# Haverfordwes Main Pool Timetable



# April 16th - May 27th 2018

# **MAIN POOL**

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(2m depth)

07:30-14:00 Lane Swimming\*6 14:00-17:20 Public Swimming\*1 20:30-22:00 Lane Swimming

# Tuesday

06:00-15:00 Lane Swimming\*2

07:30-08:30 Adult Swimfit (2 lanes)

15:00-17:10 Lane Swimming\*1\*7 20:15-22:00 Lane Swimming

# Wednesday

07:30-17:20 Lane Swimming\*1\*6 19:30-21:00 Lane Swimming 21.00-22.00 Lane Swimming\*4 21.10-22.00 Adult Swimfit (2 lanes)

# **Thursday**

06.00-14.00 Lane Swimming\*2 14.00-17.10 Public Swimming\*1 19:15-20:00 Junior Swim Fit (2 lanes)

19:15-20:00 Lane Swimming\*4 21:05-22:00 Public Swimming

# Friday

07:30-14:00 Lane Swimming\*6 14:00-17:20 Public Swimming\*1 19:30-20:00 Lane Swimming 20:00-20:30 Lane Swimming (2 lanes)

# Saturday

09:00-12:00 Lane Swimming 12:00-16:00 Public Swimming\*3

## Sunday

09:00-18:00 Public Swimming\*3

For a copy in large print, Braille, audio tape or an alternative language, please call (01437) 776613

# (Variable Depth)

# Monday

Friday

06:00-09:10 Public Swimming\*3 12:00-12:55 Easy Agua Circuits 15:00-15:50 **Public Swimming** 21:10-22:00 Public Swimming

Tuesday

06:00-09:50 Public Swimming\*5 12:00-13:00 Public Swimming 15:00-15:50 Public Swimming 1815-1900 **Public Swimming** 21:00-22:00 Public Swimming

# Wednesday

06:00-09:10 Public Swimming\*3 12:00-12:55 Aquafit 15:00-15:50 Public Swimming 20:15-21:00 Adult Improver Lessons 21:00-22:00 Public Swimming\*5 21:00-22:00 Advanced Adult Lessons

# **Thursday**

06:00-09:50 Public Swimming 12:00-13:30 Public Swimming 15:00-15:50 Public Swimming 21:10-22:00 Public Swimming

06:00-09:10 Public Swimming\*3 12:00-12:55 Aquafit 15:00-15:50 Public Swimming 17:15-17:55 Public Swimming\*1 21:10-22:00 Public Swimming

# Saturday

11:00-13:00 Family Swimming 13:00-16:00 Public Swimming (FREE swimming for under 16's between 1100-1300, parents/ quardians wishing to attend this session to pay £1 per person)

### Sunday

09:00-11:00 Public Swimming 11:00-13:00 Family Swimming 13:00-13:45 Public Splashtime 14:00-15:00 Birthday Parties

# Customer Information

Family Swimming - please refer to the admission policy in reception

Pool Closures - please ensure you check in house or on the website for pool closures

All sessions are 55 minutes long.

\*1 There will be 1 lane set aside for swimming lessons in this session

\*2 There will be 2 lanes set aside for Swimming Club 0600-0730+RNLI 0730-0830

\*3 There will be 2 lanes set aside during this session for LANE swimming. The Pool will be at a permanent depth of 2m

\*4 2 lanes for adult lessons/Swimfit

\*5 There will be 1 lane set aside during this session

\*6 1 lane to be set aside until 08.30

\*7 2 lanes set aside between 1500-1600

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