

Junior Activity Timetable

16th April – 22nd July

Monday

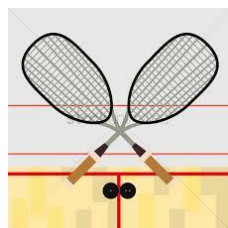
15.45 – 18.00 – Swimming Lessons (ages 3+)
16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 16.45 – Sport Start (4 to 6 years)
17.00 – 17.45 – Athletics (6 to 11 years)

Tuesday

15.15 – 17.30 – Swimming Lessons (ages 3+)
16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 17.00 – Tennis Coaching
17.00 – 19.00 – Karate Club

Wednesday

15.45 – 18.00 – Swimming Lessons (ages 3+)
16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 17.00 – Tennis Coaching



Thursday

15.50 – 17.30 – Swimming Lessons (ages 3+)
16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 16.45 – Fun Football (5 to 11 years)
16.00 – 17.00 – Squash Coaching – Intermediate
17.00 – 18.00 – Squash Coaching - Beginners
17.30 – 18.30 – Squash Coaching

Friday

16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 17.00 – Rookie Lifesaving
17.00 – 18.30 – Swimming Lessons (ages 3+)

Saturday

09.00 – 10.45 – Swimming Lessons (ages 3+)
10.00 – 12.00 – Junior Fit (11 to 13 years)
12.30 – 13.30 – Free Swimming (under 16's)

Sunday

09.00 – 11.15 – Swimming Lessons (ages 3+)

**Save money on all
these activities!**

Ask for more information
on our Junior Membership
and Junior Loyalty card!

