

## **Epilepsy Awareness**

### **Designed for:**

Staff who work with and support those with Epilepsy

### **Course overview:**

The course will cover all aspects of Basic Epilepsy care, including causes, diagnosis, classifications, treatment options and first aid

### **Learning objectives:**

- Definition
- Causes
- Diagnosis & seizure classifications
- Treatment - including types of anticonvulsant medications, side effects, VNS and surgery
- Lifestyle choices and self-management
- Basic first aid for self-resolving seizures
- Observations, recordings, risk assessment and information sharing