

# Haverfordwest

## LEISURE CENTRE



Pembrokeshire Leisure  
Hamdden Sir Benfro



# May Half Term PROGRAMME

**28th May - 3rd June 2018**

**HAVERFORDWEST**

LEISURE CENTRE

**Tel: 01437 776676**

[haverfordwestleisure@pembrokeshire.gov.uk](mailto:haverfordwestleisure@pembrokeshire.gov.uk)



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# Small Pools Timetable

**May 28th - June 3rd**

## BEACH POOL

(0m-0.6m)

### Monday May 28th

#### Bank Holiday

0800-1000 Public Swimming\*3  
1000-1200 Family Swimming  
1200-1500 Public Swimming

### Tuesday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1550-2000 Public Swimming

### Wednesday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1550-2000 Public Swimming

### Thursday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1550-2000 Public Swimming

### Friday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1550-2000 Public Swimming

### Saturday

0800-1100 Public Swimming  
1100-1300 Family Swimming\*6  
1300-1600 Public Swimming

### Sunday

0900-1100 Public Swimming  
1100-1300 Family Swimming  
1300-1345 Public Splashtime  
1400-1500 Birthday Parties

## SMALL POOL (0.6m - 1.2m)

### Monday May 28th

#### Bank Holiday

0800-1000 Public Swimming\*3  
1000-1200 Family Swimming  
1200-1500 Public Swimming

### Tuesday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1740-1930 Public Swimming  
1930-2015 Adult Swimming Lessons  
2015-2100 Adult Swimming Lessons

### Wednesday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1740-2000 Public Swimming

### Thursday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1740-2000 Public Swimming

### Friday

0700-1430 Public Swimming  
1430-1550 Family Swimming  
1740-2000 Public Swimming

### Saturday

0800-1100 Public Swimming  
1100-1300 Family Swimming  
1300-1600 Public Swimming

### Sunday

0900-1100 Public Swimming  
1100-1300 Family Swimming  
1300-1345 Public Swimming  
1400-1500 Birthday Parties

### FREE SWIMMING for under 16s during MAY HALF TERM

Monday/Wednesday and Friday 10.05-11.55

Saturday 11.00-13.00 during Family Swim\*6

\*6 - Parents/Guardians wishing to attend this session must pay £1 per person

## Customer Information

**Family Swimming** - please refer to the admission policy in reception

**Pool Closures** - please ensure you check in house or on the website for pool closures

## May Intensive Lessons

Tuesday 29th May to Friday 1st June

15.55 – 16.25pm (Wave 5&6)

16.30 – 17.00pm (Wave 1&3)

17.05 – 17.35pm (Splash & Wave 2)

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776676**



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# Main Pool Timetable

May 28th - June 3rd

## MAIN POOL

(2m depth)

### Monday May 28th

#### Bank Holiday

0800-1500 Lane Swimming

### Tuesday

0600-1500 Lane Swimming\*2\*4

1500-1710 Public Swimming

2000-2200 Lane Swimming

### Wednesday

0730-1720 Lane Swimming

1930-2200 Lane Swimming\*4

2100-2200 Adult Swimfit

### Thursday

0600-1400 Lane Swimming\*2

1400-1710 Public Swimming

1915-2000 Junior Swim Fit (2 lanes)

1915-2000 Public Swimming (2 lanes)

2100-2200 Public Swimming

### Friday

0730-1400 Lane Swimming

1400-1720 Public Swimming

1930-2000 Lane swimming

2000-2030 Lane swimming

(2 lanes only)

### Saturday

0900-1200 Lane Swimming

1200-1600 Public Swimming\*3

### Sunday

0900-1000 Lane Swimming

0900-1800 Public swimming

1630-1800 Lane Swimming

## MAIN POOL (Variable Depth)

### Monday May 28th

#### Bank Holiday

0800-1000 Public Swimming\*3

1000-1200 Family Swimming

1200-1500 Public Swimming

### Tuesday

0600-0900 Public Swimming\*2

0900-1000 Dragon Swim

1015-1430 Public swimming

1430-1550 Family Swimming

1630-1900 Public Swimming

2100-2200 Public Swimming

### Wednesday

0600-0900 Public Swimming\*3

0900-1000 Dragon Swim

1015-1155 Public Swimming

1200-1255 Aquafit

1300-1430 Public Swimming

1430-1550 Family Swimming

1630-1800 Public Swimming

2015-2115 Adult Improver Lessons

2115-2200 Public Swimming\*1

### Thursday

0600-0900 Public Swimming\*2

0900-1000 Dragon Swim

1015-1430 Public Swimming

1430-1550 Family Swimming

1630-1800 Public Swimming

2100-2200 Public Swimming

### Friday

0600-0900 Public Swimming\*3

0900-1155 Public Swimming

1200-1255 Aquafit Circuits

1300-1430 Public Swimming

1430-1550 Family Swimming

1630-1800 Public Swimming

2100-2200 Public Swimming

### Saturday

0900-1100 Public Swimming

1100-1300 Family Swimming

1300-1600 Public Swimming

### Sunday

0900-1100 Public Swimming

1100-1300 Family Swimming

1300-1345 Public Splashtime

1400-1500 Birthday Parties

\*1 There will be one lane set aside for swimming lessons in this session

\*2 There will be two lanes set aside for Swimming Club 0600-0730

\*3 There will be TWO lanes set aside during this session for LANE swimming. The Pool will be at a permanent depth of 2m

\*4 2 lanes for adult lessons/Swimfit

\*5 There will be ONE lane set aside during this session

## Customer Information

**Family Swimming** - please refer to the admission policy in reception

**Pool Closures** - please ensure you check in house or on the website for pool closures

**All sessions are 55 minutes long.**

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## May Half Term Climbing Sessions

Not only do we have our popular Cheeky Chimps and Hangout Club sessions on offer this week, we also have opportunities for under 5's to have a go (as long as they are accompanied by an adult) and sessions specially for families wanting to come and try climbing together.

### Tuesday 29th May

Mini Chimps (3-5yrs) x 3 Kids	09:30 – 10:30	£10.30 for adult and child
Mini Chimps (5-7yrs) x 4 Kids	11:00 – 12:00	£10.30 for adult and child
Cheeky Chimps (8-12yrs) x 9 kids	12:30 – 14:00	From £7.80

### Wednesday 30th May

Craft day for all ages between 3 and 7	12:00 – 14:30	From £7.50
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*(parent must stay the whole time - bring a lunch box)*

*To include: climbing and craft.*

### Thursday 31st May

Mini Chimps (3-5yrs) x 3 Kids	09:30 – 10:30	£10.30 for adult and child
Mini Chimps (5-7yrs) x 4 Kids	11:00 – 12:00	£10.30 for adult and child
Cheeky Chimps (8-12yrs) x 9 kids	12:30 – 14:00	From £7.80

### Friday 1st June

Mini Chimps (3-5yrs) x 3 Kids	13:30 – 14:30	£10.30 for adult and child
Mini Chimps (5-7yrs) x 4 Kids	15:00 – 16:00	£10.30 for adult and child
Cheeky Chimps (8-12yrs)	16:30 – 18:00	From £7.80
Hangout Club (13-16yrs)	18:30 – 20:00	From £7.80

### Saturday 2nd June

Cheeky Chimps (8-12yrs)	10:00 – 11:30	From £7.80
Hangout Club (13-16yrs)	12:00 – 13:30	From £7.80

### Sunday 3rd June

NICAS Drop In (8-16yrs)	11:30 – 13:00	From £7.80
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Terms and conditions apply

**Pre booking is essential as places are limited.**



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# Haverfordwest

## LEISURE CENTRE

### Dry Side Activities



Pembrokeshire Leisure  
Hamdden Sir Benfro



# Fun Football

Get into World Cup fever and bring your little ones to try our fun football session during June and July and get their first session **FREE!**

## Ages 4-11 years

This session is for all abilities and is a fun session where children will learn basic football skills and play fun games!



**Saturdays 1000-1200 @ Sir Thomas Picton Sports Hall**

# Junior Fitness

Monday - Friday 1600-1700

\*terms and conditions apply

Ages  
11-13



# Family Fitness in our fitness suite

Workout  
as a family

## and have fun

\*terms and conditions apply

**Monday-Friday  
0900-1700**

**Saturday  
and Sunday  
All Day**



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## Pembrokeshire Leisure Admission Policy

**All children under 8 must be supervised by an adult at all times**

Below highlights the maximum number of children that one responsible adult, aged at least 16 years can accompany.



### Booking Policy

- Pre booking is essential for all sessions.
- Please call the centre to book and pay for your space.
- Minimum numbers required for all sessions to run.
- Sessions may be cancelled with 48 hours notice
- All children under 8 have to be accompanied by an adult at all times
- For public swimming and family swimming please refer to our admission policy

### General Admission - Public Swimming



#### Number of children aged 0-3 years old

One responsible person to one child, during general admission.



#### Number of children aged 4-7 years old

One responsible person to two children, during general admission

### Structured Family Swim



#### Number of children aged 0-3 & 4-7 years old

One responsible person to three children (one aged 0-3 and two aged 4-7), during a structured family session.



#### Number of children aged 4-7 years old

One responsible person to three children, during a structured family session.



#### Number of children aged 0-3 years old

One responsible person to two children, during a structured family session



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For a copy in large print, Braille, audio tape or an alternative language, please call Pembrokeshire County Council on 01437 764551.

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