

Emergency First Aid at Work

Designed for:

Direct Care Workers who have been designated a workplace First Aider.

Course aim:

The aim of the course is to provide students with the knowledge and skills to administer Emergency First Aid in the Workplace. **This course must be repeated every three years to remain valid.**

Please note: as this is an accredited course attendees will be assessed throughout the day and all attendees need to produce a form of photo ID to the trainer, for example: Passport, Driving License, 'Proof of Age' card, Work Identification Card, Rail Card, Student Union Card, Foreign ID Card, EU Card or Disability Card.

What's included?

- How to deal with a first aid emergency
- Infection Control measures – gloves and other barriers
- The Primary Survey
- The Secondary Survey
- Discuss the causes of unconsciousness
- Performing CPR on adults, children and babies
- Choking procedures for adults, children and babies
- The treatment of shock
- Bleed management and the treatment of Various wounds
- Discuss the procedures for dealing with burns
- The need for and completion of Accident Report books and RIDDOR forms
- Accredited by Highfield Awarding Body for Compliance (HABC)

The assessment will include an active practical element, including the requirement to kneel on the floor and practice CPR on a mannequin. Delegates should discuss any concerns with their manager before applying.

The dress code for attending first aid courses is casual but comfortable, not revealing or restrictive. For this reason we ask that you dress appropriately or bring a change of clothing.

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