# Fishguard LEISURE CENTRE



## Whitsun Half Term Swimming Pool Timetable May 28<sup>th</sup> – Sunday June 3<sup>rd</sup> 2018

Monday	May	28th-Bank Holiday
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0800 - 0900	Lane Swimming
0800 - 0900	Adult & Child Swim
0900- 1000	Adult Swimming
1000 - 1500	Public Swimming

#### Tuesday

0700 - 0900	Lane Swimming
0700 - 0900	Adult & Child Swim
0900 - 1000	Aqua Fit
0900 - 1000	Adult & Child Swim
1030 - 1130	Fun Inflatable Session
1300- 1600	Public Swimming
1700 – 1900	Swimming Club
1700 - 1900	Adult & Child Swim
1900 - 2000	Adult Lessons (Improvers)
2000 - 2100	Adult Coaching / Masters

#### Wednesday

0700 - 0900	Lane Swimming
0700 - 0900	Adult & Child Swim
0900 - 1000	Adult Swimming
1000 - 1100	Family Swim (Learner pool & shallow
	end of main pool only)
1100 - 1200	Dragon Swim-Water Madness
1100 - 1200	Adult & Child Swim
1200 - 1500	Public Swimming
1500 - 1900	1.Public Swimming
1900 - 2100	Lane Swimming
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1. Free swimming for children Wednesday & Friday 1500-1700

2. Free swimming for children Saturday 1300-1400 & £1.00 per Adult accompanying a child\*

**Learner Pool Only** 

#### **Thursday**

0700 - 0900	Lane Swimming
0700 - 0900	Adult & Child Swim
0900 -1000	Adult Swimming
1000 - 1200	Family Swim (Learner pool &
	shallow end of main pool only)
1200 - 1300	Aqua Fit
1200 - 1300	Adult & Child Swim
1300 - 1600	Public Swimming
1700 - 1900	Swimming Club
1700 - 1900	Adult & Child Swim
1900 - 2100	Lane Swimming

### Friday

0700 - 0900	Lane Swimming
0700 - 0900	Adult & Child Swim
0900 - 1000	Adult Swimming
1000 - 1100	Public Swimming
1100 - 1200	Dragon Swim – Rookie Recruit
1100 - 1200	Adult & Child Swim
1200 - 1500	Public Swimming
1500- 1700	1.Public Swimming
1700 - 1845	Splashtime!

Swimming Club

#### **Saturday**

1900 - 2100

0815 - 0915	Lane Swimming
0815 - 0915	Adult & Child Swim
0930 - 1130	Public Swimming
1130 - 1200	1:1 Lessons Slot
1200 - 1300	Public Swimming
1300 - 1400	2.Family Swim (Learner pool & shallow end of main pool only)
1415 -1645	Private Hire

#### Sunday

0830 - 0930	Lane Swimming
0830 - 0930	Adult & Child Swim
0930 - 1030	Over 40's Session
1030 - 1130	Family Swim(Learner pool &
	shallow end of main pool only)
1130 - 1330	Public Swimming