

# Pembrokeshire Leisure



Pembrokeshire Leisure  
Hamdden Sir Benfro



## Kids Cook it!

4-5yrs & 6-8yrs

Let your little ones have fun learning the basics of preparing yummy meals and healthy snacks! With fundamental hands-on learning opportunities, promoting healthy eating habits, we'll provide all equipment and ingredients required for each weeks exciting recipe for them to bring home for you to enjoy together.

Parent/Guardian participation is encouraged

Contact your local Leisure Centre to find out when a Cook-It course is near you!

### 4 WEEK COURSE

Non-Members	£25.00
Loyalty Members	£22.50
Junior Members	£20.00

**Crymych Leisure Centre**

Tel: 01437 776690

**Fishguard Leisure Centre**

Tel: 01437 775504

**Haverfordwest Leisure Centre**

Tel: 01437 776676

**Milford Haven Leisure Centre**

Tel: 01437 775959

**Pembroke Leisure Centre**

Tel: 01437 776660

**Tenby Leisure Centre**

Tel: 01437 775678



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