Pembroke Leisure centre

Junior Activity Timetable September 3rd – December 22nd 2018

Day	Time	Activity	Age
Monday	1540 - 1815	Swimming Lessons	3+
	1530 - 1630	Squash	8 - 11
	1630 - 1730	Squash	11+
	1545 - 1615	Dance	3 - 5
	1615 - 1700	Dance	6 - 10
	1700 - 1800	Soccer School	5 - 7
	1800 - 1900	Soccer School	8 - 11
Tuesday	1540 - 1815	Swimming Lessons	3+
	1545 - 1615	Cheerleading	3 - 6
	1615 - 1700	Cheerleading	7 - 10
	1530 - 1630	Squash	8 - 11
Wednesday	1540 - 1815	Swimming Lessons	3+
	1700 - 1800	Soccer School – Girls Only	4 - 11
Thursday	1540 - 1815	Swimming Lessons	3+
	1700 - 1800	Athletics	8 - 11
Friday	1540 - 1720	Swimming Lessons	3+
	1600 - 1645	Soccer School	3 - 4
	1645 - 1745	Soccer School	5 - 7
	1600 – 1700	Rookie Lifesaving	8+
Saturday	1000 - 1100	Junior Gym	11 - 12
	0830 - 1100	Swimming Lessons	3+
Sunday	1015 - 1115	Swim Fit	8+
Mon - Fri	1515 – 1630	Junior Gym	11 - 12

Parents are required to stay in the building children under the age of 8 and remain with their child if under 4 years.

Booking and Cancellation policy applies.

For a copy in large print, Braille, audio tape or an alternative language, please call (01437) 776613.

Timetable correct at the time of print. Version 1.

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www.pembrokeshire.gov.uk/leisure