



COVID-19

CORONAVIRUS

BUILDING ACCESS HEALTH SCREENING

During this COVID-19 (Coronavirus) Pandemic Pembrokeshire County Council remains committed to our responsibility to Protect, Support and Maintain the Health, Safety and Wellbeing of all our employees and others.

1. Do you have any of the following symptoms?



A high temperature (fever)
YES/NO



A new continuous cough
YES/NO



A loss of smell or taste
(anosmia)
YES/NO

*If the answer is **YES** to any of the above – You Must Not Enter the Building. We ask that you please leave immediately and follow Public Health Wales guidance via the 111 online symptom checker or Call 111 if you cannot get help online.

You should Not go to places like your GP surgery, hospital or pharmacy.

**You Must
Not Enter This Building
if you have declared YES to any
of the above questions.**

Please only enter the building if you have read and understood the above statement to confirm that you are medically fit and symptom free from coronavirus (Covid-19). Mae cyngor a chanllawiau ychwanegol ar y Coronafeirws ar gael yn:

<https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/>

Prior to entry to all Pembrokeshire County Council buildings we would appreciate your co-operation with the following self-assessment health screening.

2. Have you previously been advised to:



Self-isolate for current COVID-19 (coronavirus) symptoms
YES/NO



Self-isolate for recent exposure to COVID-19 (coronavirus)
YES/NO

If you have answered **YES** to any of the **above** you Must adhere to Public Health Wales Guidance:

- Stay at home for 7 days from when your symptoms started (longer if fever remains).
- If you live with others and you are the first in the household to have symptoms of coronavirus, then you must stay at home for 7 days, but all other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Further information is available from:
<https://gov.wales/stay-home-guidance-households-possible-coronavirus>



COVID-19

CORONAFEIRWS

SGRINIO IECHYD I GAEL MYNEDIAD I ADEILADAU

Yn ystod y Pandemig COVID-19 (Coronafeirws) hwn, mae Cyngor Sir Penfro yn parhau i ymrwymo i'n cyfrifoldeb i Warchod, Cefnogi a Chynnali lechyd, Diogelwch a Lles ein holl gyfleoigion a phobl eraill.

1. A oes gennych chi unrhyw un o'r symptomau canlynol?



Tymheredd uchel (twymyn)
OES /NAC OES



Peswch cyson newydd
OES /NAC OES



Colli synnwyr arogleuo neu flasu (anosmia)
OES /NAC OES

*Os ydych wedi ateb **OES** i unrhyw un o'r uchod – Peidiwch â Mynd i Mewn i'r Adeilad. Gofynnwn i chi adael ar unwaith a dilyn canllawiau lechyd Cyhoeddus Cymru trwy'r gwiriwr symptomau ar-lein 111 neu ffonio 111 os na allwch gael cymorth ar-lein.

Ni ddylech fynd i fannau fel eich meddygfa, ysbyty na fferyllfa.

Cyn mynd i mewn i unrhyw adeilad Cyngor Sir Penfro, gwerthfawrogwn eich cydweithrediad â'r hunanasesiad sgrinio iechyd canlynol.

2. A ydych chi wedi cael eich cynghori'n flaenorol i



Hunanyngys oherwydd y symptomau COVID 19 (coronafeirws) presennol
OES /NAC OES



Hunanyngys oherwydd eich bod wedi dod i gysylltiad â COVID-19 (coronafeirws) yn ddiweddar
OES /NAC OES

Os ydych chi wedi ateb **YDW i unrhyw un o'r uchod**, mae'n Rhaid i chi ddilyn canllawiau lechyd Cyhoeddus Cymru:

- Arhoswch gartref am 7 diwrnod o'r adeg y dechreuodd eich symptomau (ac am gyfnod hwy os yw'ch twymyn yn parhau).
- Os ydych yn byw gydag eraill, ac os mai chi yw'r cyntaf yn yr aelwyd i gael symptomau o'r coronafeirws, mae'n rhaid i chi aros gartref am 7 diwrnod, ond mae'n rhaid i bob aelod arall o'r aelwyd sy'n iach aros gartref hefyd a pheidio â gadael y tŷ am 14 diwrnod.

Mae'r cyfnod o 14 diwrnod yn dechrau ar y diwrnod yr aeth yr unigolyn cyntaf yn y tŷ yn sâl:
<https://gov.wales/stay-home-guidance-households-possible-coronavirus>

Peidiwch â Mynd i Mewn i'r Adeilad Hwn os ydych wedi ateb OES neu YDW i unrhyw un o'r cwestiynau uchod.

Ewch i mewn i'r adeilad dim ond os ydych chi wedi darllen a deall y datganiad uchod i gadarnhau eich bod yn ffit yn feddygol ac yn rhydd rhag symptomau coronafeirws (Covid-19).

Mae cyngor a chanllawiau ychwanegol ar y Coronafeirws ar gael yn:

<https://icc.gig.cymru/pynciau/coronafeirws/>