

Food & Other Deliveries	Home Cooked Meals Delivered	GP & Pharmacy	Community Networks
Heywoods butchers Saundersfoot 01834 811168 Tim Evans (Milkman) 01834 871349 TUK TUK DELIVERY – (pharmacy, co-op, fish and chip shop, seven spice) 01834 813333 07967 209797 07494 166444. info@tuktuktime.co.uk Farmers & Finest Pembrokeshire (Fruit, veg, bread and dairy and boxed meals) 07703 719151 farmersfinestpembrokes hire@gmail.com	Kilgetty Fish & Chips 01834 812024 Seven Spice Takeaway 5:30pm – 11pm 01834 811907 Kilgetty Buff Club 01834 812340	Kilgetty Medical Centre Surgery 01834 812600 T&R Healthcare Kilgetty, SA68 0UE 01834 812234	Kilgetty & Begelly Community Council Melanie Priestley – 07525007068 Paul Wyatt - 07871 920282 kilgetty-begellycc @live.co.uk Pembrokeshire Next Door Lindsay - 07494 685 265 Formula 1 Fitness (shopping, collecting prescriptions, posting letters) kate@1formulafitness.com gina@1formulafitness.com 01834 811733 PAV's Community Connector - Joanna Brookman-Lloyd 07595 192 933 jo.brookman-lloyd@pavs.org.uk Kilgetty Sunshine Club/Begelly Golden Age Begelly Arms every Thursday Raydene Waters - 01834 812569