

Junior Activity Timetable

8th January – 29th March

Monday

16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 16.45 – Sport Start (4 to 6 years)
17.00 – 17.45 – Athletics (6 to 11 years)

Tuesday

16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 17.00 – Tennis Coaching
17.00 – 19.00 – Karate Club

Wednesday

16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 17.00 – Tennis Coaching

Thursday

16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 16.45 – Fun Football (5 to 11 years)
17.00 – 18.00 – Fun Football (6 to 7 years)

Friday

16.00 – 17.00 – Junior Fit (11 to 13 years)
16.00 – 17.00 – Rookie Lifesaving

Saturday

10.00 – 12.00 – Junior Fit (11 to 13 years)
12.30 – 13.30 – Free Swimming

We also offer:

Swimming lessons for ages 3 up.

Children's Parties including: Football,
Scoot and Skate, Bouncy Castle and Pool
Parties.

Save money on all these activities!

Ask for more information on our
Junior Membership and Junior
Loyalty card!



Tel: 01437 775959