



Pembrokeshire Leisure
Hamdden Sir Benfro



June 5th - July 23rd 2017

BEACH POOL

(0m-0.6m)

Monday

07:00-20:00 Public Swimming

Tuesday

07:00-14:30 Public Swimming

14:30-15:50 Family Swimming

15:50-20:00 Public Swimming

Wednesday

07:00-14:30 Public Swimming

14:30-15:50 Family Swimming

15:50-20:00 Public Swimming

Thursday

07:00-14:30 Public Swimming

14:30-15:50 Family Swimming

15:50-20:00 Public Swimming

Friday

07:00-14:30 Public Swimming

14:30-15:50 Family Swimming

15:50-20:00 Public Swimming

Saturday

08:00-11:00 Public Swimming

11:00-13:00 Family Swimming

13:00-16:00 Public Swimming

(FREE swimming for under 16's between 1100-1300, parents/guardians wishing to attend this session must pay £1 per person)

Sunday

09:00-11:00 Public Swimming

11:00-13:00 Family Swimming

13:00-13:45 Public Splashtime

14:00-17:00 Birthday Parties

SMALL POOL

(0.6m - 1.2m)

Monday

07:00-13:00 Public Swimming

15:00-15:50 Public Swimming

19:00-20:00 Public Swimming

Tuesday

07:00-10:40 Public Swimming

11:20-12:00 Public Swimming

12:00-13:00 Parent & Toddler (0-3)

13:00-14:30 Public Swimming

14:30-15:50 Family Swimming

19:30-20:15 Adult Swimming Lessons

20:15-21:00 Adult Swimming Lessons

Wednesday

07:00-14:30 Public Swimming

14:30-15:50 Family Swimming

19:20-20:00 Public Swimming

Thursday

07:00-10:00 Public Swimming

10:40-12:00 Public Swimming

12:00-12:30 Parent & Toddler (0-3)*

12:30-13:00 Parent & Toddler (0-3)*

13:00-14:30 Public Swimming

14:30-15:50 Family Swimming

19:20-20:00 Public Swimming

Friday

07:00-14:30 Public Swimming

14:30-15:50 Family Swimming

18:10-20:00 Public Swimming

Saturday

10:10-11:00 Public Swimming

11:00-13:00 Family Swimming

13:00-16:00 Public Swimming

(FREE swimming for under 16's between 1100-1300, parents/guardians wishing to attend this session must pay £1 per person)

Sunday

09:00-11:00 Public Swimming

11:00-13:00 Family Swimming

13:00-13:45 Public Splashtime

14:00-15:00 Birthday Parties

Customer Information

Family Swimming - please refer to the admission policy in reception

Pool Closures - please ensure you check in house or on the website for pool closures

* This is a course, please contact reception for more information

For a copy in large print,
Braille, audio tape or an
alternative language, please
call (01437) 776613

01437 776676

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