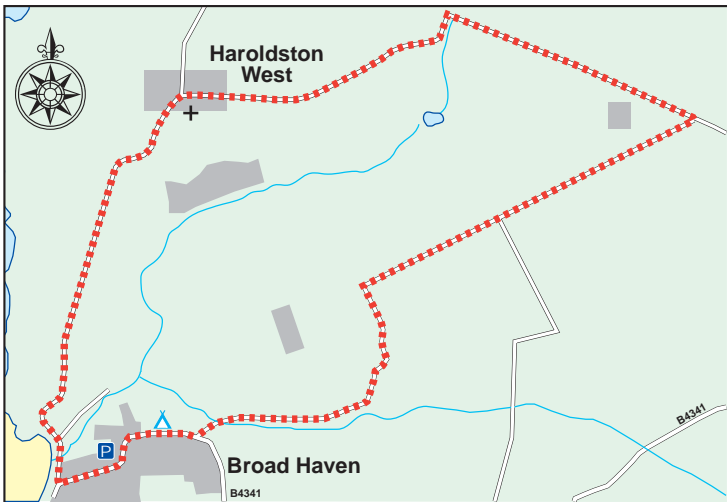


## 4. Broad Haven



OS sheet 157, Grid ref 860138

Broad Haven is a seaside resort with a wide sandy bay and shops and cafés along the sea front. There is easy access to the beach, when the tide is out. Ensure that your batteries are well charged as the rides are hilly.

Leave Haverfordwest on B4341, the Broad Haven road. In about  $5\frac{1}{2}$  miles, you enter the village down a steep winding hill. The car park is on the right as you round the last left-hand bend and the road levels out. It is seldom full and the toilets have RADAR key access. There is wheelchair access from the car park to the sea front and to the beach.

The first ride is about 8km long. Turn left as you leave the car park by the main entrance and follow the road back towards Haverfordwest, for about 300m, until you find a cycle route signposted to the left. Follow it up a long steep hill with a stream on your right, keeping to the right around Williamston Farm. Continue up the hill, along a very straight lane, to a 'T' junction. Turn left and follow the road, enjoying good views of the Preseli Hills and the intervening countryside.

After about 1km there is a fork in the road. Take the lane going to the left, signposted 'Timber Hill' and 'Broad Haven'. This is a lovely road with marvellous sea views. Follow it down to a 'T' junction near Haroldston church. Turn left along the coast road and take care as it is narrow in places and often busy in the season. It leads back to Broad Haven sea front and more splendid views of St Brides Bay. On a clear day you can see Grassholm Island and perhaps the oil tankers moored while they wait to enter Milford Haven.

At the other end of the beach, the smaller car park also has a RADAR key toilet.



A second ride of 4½ Km long, over some very hilly terrain can be taken from here by turning left and following Marine Road through the houses to a narrow lane that leads to a 'T' junction. Turn right once more and continue bearing right, past Walton church. Then turn right yet again and finally go back down the hill to the car park. This hill is narrow and steep, so if you are nervous of traffic, the ride is not for you.

Don't try to 'scoot' along the coast road to Little Haven. It ends in a very steep hill with a brutal hairpin bend, which I think is too risky.

