

Haverfordwest

LEISURE CENTRE

Group Cycling



Pembrokeshire Leisure
Hamdden Sir Benfro

January 2nd - April 15th 2018

GROUP CYCLING

Monday

1000-1100 Mixed Abilities
1800-1900 Advanced
1900-2000 Beginners

Tuesday

0700-0800 Mixed Abilities
1000-1100 Beginners
1800-1900 Intermediate
1900-2000 Intermediate

Wednesday

1000-1100 Mixed Abilities
1700-1800 Absolute Beginners
1800-1900 Intermediate
1900-2000 Mixed Abilities

Thursday

1030-1130 Mixed Abilities
1800-1900 Intermediate
1900-2000 Beginner / Intermediate

Friday

0700-0800 Mixed Abilities
1000-1100 Mixed Abilities
1800-1900 Mixed Abilities

Saturday

0900-1000 Beginners / Intermediate

The classes in **BOLD** are perfect for those who want to start Group Cycling

This timetable was correct at time of press, please call or check online for up to date Information as we are constantly evolving our programme of classes



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For a copy in large print, Braille, audio tape or an alternative language, please call (01437) 776613

