

# Haverfordwest

## LEISURE CENTRE

# Main Pool Timetable



## March 4th - April 12th 2019

### MAIN POOL

(2m depth)

#### Monday

07:30-17:20 Lane Swimming\*1  
20:30-22:00 Lane Swimming

#### Tuesday

06:00-14:00 Lane Swimming\*2  
**07:30-08:30 Adult Swimfit (2 lanes)**  
14:00-17:10 Public Swimming\*1\*3  
20:15-22:00 Lane Swimming

#### Wednesday

07:30-17:20 Lane Swimming\*1  
19:30-22:00 Lane Swimming  
21.10-22.00 Adult Swimfit

#### Thursday

06:00-14:00 Lane Swimming\*2  
14:00-17:10 Public Swimming\*1\*3  
19:15-20:00 Junior Swimfit (2 lanes)  
19.15-20.00 Public Swimming (2 lanes)  
21.05-22.00 Public Swimming

#### Friday

07:30-17:00 Lane Swimming\*1  
19:00-20:00 Lane Swimming

#### Saturday

09:00-12:00 Lane Swimming  
12:00-16:00 Public Swimming\*3

#### Sunday

09:00-18:00 Public Swimming\*3

**For a copy in large print, easy-read, braille, audio or an alternative language, please contact Pembrokeshire County Council on 01437 764551**

### MAIN POOL

(Variable Depth)

#### Monday

06:00-09:10 Public Swimming\*3  
12:00-12:55 Easy Aqua Circuits  
15:00-15:50 Public Swimming  
21:10-22:00 Public Swimming

#### Tuesday

06:00-09:50 Public Swimming  
12:00-13:00 Public Swimming  
15:00-15:50 Public Swimming  
18:15-19:00 Public Swimming  
21:00-22:00 Public Swimming

#### Wednesday

06:00-09:10 Public Swimming\*3  
12:00-12:55 Aquafit  
15:00-15:50 Public Swimming  
20:15-21:00 Adult Improver Lessons  
21:00-22:00 Public Swimming  
21:00-22:00 Advanced Adult Lessons

#### Thursday

06:00-09:10 Public Swimming\*3  
12:00-13:00 Public Swimming  
15:00-15:50 Public Swimming  
21:10-22:00 Public Swimming

#### Friday

06:00-09:50 Public Swimming\*3  
12:00-12:55 Aquafit  
15:00-15:50 Public Swimming  
17:15-17:55 Public Swimming\*1  
21:10-22:00 Public Swimming

#### Saturday

11:00-13:00 Family Swimming  
13:00-16:00 Public Swimming

#### Sunday

09:00-11:00 Family Swimming\*4  
11:05-13:00 Family Swimming  
13:00-13:45 Public Splashtime  
14:00-15:00 Birthday Parties

**(\*4 FREE swimming for under 16's between 0900-1100, parents/guardians wishing to attend this session to pay £1 per person)**

### Customer Information

**Family Swimming** - please refer to the admission policy in reception

**Pool Closures** - please ensure you check in house or on the website for pool closures

All sessions are 55 minutes long.

- \*1 There will be 1 lane set aside for swimming lessons in this session
- \*2 During these sessions there will be 2 or more lanes available for the Public
- \*3 There will be 2 lanes set aside during this session for LANE swimming, the pool will be at a permanent depth of 2m
- \*4 **FREE** swimming for under 16's between 0900-1100. Parents/guardians wishing to attend this session to pay £1 per person

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