

Milford Haven Leisure Centre



May Half Term Programme 2018

26th May – 3rd June 2018



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www.pembrokeshire.gov.uk/leisure

01437 775959

Milford Haven Leisure Centre



May Half Term Swimming Pool Timetable 26th May - 3rd June 2018

Please note:

**The centre will be closed on
Monday 28th May – Bank Holiday**

Tuesday

7.00am - 9.00am	Early Bird Swimming
9.00am - 11.00am	Intensive Swimming Lessons
11.00am - 12.00pm	Dragon Swim
12.00pm - 2.00pm	Under 16's (Free swimming)
12.00pm - 3.00pm	Public Swimming
3.00pm - 4.45pm	Pool inflatable session
5.00pm - 7.00pm	Public Swimming

Wednesday

7.00am - 9.00am	Early Bird Swimming
9.00am - 11.00am	Intensive Swimming Lessons
11.00am - 12.00pm	Dragon Swim
12.00pm - 6.00pm	Public swimming
6.00pm - 8.00pm	Swimming club
8.00pm - 9.00pm	Lane swimming
9.00pm - 10.00pm	Adult swimming

Thursday

7.00am - 9.00pm	Early Bird Swimming
9.00am - 11.00am	Intensive Swimming Lessons
11.00am - 12.00pm	Dragon swim
12.00pm - 2.00pm	Public swimming (under 16's free swimming)
2.00pm - 3.45pm	Pool inflatable session
4.00pm - 7.00pm	Public swimming
7.00pm - 8.00pm	Triathlon club
8.00pm - 9.00pm	Lane swimming
9.00pm - 10.00pm	Adult swimming

Please note –

The swimming pool will be closed on
**Saturday 26th May from
9am - 10.30am**
**Sunday 27th May from
9am - 11.30am**

Friday

7.00am - 9.00am	Early Bird Swimming
9.00am - 11.00am	Intensive swimming lessons
11.00am - 12.00pm	Adults only
12.00pm - 2.00pm	Public swimming
2.00pm - 3.00pm	Aquafit
3.00pm - 5.00pm	Public swimming
5.00pm - 6.30pm	Lane swimming
6.30pm - 8.30pm	Swimming club
8.30pm - 9.55pm	Adult swimming lessons

Saturday

8.00am - 9.00am	Adults only
9.00am - 2.45pm	Public swimming
12.30pm - 2.30pm	Family swim (Adult £1.00)
12.30pm - 2.30pm	Under 16's (Free swimming)
3.00pm - 4.00pm	Parties

Sunday

8.00am - 9.00am	Early Bird swimming
9.00am - 2.45pm	Public swimming
3.00pm - 4.00pm	Parties



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Multi-Sport Activity Sessions

For 3+

Thursday 31st May

9.30am – 11.25am

Cost:

£2.50 for members

£3.30 for loyalty card holders

£4.10 for non members



Bouncy Castle & Soft Play Sessions

Tuesday 29th May 2.30pm -4.00pm

Friday 1st June 2.30pm -4.00pm

Cost: £2.50 for members

£4.10 for non-members

£3.30 for loyalty card holders



***Booking is essential* To book any activities please call 01437 775959**

Children under 8 years

Parents must remain in the building for the duration of the session.

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Arts & Crafts

Tuesday 29th May

9.30am-10.30am



A fun packed hour of **making**, **painting**, **building**, **sticking**, **drawing**, **designing**, **creating** and **making new friends!**

Cost: £2.50 for members or £4.10 for non-members
£3.30 for loyalty card holders

Age 3 years +

SKATE & SCOOT SESSION

Thursday 31st May

2.00pm -3.00pm

Price £1.50 per person

Children must bring their own skates and scooters (plus knee pads, helmets etc)

**Age
3 years +**



DS COOK IT

Friday 1st June

9.30am - 10.30am

It will be **easy**, **magical** and **fun!**

Book your cook in now- limited places available

Cost: £2.50 for members £4.10 for non-members

£3.30 for loyalty card holders

Age 3 years +

Booking is essential To book any activities please call 01437 775959

Children under 8 years

Parents must remain in the building for the duration of the session.

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Sports Start

Wednesday 30th May

11.00am – 11.45am

Ages 4- 6 yr olds

£2.50 for members or £4.10 for non members

£3.30 for loyalty card holders

Wednesday 30th May

12.00pm -1.00pm

Ages 6 -11 yr olds

£2.50 for members or £4.10 for non members

£3.30 for loyalty card holders

Athletics



Short Tennis

Tuesday 29th May

10.00am-11.00am

Age 4-9 yr olds

£2.50 for members or £4.10 for non members

£3.30 for loyalty card holders



DRAGON SWIMS

11.00am-12.00pm

Tuesday 29th May

Breaststroke

Wednesday 30th February

Butterfly

Thursday 31st May

Frontcrawl

Important note for parents/Guardians

Dragon Swims are for children
aged 8+ years

or (LTS Wave 5) or above

Intensive Swimming Lessons

Splash and Waves 1-3

Tuesday 29th May – Friday 1st June

9.00-11.00am

ONLY: £8.80 for junior
multi activity members

£17.60 for

loyalty card holders

£20.80 standard charge

Important Note for Parents/Guardians

Intensive swimming lessons
are for children aged 3 years+

Booking is essential

To book any activities please call

01437 775959

DRAGON SWIMS
FREE



Milford Haven Leisure Centre

Pembrokeshire Leisure Admission Policy

All children under 8 must be supervised by an adult at all times

Below highlights the maximum number of children that one responsible adult, aged at least 16 years can accompany.

Booking Policy

- Pre booking is essential for all sessions.
- **Please call the centre to book and pay for your space.**
- Minimum numbers required for all sessions to run.
- Sessions may be cancelled with 48 hours notice
- All children under 8 have to be accompanied by an adult at all times
- For public swimming and family swimming please refer to our admission policy

General Admission - Public Swimming



Number of children aged 0-3 years old

One responsible person to one child, during general admission.



Number of children aged 4-7 years old

One responsible person to two children, during general admission

Structured Family Swim



Number of children aged 0-3 & 4-7 years old

One responsible person to three children (one aged 0-3 and two aged 4-7, during a structured family session.



Number of children aged 4-7 years old

One responsible person to three children, during a structured family session.



Number of children aged 0-3 years old

One responsible person to two children, during a structured family session