad fitting and troubleshooting