



****Customer Announcement****

We have some fantastic news!

Les Mills Body Balance is now included in MEMBERSHIP

Take a look at the video below and we'll look forward to seeing you.

Sessions happening:

Monday @ 1100-1200

Wednesday @ 1800-1900

Sunday @ 1100-1200

Call us on 01437 776676 to book your space

****Hysbysiad i gwsmeriaid****

Newyddion arbennig!

Mae Les Mills Body Balance yn cael ei gynnwys gydag Aelodaeth

Edrychwch ar y fideo isod

Edrychwn ymlaen at eich gweld

Sesiynau :

Dydd Llun @1100-1200

Dydd Mercher @ 1800-1900

Dydd Sul @1100-1200

Rhowch alwad ar 01437 776676 i archebu eich lle

