

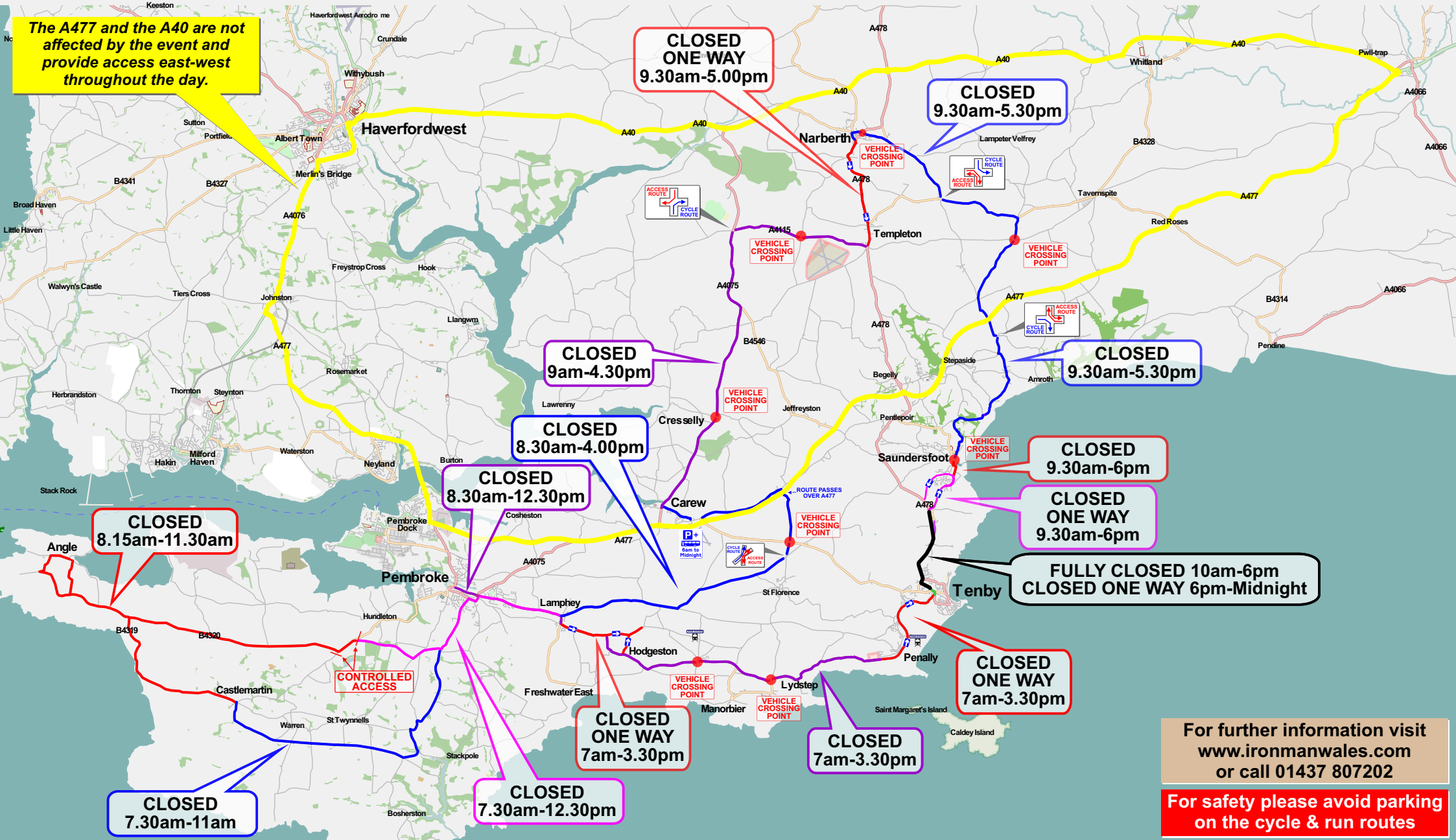
# IRONMAN WALES CYMRU

08 SEPTEMBER 2013

## ROUTE & ACCESS OVERVIEW



The A477 and the A40 are not affected by the event and provide access east-west throughout the day.



For further information visit [www.ironmanwales.com](http://www.ironmanwales.com) or call 01437 807202

For safety please avoid parking on the cycle & run routes